




**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**3.4.4**

**Detailed Program Report on Institutional Social  
Responsibility Activities during last 5 years**

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Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE**  
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**MADURAI - 625009**

**2017-18**

**Group Discussion and Awareness Obesity and Complication**

  
Department of General Medicine  
VMC Hospital and Research Institute  
Madurai

From  
The Dean  
VMC Hospital and Research Institute  
Madurai.

To  
The Regional medical officer  
Thirumangalam


Through the proper channel

Sub: Permission to conduct a Extension activity in Thirumangalam to public for Obesity & complication – Camp ( Group discussion)

Respected Sir,

The Department of General Medicine is planning to conduct a Extension activity in Thirumangalam to public for Obesity & complication – Camp ( Group discussion) 10.6.2017 . We request you to grant us permission to conduct the Extension activity programme .

Thanking you,

  
With regards,



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

**Activity Name:** Group discussion and awareness Obesity and complication

**Date:** 10.6.2017

**Venue:** Thirumangalam

**Audience:** Villagers of Thirumangalam

**Organised by:** General Medicine Dept., VMCH & RI

**No. of students participated:** 20

**Description:** The program is to educate participants about obesity. Classifying obesity based on BMI and further investigations to evaluate for complications of obesity. Causes for obesity and diet advice and caloric requirement was discussed in detail. Special reference to morbid obesity and exercise protocol to be followed is explained and health check up of attended participants conducted.

**Extension Activity**

Obesity and complication

 **VELAMMAL HOSPITAL**  
THE HEALING TOUCH

 **10.6.2017**

 **THIRUMANGALAM**

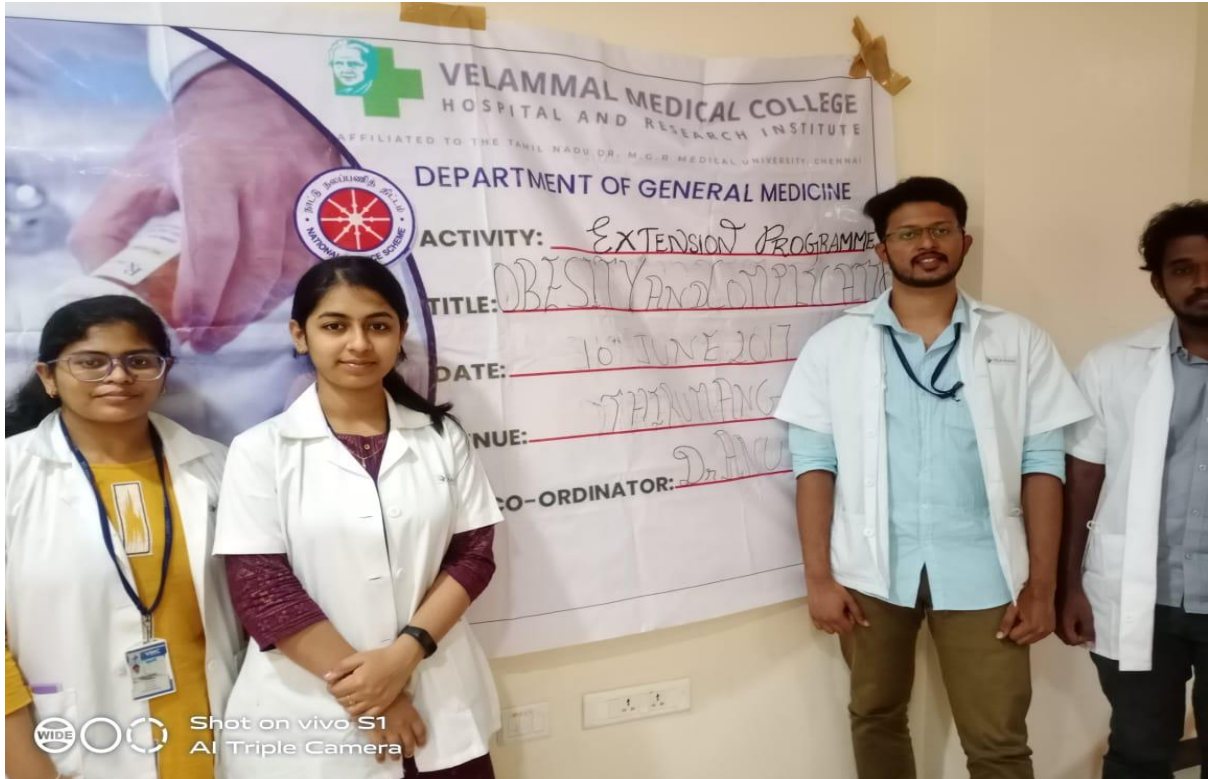
(National and International Agencies | Industry | The Community  
Government and Non-Government Organizations  
Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc.)

**GROUP DISCUSSION -  
DR. ANURATHA**





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**List of participants**

Sl. No.	Roll No.	Name of Student
1	521526501	Aamir Ahamed Sherfudeen M
2	521526502	Aarthi C K
3	521526503	Abinaya G
4	521526504	Abinaya N K
5	521526505	Abinaya R
6	521526506	Abishek Prince M
7	521526507	Ahamed Munshira A S
8	521526508	Ajay Srinivas S S
9	521526509	Ajeetha Kodi C
10	521526510	Akshaya K
11	521526511	Akshaya Siddeshwar D
12	521526512	Amala Sherin Victor
13	521526513	Angelin Anirutha R
14	521526514	Anisha R
15	521526515	Anusiya E
16	521526516	Aravindh D G
17	521526517	Arul Nivi P
18	521526518	Arul Rani R
19	521526519	Arun V
20	521526520	Arunkumar K B

  
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Date:10.6.2017

**TO WHOMSOEVER IT MAY CONCERN**

This is to appreciate the General  
Medicine Department for the extension activity conducted on OBESITY  
& COMPLICATION for the public on 10.6.2017

*Thangaraj*  
THANGARAJ

( THIRUMANGALAM, MADURAI)



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**Activity Name:** Drunken Driving Awareness Programme

**Date:** 31/01/2018 and 01/02/18.

**Venue:** General Parking Area, Canteen, Auto Rickshaw Stand and Bus Stop  
Outside the Campus


**Organised by:** Community Medicine Dept., VMCH & RI

**No. of students/faculty participated:** 40+4

**Description:** India tops global list of fatalities from road traffic accidents and Tamil Nadu has reported maximum number of road traffic accidents in the country. Studies have shown that 30-50% accidents were attributed to drunk driving.

In order to create awareness among the students and the community about the ill effects of drinking and driving, Velammal Medical College Hospital and Research Institute, Madurai has organized an awareness programme on 31/01/2018 and 01/02/18.

On 31/01/2018 around 40 students posted in the department of Community Medicine, were briefed regarding key facts and ill effect of drunk driving and were taken to various places in and out of Velammal campus for giving health education to general community. They were divided into several teams and visited General Parking Area, Canteen, Auto Rickshaw Stand and Bus Stop Outside the Campus. Student interacted with the drivers and provided education for avoiding drinking and driving. Banner and placard were displayed at the sites of health education session by the students.

  
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On 01/02/18, an awareness program for students of 2016-17 batch was organized in the lecture hall which was attended by around 150 students, faculty and staffs of community medicine department. The program started with key note address by Dr. Samir Bele, Professor and Head, Community Medicine department followed by presentation by Dr. Dhaval Mahadevwala, Associate professor of the department. Role play was prepared by the students of the 2016-17 batch was performed during the programme. In term of resources and guidance, the program was well supported by Dr. R. M. Raja Muthiah, Dean, Velammal Medical College Hospital and Research Institute, Madurai



**Students performing drunken driving awareness among the public on 01/02/18**



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**Activity Name:** Rally and Awareness Program on Dengue Prevention

**Date:** 2.11.2017

**Venue:** Ladanendal village

**Audience:** Villagers of Ladanendal


**Organised by:** Community Medicine Dept., VMCH & RI

**Description:** Students of Velammal Medical College Hospital and Research institute, Madurai and students from Velammal residential school participated in an awareness rally organised by department of Community Medicine, on 2<sup>nd</sup> November 2017.

Mr. Rengarajan, Deputy Collector of Sivagangai District flagged off the rally in the presence of Dr. Yasodhamani, Deputy Director of Health Services Sivagangai district. District Additional Director of Panchayat, Mr. Renga Samy; Thirupuvanam Tahsildar, Mrs. Kamala; Block Medical Officer Government PHC Poovanthi, Dr. Sethu Ramu; and staffs and doctors of department of Community Medicine participated in the rally. The rally started at 10 AM from Velammal residential school and students marched to Ladanendal village and end at main Panchayat Hall. Around 250 Students participated in the rally and displayed placards/banners and raised slogans related to dengue prevention to create awareness among community. Later on MBBS students imparted health education to the villagers and education material was distributed to them. The herbal drink Nilavembu Kudineer was served to the villagers and participants of the rally.

The event came to an end after the rally, the students had a great opportunity to create awareness while also gaining some awareness themselves.

Rally on Dengue Awareness and Prevention November 2 , 2017

  
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**Activity Name:** World Environment Day

**Date:** 5.6.2018

**Venue:** In and Around VMCH & RI

**Audience:** out patients and general population

**Organised by:** Community Medicine Dept., VMCH & RI

**Description:** World environment day is also known as the Eco Day. It has been one of the great annual events for years which is being celebrated worldwide by the people aiming to protect the unique and life nurturing Nature on every 5<sup>th</sup> June. Every year celebration is planned according to the particular theme and slogan of the year to bring effectiveness in the campaign all through the world. This year's theme was "Connecting People to Nature".

In view of this theme of World Environment Day, Velammal Medical College Hospital and Research Institute students, who are NSS volunteers, conducted awareness activity for out patients and general population, on basis of following subject matter: "Planting trees, Rain water harvesting, avoiding plastics and polythene and Preserve ground water".

The chairman of Velammal educational trust Mr. M. V. Muthuramalingam started the event in the presence of Dean of VMCH & RI, Dr. R. M. Raja Muthiah, Medical Superintendent Dr. S. Somasundaram, Vice principal Dr. P. K. Mohanty and Chief operating officer Mr. Peter Kennedy. Dr. Dhaval, Associate professor, department of Community Medicine and the NSS Coordinator of VMCH & RI, organised the entire events.

Students gathered in front of main gate of hospital with flex banners and placards demonstrating how to preserve ground water and environment, need to plant more trees and significance of harvesting rain water. Students also demonstrated and explained the threats of global warming and the need to

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completely banning plastics and polythene articles. Further students also explained about importance of obeying traffic rules, adverse effects of emission from vehicles through placards.

The general population who accompanied out patients in their waiting times raised doubts regarding how to preserve the environment, which were clarified by the students.

  
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கைது செய்வதற்கான தடையை திசையன்விளை  
நாளை வரை நீட்டித்து உயர் பதிவு செய்துள்ள  
நீதிமன்றம் உத்தரவிட்டுள் இந்த வழக்  
ளது. கோரி சசிகலா பு  
மாநிலங்களவை உறுப்பினர் திலகன், பிரதீப்ரா  
சசிகலா புஷ்பா, தனது வீட்டில் உயர் நீதிமன்ற

## வேலம்மாள் மருத்துவமனையில் சுற்றுச்சூழல் தினம்

■ மதுரை

உலக சுற்றுச்சூழல் தின நிகழ்ச்சி மதுரை வேலம்மாள் மருத்துவக் கல்லூரில் நேற்று நடந்தது. நாட்டு நலப் பணி திட்ட மாணவர்கள், சுற்றுச்சூழலை பாதுகாப்பதன் அவசியம் குறித்து பொதுமக்கள், நோயாளிகளிடம் விழிப்புணர்வை ஏற்படுத்தினர்.

புவி வெப்பமயமாவதன் ஆபத்து, பிளாஸ்டிக் மற்றும் பாலிதீன் பொருட்களின் பயன்பாட்டை அறவே தடுத்து நிறுத்துவதன் அவசியம், சாலை விதிகளை மதித்து நடத்தல், வாகனங்களில் இருந்து வெளியேறும் புகையினால் ஏற்படும் மாசு ஆகியவை குறித்த பதாகைகளை கைகளில் ஏந்தி நின்றனர்.

வேலம்மாள் கல்வி அறக்கட்டளைத் தலைவர் எம்.வி. முத்திராமலிங்கம் தொடங்கி வைத்த இந்த விழிப்புணர்வு முகாமில் வேலம்மாள் மருத்துவக் கல்லூரி மருத்துவமனை டீன் ராஜாமுத்தையா, மருத்துவக் கண்காணிப்பாளர் சோமசுந்தரம், தலைமை செயல் அதிகாரி பீட்டர் கென்னடி உட்பட பலர் பங்கேற்றனர்.

 **நுகரில் நடப்பவை**

Newspaper cutting World environment Activities conducted by VMCHRI on 5th June



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**International Day Against Drug Abuse & Illicit Trafficking Relapse  
Prevention Program 23.7.2017**

**Agenda:** Mr. Logeshwaran (Recovered Person)

**Welcome Address:** Dr.V.Ramanujam, Prof And Head, Department of Psychiatry

**Honoring of Chief Guest:** Director-VMCH

**Awareness Skit By:** Nursing Students- VMCH

**Honoring of Recovered Persons:** Director- VMCH And Chief Guest


**Feedback Session:** Recovered Persons and Their Family Members

**Facilitation:** Director- VMCH

**Special:** Dr.J. Sangumani, Dean, Government Medical College and Hospital

Virudhunagar.

**Vote of Thanks:** Dr.S.Vidhya, Asst Professor, Dept of Psychiatry, Lunch for the  
Gathering

  
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**Activity Name:** Alcohol de-addiction campaign

**Date:** 19.11.2017

**Venue:** Pappankulam Village, Sivagangai

**Audience:** Villagers of Pappankulam Village, Sivagangai

**Organised by:** Community Medicine Dept., VMCH & RI


**Description:** Alcohol is injurious not just to the health of the individual and his family but to the community as a whole. Realising the ripples of problems that alcohol addiction can create, the honourable chairman of Velammal educational trust, decided to initiate a campaign against alcohol addiction in Pappankulam village in Sivagangai district.

As the first step of this campaign, a Community Health awareness programme was organised by the Department of Community Medicine, Velammal Medical College Hospital and Research Institute, Madurai on 19.11.2017, between 6 PM and 8 PM. The event opened with the enthusiastic parai aatam by Indian Kalai kuzhu followed by the official inauguration of the event by the local leaders of village, Mr. Muthukamatchi and Mr. Muniyandi.

Dr. Samir Bele, Head of Department of Community Medicine, Dr. John Rajpathy, Professor of Physiology at Velammal Medical College were among the dignitaries who graced the occasion.

Dr. Ramanujam, Head of Department of Psychiatry at Velammal Medical College Hospital enlightened the audience about the harmful effects of alcohol addiction.

He also introduced the audience to the services and facilities available at the Nambikkai de-addiction centre at Velammal Hospital. A beneficiary of the

  
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services was present in the audience to share his story of how he successfully came free from the clutches of alcohol addiction with the help of the able team at Nambikkai de-addiction centre.

Undergraduate medical students from Velammal Medical College presented a short film directed and performed by the students themselves, emphasising the fatal effects that alcohol addiction can have. They also performed a skit before the audience to stress upon how de-addiction can positively influence the health and wellbeing of the individual and the community. The event, which was attended by over 500 villagers including women and children, came to a conclusion with the soulful performance of parai aatam. This is the first of the many planned events by Velammal Medical College to target alcohol addiction problem in the community.

  
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**2018-19**

**Awareness on Mosquito Borne Diseases**



Department of General Medicine  
VMC Hospital and Research Institute  
Madurai

Date:17.8.2018

From  
The Dean  
VMC Hospital and Research Institute  
Madurai.

To  
The Regional medical officer  
Kallikudi, Madurai

Through the proper channel

Sub: Permission to conduct a Extension activity in Kallikudi , Madurai to public for Awareness on Mosquito Borne Disease.

Respected Sir,

The Department of GeneralMedicine is planning to conduct a Extension activity in Kallikudi , Madurai to public for Awareness on Mosquito Borne Disease 17.8.2018. We request you to grant us permission to conduct the Extension activity programme .

Thanking you,

With regards,

*g. j. j. j.*



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**Activity Name:** Awareness on Mosquito Borne Diseases

**Date:** 17.8.2018


**Venue:** Kailikudi, Madurai

**Audience:** Villagers of Kailikudi, Madurai

**Organised by:** General Medicine

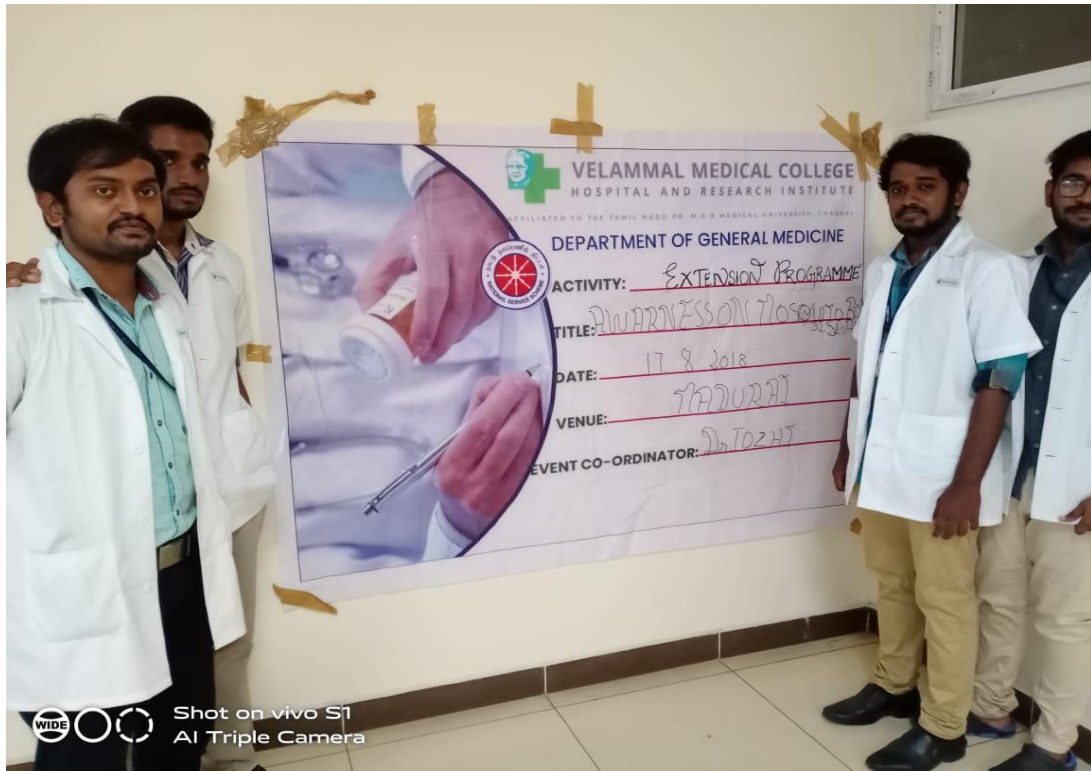
**No. of students participated:** 25

**Description:** Program was organized is to educate participants about mosquito borne diseases. Mosquito borne diseases such as Dengue, Malaria, Filariasis; Their Mode of Spread, Manifestations and Complications were explained. Special emphasis was given on education on education regarding dengue and dengue hemorrhagic fever. Prevention of mosquito borne diseases was told in detail to the villagers. The participants were happy and participated enthusiastically. At the end the questions asked by villagers was answered by the faculty present, clearing their doubts.

  
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AI Triple Camera

## Extension Activity

Awareness on mosquito borne diseases



VELAMMAL HOSPITAL  
THE HEALING TOUCH

17.8.2018

MADURAI

(National and International Agencies | Industry | The Community Government and Non-Government Organizations Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc..)

**HEALTH CHECK UP -  
DR. JOZHI**





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**List of Participants**

Sl. No.	Roll No.	Name of Student
1	521526560	Keerthana K S
2	521526561	Keerthi Meena M
3	521526562	Krithika Lakshmi S M
4	521526563	Madhan V
5	521526564	Madhubala V
6	521526565	Madhumitha E
7	521526566	Madhumitha G
8	521526567	Mahima S
9	521526568	Mano Nandhini M
10	521526569	Mathava Kumar V
11	521526570	Mathiyazhagan B
12	521526571	Mirthulakumar S
13	521526572	Mohamed Jaavidh A
14	521526573	Mohamed Rayeez A
15	521526574	Mohamed Yunus F
16	521526575	Monisha A
17	521526576	Nandhakumaran P
18	521526577	Nanthini N
19	521526578	Narayanan A
20	521526579	Nilaa Rajeswari M
21	521526580	Nirmal S
22	521526581	Pavithra A
23	521526582	Periyaganesh G B
24	521526583	Pooja Swetha P
25	521526584	Prabhakaran R

  
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Date:17.8.2018

**TO WHOMSOEVER IT MAY CONCERN**

This is to appreciate the General  
Medicine Department for the extension activity conducted on  
Awareness on Mosquito Borne Disease for the public on 17.8.2018.

R.Vinothkannan

( Kallikudi , Madurai)



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**General Health Check-Up Camp - Geriatric Care**



Department of General Medicine  
VMC Hospital and Research Institute  
Madurai

Date:9.9.2018

From  
The Dean  
VMC Hospital and Research Institute  
Madurai.

To  
ToThe Village medical officer  
Chinnakattali

Through the proper channel

Sub: Permission to conduct a Extension activity in Chinnakattali to public for Geriatric care-  
General camp.

Respected Sir,

The Department of GeneralMedicine is planning to conduct a  
Extension activity in Chinnakattali to public for Geriatric care- General camp 9.9.2018. We  
request you to grant us permission to conduct the Extension activity programme .

Thanking you,

With regards,

*Dr. S. S. S. S.*



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**Activity Name: General Health Check-Up Camp - Geriatric Care**

**Date: 9.9.2018**

**Venue: Chinnakatta**

**Description:**

Program was organized with an objective of educating senior citizens above 60 years of age and the younger generation who has to take care of elderly.

The common diseases that affect elderly, requirement of above 60 age persons- Diet, Rest, Sleep, Security, Love and Affection was explained. Geriatric people are affected by different group of diseases than other group of individuals.

They are affected more by degenerative disorders and complications of chronic diseases than acute diseases. Special reference to palliative care was explained. After the question-and-answer session general health check up all senior citizens present in the program was conducted and free medicines distributed.

*3.509*  
Prof. T. THIRUNAVUKKARASU, M.D.,  
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## Extension Activity

**Geriatric care**

 **9.9.2018**

 **CHINNAKATTALAI**

(National and International Agencies | Industry | The Community  
Government and Non-Government Organizations  
Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc.)

**GENERAL CAMP -  
DR. AJNSI BANU**






**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**List of participatns**

SL. No.	Roll No.	Name of the Student
1	521426501	Aashish Kumaar P R
2	521426502	Abinaya M
3	521426503	Abinaya Lakshmi L
4	521426504	Abirami Manivannan
5	521426505	Aboorva S
6	521426506	Adhithya N
7	521426507	Aishwarya S
8	521426508	Ajinya John
9	521426509	Akilmathi A
10	521426510	Akshai V
11	521426511	Angelin Grace Jeslin
12	521426512	Aravind A
13	521426513	Arun M
14	521426514	Arun Kesav A
15	521426515	Arun Kumar V
16	521426516	Arunnkarthick R
17	521426517	Ashwin Kumar R
18	521426518	Ashwin Pugalagiri
19	521426519	Avaniga K M
20	521426520	Ayyamperumal Amirthamaena

  
Prof. T. THIRUNAVUKKARASU, M.D.  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

Date:9.9.2018

**TO WHOMSOEVER IT MAY CONCERN**

This is to appreciate the General  
Medicine Department for the extension activity conducted on  
Geriatric care for the public on 9.9.2018.

Amuthan S.R

( Chinnakattali )



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Multi-Speciality Camp and Adult Vaccination**



Department of General Medicine  
VMC Hospital and Research Institute  
Madurai

Date: 20.10.2018

From  
The Dean  
VMC Hospital and Research Institute  
Madurai.

To  
The Regional Medical Officer  
Sivakasi

Through the proper channel

Sub: Permission to conduct an Extension activity in Sivakasi to public for Adult vaccination-  
Multi Specialty Camp  
Respected Sir,

The Department of General Medicine is planning to conduct an  
Extension activity in Sivakasi to public for Adult vaccination- Multi Specialty Camp  
20.10.2018. We request you to grant us permission to conduct the Extension activity  
programme .

Thanking you,

With regards,

*[Handwritten signature in blue ink]*



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Activity Name:** Multi-Speciality Camp and Adult Vaccination

**Date:** 20.10.2018

**Venue:** Sivakasi

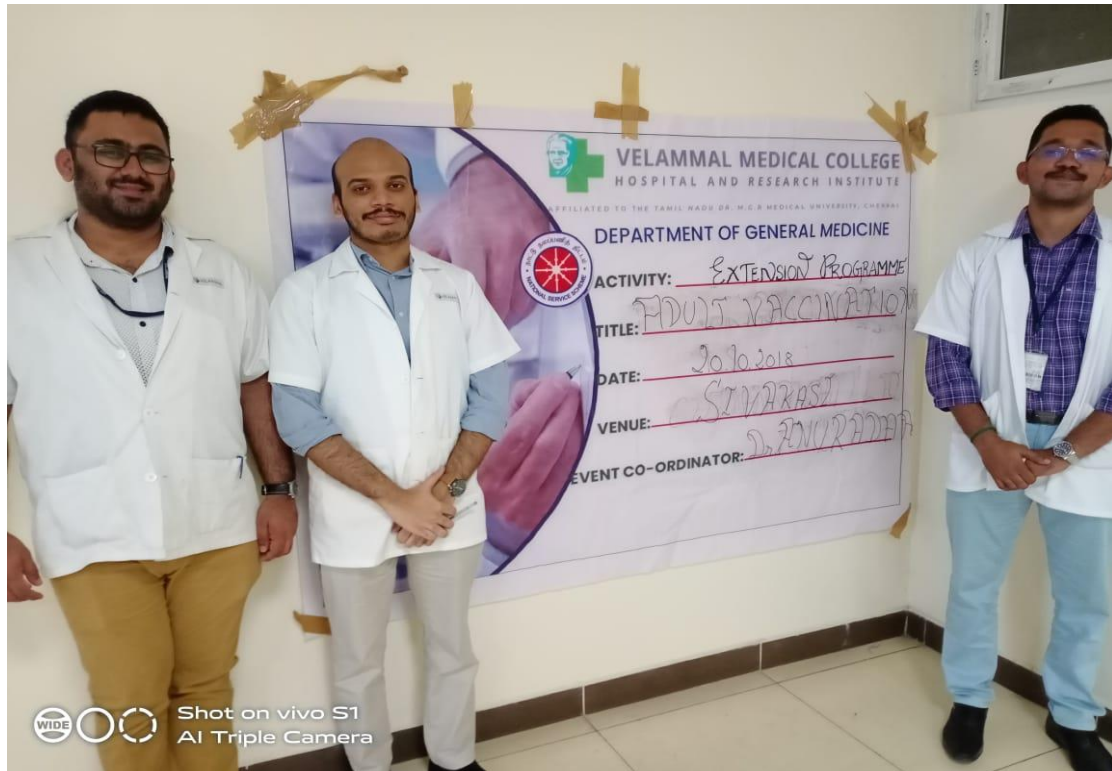
**Organised by:** General Medicine, VMCK & RI

**Description:** Program was conducted to educate participants about adult vaccination. Villagers were explained about the recent development of multiple vaccines for adults. Indication and contraindications of vaccines. The multiple vaccines that are available for adults in Tamil Nadu state.

Prof. T. THIRUNAVUKKARASU, M.D.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



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AI Triple Camera

## Extension Activity

**Adult vaccination**



**VELAMMAL HOSPITAL**  
The healing touch

 **20.10.2018**

 **SIVAKASI**

(National and International Agencies | Industry | The Community  
Government and Non-Government Organizations  
Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc..)

**MULTI SPECIALTY CAMP -  
DR. ANURATHA**





**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**List of Participants**

SL. No.	Roll No.	Name of Student
1	521526501	Aamir Ahamed Sherfudeen M
2	521526502	Aarthi C K
3	521526503	Abinaya G
4	521526504	Abinaya N K
5	521526505	Abinaya R
6	521526506	Abishek Prince M
7	521526507	Ahamed Munshira A S
8	521526508	Ajay Srinivas S S
9	521526509	Ajeetha Kodi C
10	521526510	Akshaya K
11	521526511	Akshaya Siddeshwar D
12	521526512	Amala Sherin Victor
13	521526513	Angelin Anirutha R
14	521526514	Anisha R
15	521526515	Anusiya E
16	521526516	Aravindh D G
17	521526517	Arul Nivi P
18	521526518	Arul Rani R
19	521526519	Arun V
20	521526520	Arunkumar K B

Prof. T. THIRUNAVUKKARASU, M.D.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

Date:20.10.2018

**TO WHOMSOEVER IT MAY CONCERN**

This is to appreciate the General  
Medicine Department for the extension activity conducted on Adult  
vaccination for the public on 20.10.2018.

Ramalakshmi .T

( Sivakasi )



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**General Medical Camp and Awareness on Coping with Adolescence**

Department of General Medicine  
VMC Hospital and Research Institute  
Madurai

Date:20.01.2019

From  
The Dean  
VMC Hospital and Research Institute  
Madurai.

To  
The Regional Medical Officer  
Thirumangalam

Through the proper channel

Sub: Permission to conduct a Extension activity in Thirumangalam to public for Coping with adolescence – General Medical Camp

Respected Sir,

The Department of General Medicine is planning to conduct a Extension activity in Thirumangalam to public for Coping with adolescence – General Medical Camp 20.01.2019. We request you to grant us permission to conduct the Extension activity programme .

Thanking you,

With regards,



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Activity Name:** General Medical Camp and Awareness on Coping with Adolescence

**Date:** 20.1.2019

**Venue:** Thirumangaram

**Organised by:** General Medicine, VMCH & RI.

**Description:** The program was organized to educate participants (School children) about adolescence. Adolescence is a period faced by all children during their life. It is a period of difficult thoughts and body changes that a person undergoes. The program provided adequate counseling for adolescents. The following points were explained to the participants.

- Adolescence (10–19 years) is a unique and formative time. Whilst most adolescents have good mental health, multiple physical, emotional and social changes, including exposure to poverty, abuse, or violence, can make adolescents vulnerable to mental health problems.
- Adolescence is a crucial period for developing social and emotional habits important for mental well-being. These include adopting healthy sleep patterns; exercising regularly; developing coping, problem-solving, and interpersonal skills; and learning to manage emotions.
- Protecting adolescents from adversity, promoting socio-emotional learning and psychological well-being, and ensuring access to mental health care are critical for their health and well-being during adolescence and adulthood.
- Interventions to promote adolescents' mental health aim to strengthen protective factors and enhance alternatives to risk-taking behaviours. Promotion of mental health and well-being helps adolescents in building resilience so that they can cope well in difficult situations or adversities.


Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

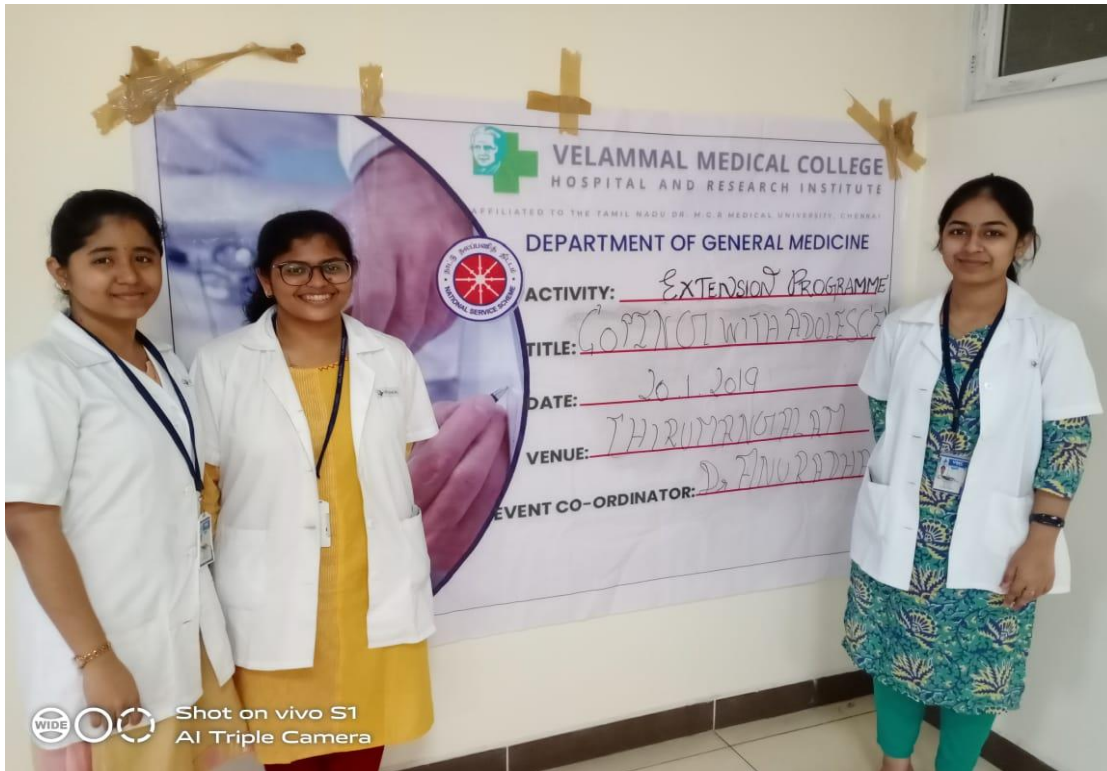
**List of participants**

SL. No.	Roll No.	Name of the Students
1	521726552	Karthik Jeeva Ram B
2	521726553	Karthikheyan S
3	521726554	Kavitha K R
4	521726555	Kavya E
5	521726556	Kavya P
6	521726557	Kavyasree A K
7	521726558	Kirthikaa S
8	521726559	Kishorre Mallaia S K
9	521726560	Krishna Priya Sajikumar
10	521726561	Kumaran S
11	521726562	Kuthadi Pooja
12	521726563	Lakshmi Priya J
13	521726565	Linford Nitin C
14	521726566	Maanushri S
15	521726567	Madhav Krishna B
16	521726568	Madhumetha S
17	521726569	Masanaraj N
18	521726570	Mathimaran R
19	521726572	Mirna
20	521726573	Mohana Praveen R B

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
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Anuppanadi, Madurai, T.N.-625 009




# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009




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AI Triple Camera

## Extension Activity


Coping with adolescence



VELAMMAL HOSPITAL  
THE HEALING TOUCH



20.1.2019



THIRUMANGALAM

(National and International Agencies | Industry | The Community  
Government and Non-Government Organizations  
Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc.)

**GENERAL MEDICAL CAMP -  
DR. ANURATHA**



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

Date:20.1.2019

**TO WHOMSOEVER IT MAY CONCERN**

This is to appreciate the General  
Medicine Department for the extension activity conducted on Coping  
with adolescence for the public on 20.1.2019

A.RAJAMANI

(Thirumangalam)



**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009**

**Activity Name:** Awareness program regarding Malnutrition among children and aged


**Date:** 2.2.2019

**Venue:** Palayankotta

**Organised by:** General Medicine, VMCH & RI

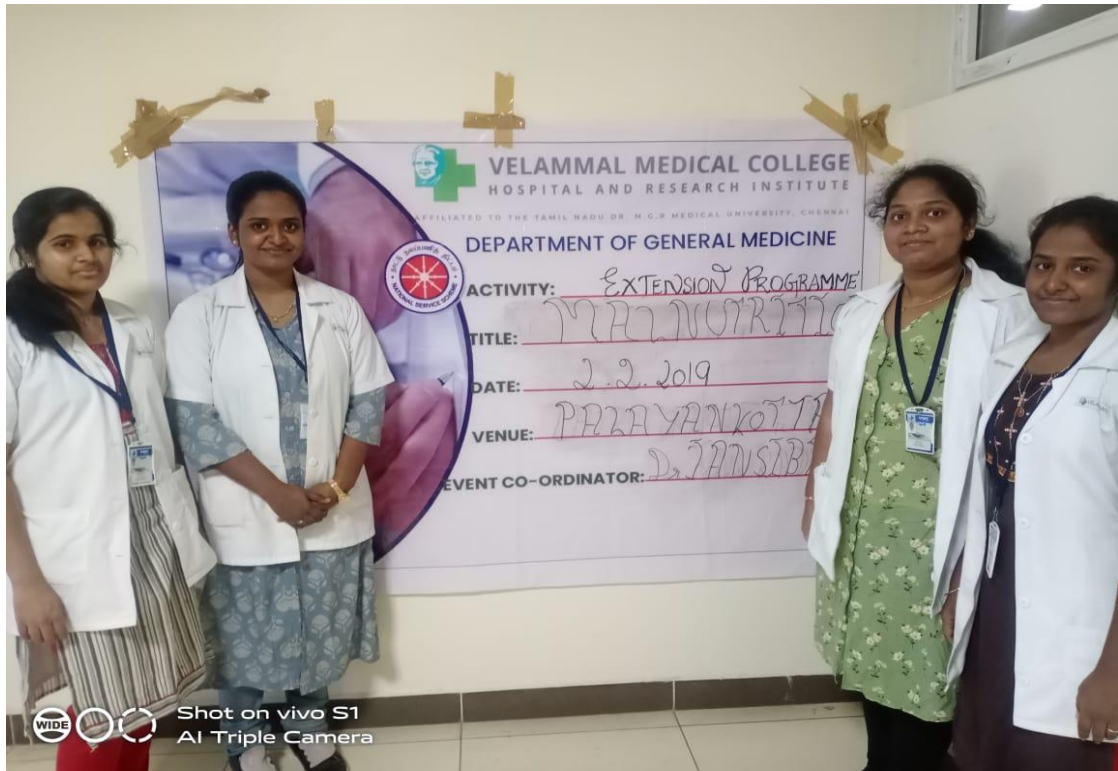
**No. of Students Participated:** 21

**Description:** Program was organized to educate participants about malnutrition. India is country that suffers from overpopulation and poverty. People below the poverty line are most affected by malnutrition, more in children and old age. Children, parents and old age people present in the program for education about managing malnutrition and complication of malnutrition through Demonstration and Illustrations. Detailed health checkup of children and aged present in the program conducted and required advice given pre medicine distributed. They were informed to approach VMCH & RI for further investigation and treatment.

  
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Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
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# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



## Extension Activity

**Malnutrition**



VELAMMAL HOSPITAL  
The healing touch



2.2.2019



**PALAYANKOTTAI**

(National and International Agencies | Industry | The Community  
Government and Non-Government Organizations  
Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc..)

**GENERAL MEDICAL CAMP -  
DR. JANSI BANU**



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**List of Participants**

Sl. No	Roll No.	Name of Student
1	521526630	Suraj Parishram M S
2	521526631	Sushmita V
3	521526632	Swathy A
4	521526633	Tamizhiniyan S
5	521526634	Thankaleshmi P
6	521526635	Vaikunthnathan S R
7	521526636	Vaishnavi S
8	521526637	Vaishnova Devi U
9	521526638	Varshika K
10	521526639	Varshini R V
11	521526640	Vasanth K
12	521526641	Vibu Sudhan A
13	521526642	Vignesh Ram K
14	521526643	Vigneshwaran T
15	521526644	Vinitha P
16	521526645	Vinothkannan R
17	521526646	Vishnu Shanthini B
18	521526647	Viswanathan C
19	521526648	Vizhamalar A
20	521526649	Yogitha P
21	521526650	Yokesh A

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean

Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
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**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

Date:2.2.2019

**TO WHOMSOEVER IT MAY CONCERN**

This is to appreciate the General  
Medicine Department for the extension activity conducted on  
Malnutrition for the public on 2.2.2019

M.RAJESWARI

(Palayankottai)



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**General Camp on Pregnancy Related Complications**



Department of General Medicine  
VMC Hospital and Research Institute  
Madurai

From  
The Dean  
VMC Hospital and Research Institute  
Madurai.

To  
The Regional medical officer  
Sivakasi

Through the proper channel

Sub: Permission to conduct a Extension activity in Sivakasi to public for Pregnancy related complications – General camp

Respected Sir,

The Department of General Medicine is planning to conduct a Extension activity in Sivakasi to public for Pregnancy related complications – General camp 2.10.2019. We request you to grant us permission to conduct the Extension activity programme .

Thanking you,

With regards,



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Activity Name:** General Camp on Pregnancy Related Complications


**Date:** 2.10.2019

**Venue:** Sivakasi

**Organised by:** General Medicine, VMCH & RI

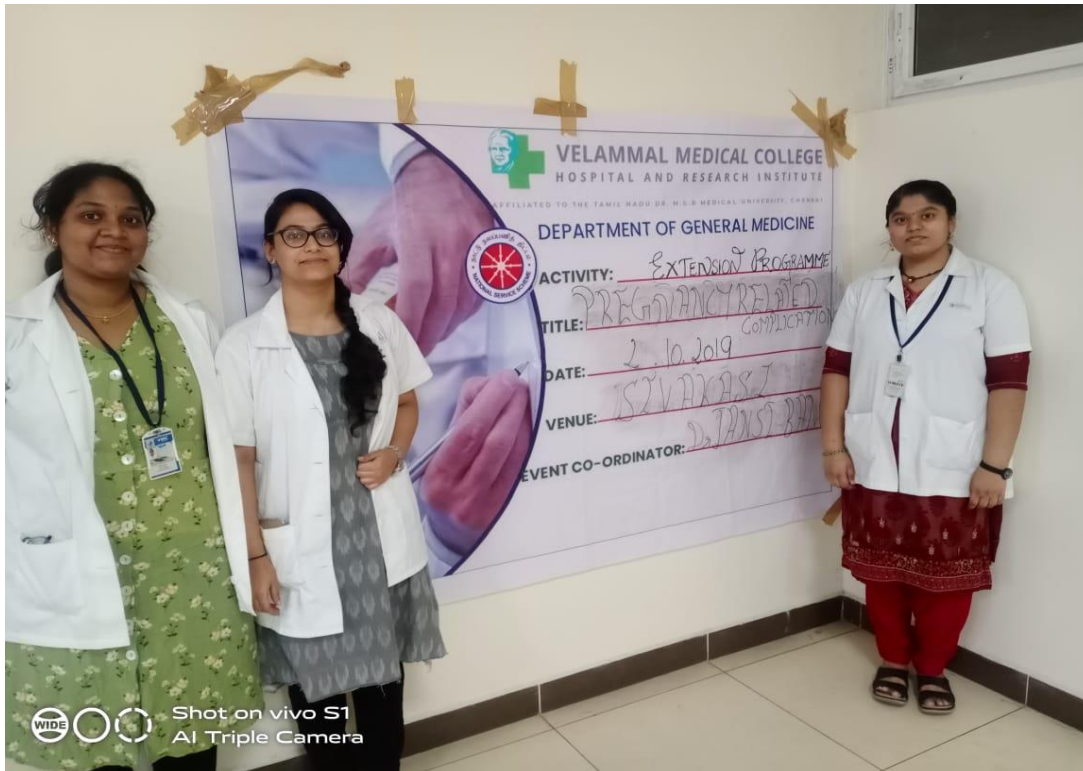
**No. of students participated:** 21

**Description:** The program was organized in the village to educate pregnant women about pregnancy and its complications. They were informed that pregnancy is related with multiple complications such as anemia, twin, placental abnormalities, oligohydramnios. They were made aware regarding how to identify such complications early by regular antenatal checkup and regular supplementation. They were also informed about the services that are available in VMCH & RI and advised to avail these services any time in the emergency. Health checkup of pregnant women attending the program conducted free medicine distributed.

  
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Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



## Extension Activity

Pregnancy related complications

2.10.2019

SIVAKASI

(National and International Agencies | Industry | The Community Government and Non-Government Organizations Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc.)

**GENERAL CAMP -  
DR. JANSI BANU**



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**List of participatns**

Sl. No.	Register No.	Name of the students
1.	521526642	Vignesh Ram K
2.	521526645	Vinothkannan R
3.	521626501	Abarjitha S
4.	521626502	Abarna C
5.	521626503	Abinaya S
6.	521626504	Abisha Sheran A
7.	521626505	Abulkalam S B
8.	521626506	Ajay Shankar S
9.	521626507	Ajith M
10.	521626508	Ajithkumar A
11.	521626509	Akfreen Banu A S
12.	521626510	Akhilesh Arasan K
13.	521626511	Akshai Ram K
14.	521626512	Akshaya A
15.	521626513	Akshaya P
16.	521626514	Allen David S
17.	521626515	Amuthan M B
18.	521626516	Anubhaknya M
19.	521626517	Anuja K
20.	521626518	Anupritha Arudhra Hamshadhwanaa M H
21.	521626523	Ashwin Anto A

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
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and Research Institute  
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Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



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**MADURAI - 625009**

Date:2.10.2019

**TO WHOMSOEVER IT MAY CONCERN**

This is to appreciate the General  
Medicine Department for the extension activity conducted on  
Pregnancy related complications for the public on 2.10.2019

*Rajammala*

RAJAMMALA

(Sivakasi)



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Activity Name:** Pulse Polio Campaign

**Date:** 10.3.2019

**Venue:** UPHC, Chinthamani


**Organised by:** Community Medicine

**Description:** The national pulse polio immunization program for the year 2019 was planned by the government of India on tenth of march. A team of 12 Interns from Velammal Medical College under Dr. Sudhir Ben MD. contributed their service to serve the purpose of public wellness and success of the program i.e. to ensure the eradication of polio from our community.

The team arrived the Urban Primary Health Centre at Chinthamani, Madurai. We discussed the details of arrangement done by the State Health Service Department for the program and number of booths arranged for administering the polio vaccine with Dr.Evangeline Mercy , Medical officer at UPHC, Chinthamani.

The interns who took part in the program were Dr. Raghul Deepakraj, Dr. Prasanna Rajguru, Dr. Niruba, Dr. Prathap, Dr. Premnath, Dr. Ramkumar, Dr. Praveen, Dr. Nethra, Dr. Naresh Kumar, Dr. Nanda Kumar, Dr. Padmashri, Dr. Mridula. They were split into smaller teams and took incharge all the booths in the periphery while Dr. Evangeline supervised the program at the UPHC, Chinthamani. The booths were inspected by Dr. Jayalakshmi from Zonal Health service and discussed with us about the progress and reach of the program. About 700 babies got benefited by this program in this locality.

Apart from OPV administration we also tried to create awareness among the pregnant women and newly married women in that locality about the importance of vaccination. We thanked the medical officer and her team for their support and well-coordinated arrangements.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
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# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



Giving oral Polio Drops to a child on 10<sup>th</sup> March,2019



Pulse Polio Campaign 10<sup>th</sup> March 2019



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Activity Name:** Gaja - The sorrow of Delta District

**Date:** 11/11/2018

**Venue:** Pudukottai, Thanjavur, and Nagapattinam

**Organised by:** 34 Villages


**Description:** GAJA –This word evokes different kind of perceptions and views in the minds of the people of the Pudukottai, Thanjavur, Thiruvarur and Nagapattinam districts (collectively called DELTA districts). Early in the morning of 11th November, 2018, the people of these districts faced GAJA - the worst cyclone of the decade.

The word GAJA literally means the elephant in Sanskrit, as per the name indicates the land area which was crossed by this cyclone was found to be the land crossed by the ferocious angry elephant. Everyone had been wondering how they named exactly to the devastating disaster even before its arrival.

The cyclone has massively damaged the sources of living sparing the lives. It has damaged most of the cash crops of this delta districts and damaged the boats and launch boats of so many fishermen and made the land-lord to the needy. thus showed the power of nature over the people

On seeing and hearing this news by means of various social media and by other sources our Chairman Thiru.M.V.Muthuramalingam sir thought of helping these people by donating an amount of rupees One crore to the Chief minister disaster relief fund. Even despite of that his thirst for helping the needy was not quenched. then he thought of organizing the health camp to the needy. His thought came into action by our beloved dean sir and Medical Superintendent sir.

Initially the camp has been planned for couple of days, then on later by that of the feedback obtained from various sources in consideration to the needy people the camp has been extended to 14 long days. The cap comprises of 12 doctors including the CRRI's and 7 paramedical workers.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
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MADURAI - 625009**

The camp was planned in such a manner that it should be useful to the needy and the resources should never be wasted in any manner. The camp has been conducted in various places irrespective of the available sources. The camp has been held at the available places like the temples, churches, mosques, common gathering sites and even on the roadsides where the people got beneficial services. The camps were conducted not only in the places where the benches were available, even the bonnets of the cars served as the place for the camps.

The camp not only served the medical needs of the people but also in providing them with the basic necessities which includes the rice, biscuits, blankets, candles, mosquito coils/ repellents, sanitary pads, lungies, towels and nighties. The boys in the team were so proud that not even a single towel was given to the already benefitted or overwhelmed in a single place. That much of ground work was performed by the students before distributing the items.

The camps have been conducted not only during the morning hours but even after the sunset with the help of the candles, headlamps of the cars and by other available sources.

The camp was In the Pudukottai district the camp was conducted at Kandharvakottai, Thiruvengaivasal, Mettupatti and Viralimalai. were covered. Pallathoor, Puthukottaiullor, Thamaraikottai, Santhankadu, and Palamuthu of Nagapattinam district were the beneficial villages. Thoputhurai, Chinnapallivasal, Arukattuthurai, Pavajikottai, Paravakottai, Pallathalli, Athivetti, Thiruthuraipoondi, Rayanallur, Poosalanudi, Keeranthi, Alathampadi and Thuvaramadai of Thiruvarur district and Salakadai, Thalaikadu, Thulasapuram, Sakkai, Vadamalai manakadu, Piranthiyakarai, Maharajapuram, Nambiyar nagar and Ayamoor of Thanjavur district were covered. Around 5500 people got benefitted as per the records and more than 1000 off the records.

The team comprises of Dr.B.Sudharsan Assistant Professor, Dr.C.Deiveegan Assistant Professor from the department of Community Medicine and the CRRI's namely Dr. Kirubakaran, Dr.Madhan, Dr.Mariya vidhyan, Dr. Ramkumar, Dr.Hari

Prof. T. THIRUNAVUKKARASU, M.D., D.A.,  
Dean 56  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
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Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

balakrishnan, Dr. Prathap, Dr.Praveen, Dr.Shyaam, Dr.Sridhar, Dr.Abhishek and Dr.Kabilan. The Para medical team comprises of Mr.Kuberan (Marketing manager);Mr.Hariram (Marketing Assistant); : Mr.Karthik(Male Nurse); Mr.Ajith (Male Nurse):Mr.Sundaramoorthy (Pharmacist); Mr.Muthu Vijayan (Lab tech);Mr.Ilayaraja (Doctors Driver);Mr.Balasubramanian (Mobile Hospital incharge).

I take this opportunity to say thanks to our beloved Chairman sir, Dean sir, MS sir and our HOD. I also use this opportunity to thank Mr.Elangovan and Mr.Karthikeyan who helped our team in all the aspects in and around Thanjavur. It is my responsible to extend my thanks to Mr.Bharathi of Pattukottai, Mr.Bharathithasan of Thiruthuraipoondi and Mr.Subramanian of Thiruthuraipoondi who helped us in finding the needy areas of the affected areas and helped us in reaching them without any difficulty.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
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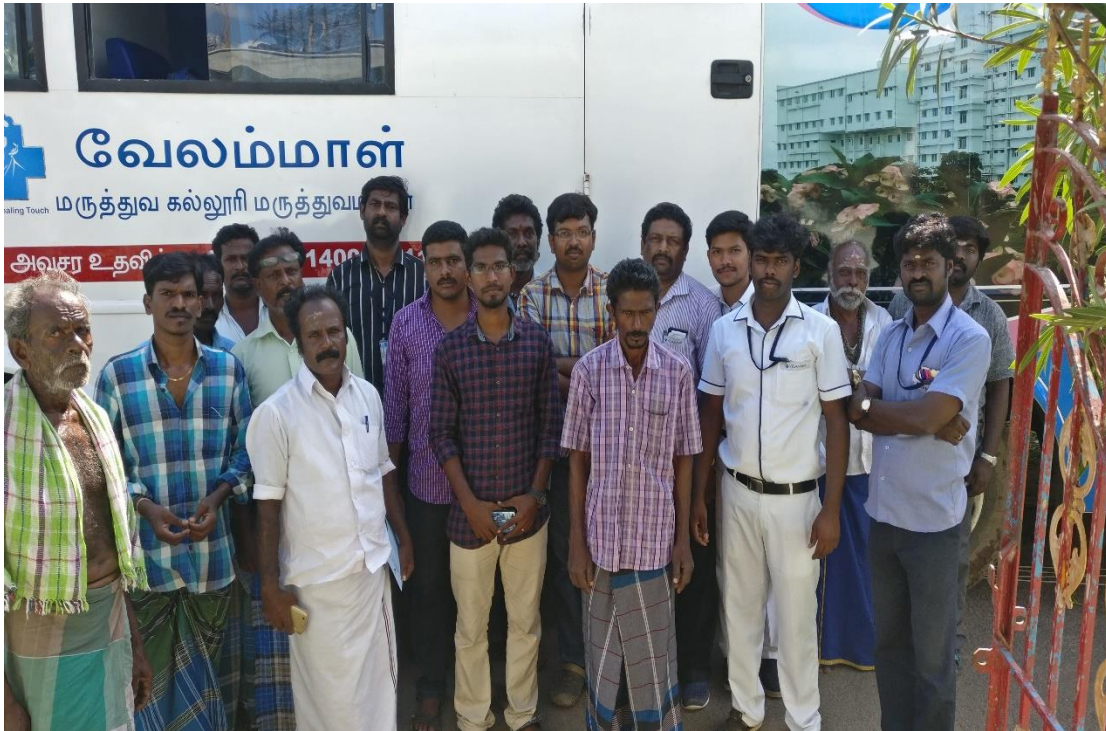


# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE

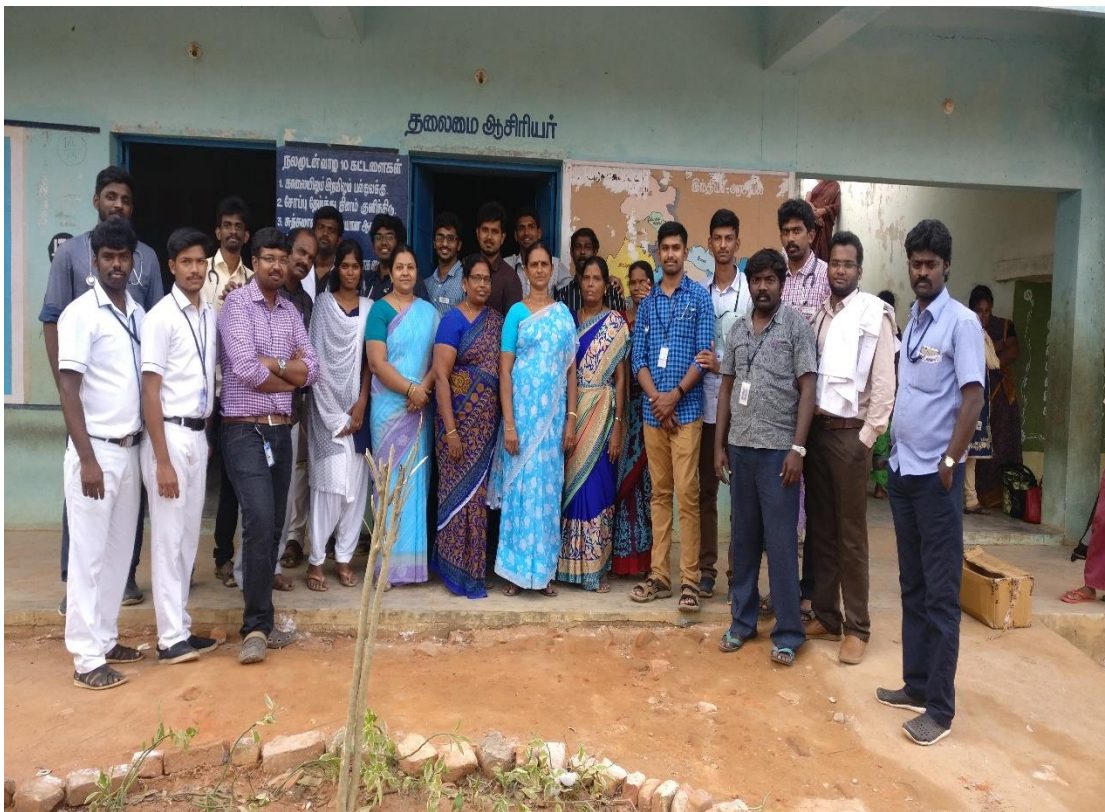
## HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009





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# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





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**VELAMMAL MEDICAL COLLEGE**  
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**MADURAI - 625009**

**2019-20**

**Activity Name:** Leprosy Case Detection Campaign

**Date:** 09/07/2019 to 20/07/2019,

**Venue:** South Masi Street, Nethaji Road, Mela Masi Street, Karimedu, Sellur and Ellis Nagar

**Organised by:** Community Medicine, VMCH & RI.

**Descriptive:** The Department of Community Medicine Velammal Medical College Hospital and research Institute along with the public health department (leprosy division) Madurai was involved in the leprosy case detection campaign during 08/07/2019 to 20/07/2019.

Around 25 CRRI's and 7 faculties from the Community Medicine Department have actively participated in the case detection campaign. The campaign was carried out in urban areas including slums of Madurai consisting of the areas like South Masi Street, Nethaji Road, Mela Masi Street, Karimedu, Sellur and Ellis Nagar.

The objectives of the campaign were to detect the cases of the leprosy, improve case management and reduce the stigma associated with leprosy.

The interns conducted a door to door survey with a pre-designed proforma provided by the public health department and searched for the leprosy cases which includes screening the symptoms like hypopigmented /anesthetic patches and other nerve thickenings and other deformities.

The survey went around 12 days, where the interns visited around 3000 houses and got exposed to the people of different socio- economic class and varieties of public issues.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

The participants were honoured with a certificate of participation by Dr. Samiyappan, Deputy Director Leprosy, Madurai district. The felicitation program was organized and conducted on 9<sup>th</sup> September 2019 followed by a guest lecture by Dr. Samiyappan, Deputy Director Leprosy.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,

*Dean*

Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



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**Door to door visit during the campaign and distribution of certificates by the  
DD of leprosy**



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**Activity Name:** Awareness Speech at First Garments Madurai

**Date:** 17.03.2020

**Venue:** Ammayappar Mills

**Organised by:** Community Medicine, VMCH & RI

**Description:** An awareness talk regarding the preventive measures for COVID 19 was given on 17.03.2020 at first garments a unit of ammayappar mills around 5.00 pm to 6.30 pm. The mill comprises of 2500 staffs who were working from the nearby villages. A talk regarding the mode of spread, clinical manifestations regarding the signs and symptoms were explained in the local language to the beneficiaries and the preventive strategies like importance of social distancing, using of face mask and how to use it, methods of hand washing were explained to the audiences.

After the session the doubts raised by the audiences were explained with reference to the WHO guidelines. The session was conducted by Dr. Sudharsan, Assistant Professor from the department of Community Medicine and assisted by the CRRIs.

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,

Dean

Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



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MADURAI - 625009**

**2020-21**

**General Medical Check-Up Camp and Awareness**



Department of General Medicine  
VMC Hospital and Research Institute  
Madurai

From  
The Dean  
VMC Hospital and Research Institute  
Madurai.

To  
The Regional Medical Officer  
Jaya Jothi Mills, Rajapalayam

Through the proper channel

Sub: Permission to conduct a Extension activity in Jaya Jothi Mills, Rajapalayam to public for Diagnosing chest pain –General Medical Check Up

Respected Sir,

The Department of GeneralMedicine is planning to conduct a Extension activity in in Jaya Jothi Mills, Rajapalayam to public for Diagnosing chest pain – General Medical Check Up 26.1.2020. We request you to grant us permission to conduct the Extension activity programme .

Thanking you,

  
With regards,



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**


**Activity Name:** General Medical Check-Up Camp and Awareness Program a  
Diagnosing Chest Pain

**Date:** 26.1.2020

**Venue:** Jaya Jyothi Mills, Rajapalayam

**Organised by:** General Medicine, VMCH & RI.

**Description:** Program was conducted to educate participants about chest pain. Chest pain is one of the most common symptoms, for which there are multiple benign causes and cardiac causes. Awareness about early hospital care and danger signs of cardiac causes. Early and timely hospital visits for acute chest pain was discussed and advised to approach the hospital in case of emergency.

  
Prof. T. THIRUNAVUKKARASU, M.D., D.A.  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



**Extension Activity**

Diagnosing chest pain

26.1.2020

**JAYA JOTHI MILLS, RAJAPALAYAM**  
(National and International Agencies | Industry | The Community  
Government and Non-Government Organizations  
Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc..)

**GENERAL MEDICAL  
CHECKUP - DR. ANURATHA**

**General Medical Check-up camp and awareness program on Diagnosing chest pain at Jaya Jiothi Mills, Rajapalayam**



**VELAMMAL MEDICAL COLLEGE**  
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**MADURAI - 625009**

**List of Participants**

SL. No.	Register No.	Name
1.	521526642	Vignesh Ram K
2.	521526645	Vinothkannan R
3.	521626501	Abarjitha S
4.	521626502	Abarna C
5.	521626503	Abinaya S
6.	521626504	Abisha Sheran A
7.	521626505	Abulkalam S B
8.	521626506	Ajay Shankar S
9.	521626507	Ajith M
10.	521626508	Ajithkumar A
11.	521626509	Akfreen Banu A S
12.	521626510	Akhilesh Arasan K
13.	521626511	Akshai Ram K
14.	521626512	Akshaya A
15.	521626513	Akshaya P
16.	521626514	Allen David S
17.	521626515	Amuthan M B
18.	521626516	Anubhakya M
19.	521626517	Anuja K
20.	521626518	Anupritha Arudhra Hamshadhwanaa M H
21.	521626523	Ashwin Anto A

3.502  
Prof. T. THIRUNAVUKKARASU, M.D., D.A.,  
Dean

Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

Date:26.1.2020

**TO WHOMSOEVER IT MAY CONCERN**

This is to appreciate the General  
Medicine Department for the extension activity conducted on  
Diagnosing chest pain for the public on 26.1.2020

Manimaran

(Jaya Jothi Mills, Rajapalayam)



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

2021-22

**A Talk on Health Awareness among Youth regarding Coping with Covid**

**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
APPROVED BY THE TAMIL NADU GOVT. MEDICAL UNIVERSITY, CHENNAI

EXTENSION ACTIVITY COURSE  
**COPING WITH  
COVID: A TALK  
ON HEALTH  
AWARENESS**

**DR. PRAISIE**

[www.velammalmedicalcollege.edu.in](http://www.velammalmedicalcollege.edu.in)

**Venue: Lady Doak College**

**17.8.2021**



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Activity Name:** A Talk on Health Awareness among Youth regarding Coping with Covid

**Date:** 17.8.2021

**Venue:** Lady Doak College

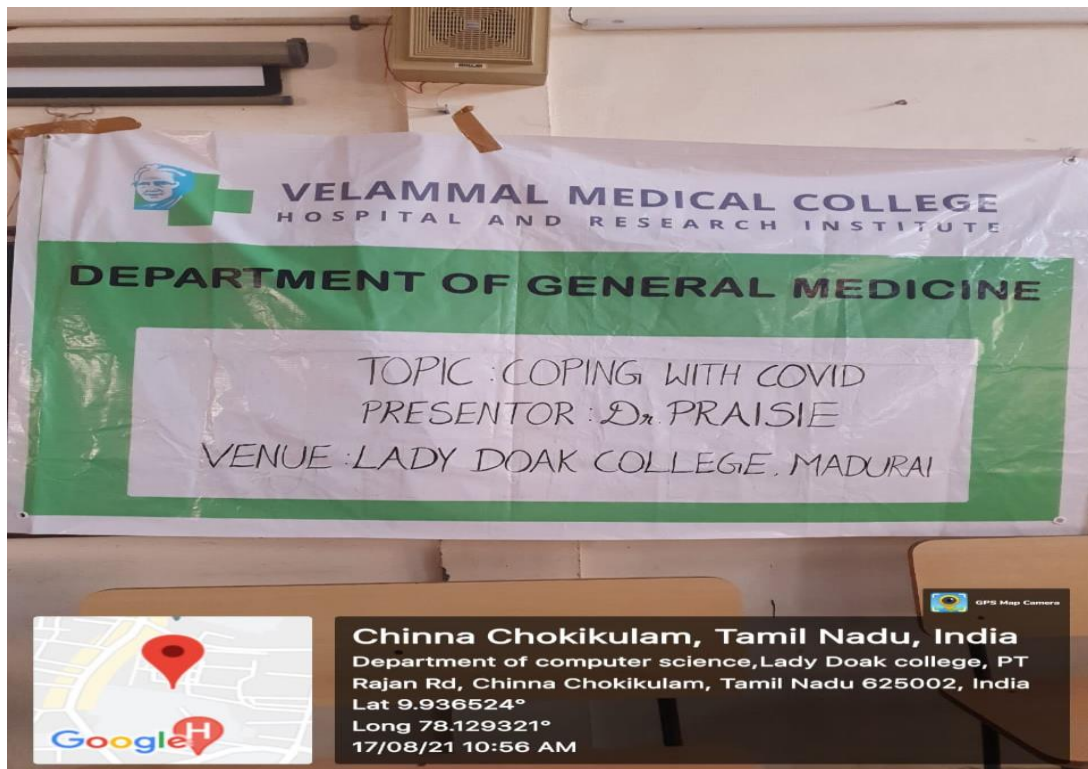
**Organised by:** General Medicine

**Description:** Program was conducted to educate participants about covid and coping with it. Covid is a pandemic that causes significant mortality and morbidity. Strict lock down for preventing spread of covid has also caused significant psychological stress among the public, especially the younger population. Mechanisms for covid with stress was discussed in detail. At the end of the question answer session was held were students all queries have been addressed.

  
Prof. T. THIRUNAVUKKARASU, M.D., D.A.  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



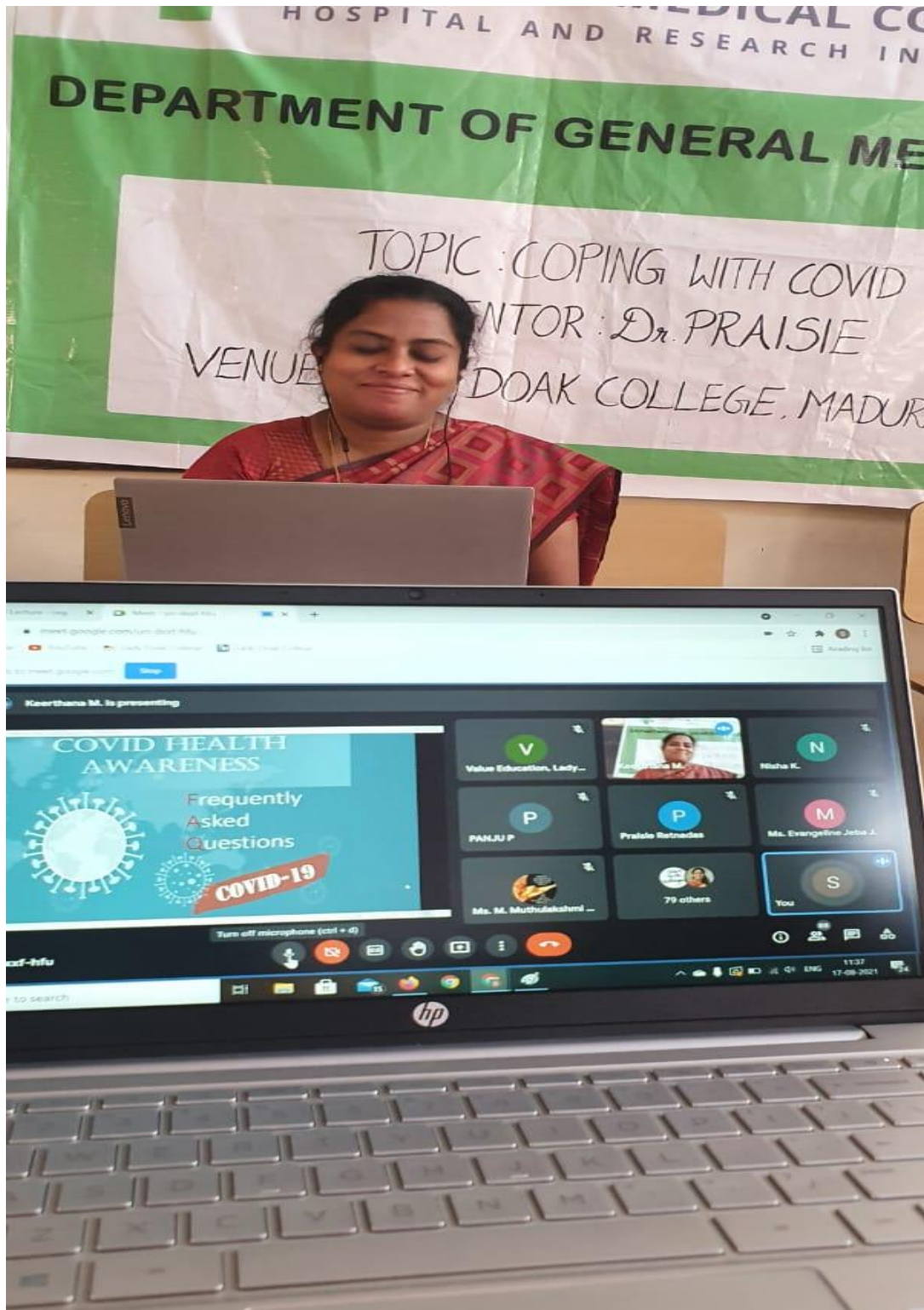
# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



**A Talk  
on Health Awareness among Youth regarding Coping with covid at Lady Doak  
College**



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



**LADY DOAK COLLEGE**  
MADURAI - 625 002, TAMIL NADU, INDIA  
(An Autonomous Institution affiliated to  
Madurai Kamaraj University)  
"College with Potential for Excellence"  
Re-accredited by NAAC with Grade A  
(3<sup>rd</sup> Cycle: 3.44 out of 4)



Dr. Hepzibah Joseph  
Mrs. Deborah Christina  
Coordinators, Value Education

Ph: 091-452-2530527, 2524575  
Fax: 091-452-2523585

24.8.2021

Dear Sir

We, the coordinators of the Value Education Unit of Lady Doak College, take pleasure in acknowledging and appreciating the efforts taken by the Velammal Team in combating Covid and its impact among Students of Lady Doak College.

The special online lecture on 17.8.2021, between 11:00 am and 12:00 noon Coping with Covid: A Talk on Health Awareness among Youth organised in collaboration with Velammal Medical College Hospital & Research Institute to our II-year undergraduate students was well received. Twenty-five faculty and 926 students attended the virtual lecture. We really appreciate the power packed content delivered effectively and efficiently by Dr. R. Praisie, M.D (General Medicine). She addressed the current challenges and also suggested practical tips to overcome them. We look forward to work with you in the coming years.

Regards

Dr. Hepzibah Joseph  
Mrs. Deborah Christina  
Coordinators, Value Education Unit

[Emailenglish@ldc.edu.in](mailto:Emailenglish@ldc.edu.in)

Website: [www.ladydoakcollege.edu.in](http://www.ladydoakcollege.edu.in)

LDC - A Unit of Katie Wilcox Educational Association



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

Community awareness program on Self-care in Diabetes, AMK Home,  
Simmakal

**Velammal Medical College Hospital & Research Institute,**  
Madurai



In association with  
**National Servings Scheme**  
Conducting an



**COMMUNITY AWARENESS PROGRAMME**

on

**“SELF CARE IN DIABETES”**

@

**AMK Home, Simmakal**

**Date 30.07.2021**

**Organizer-**

This event was conducted by department of Community Medicine in collaboration with NSS.

**Objective-**

The main objective of this programme was to give awareness regarding self-care practices of diabetes among elderly people residing in old age home.

**Place-**AMK Home, Simmakal, Madurai

**Date-** 31/07/2021 (10.00 am – 11.30 am)

This programme was organized to create awareness among the 24 elderly persons residing in AMK Home regarding the self-care practices in diabetes. This programme was attended by 6 CRRI students and 6 3<sup>rd</sup> year MBBS students. Also there were around 238 MBBS students including 2<sup>nd</sup> year and 3<sup>rd</sup> year who virtually attended this activity through Zoom Platform.



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**MADURAI - 625009**

The programme started with a welcome note by Dr. Sriandaal, Assistant Professor-Community Medicine. The key note was delivered by Dr. Trupti, Professor-Community Medicine. Dr. Dharini, CRRI gave a brief idea about the causes of diabetes mellitus and what are the complications of diabetes if not treated promptly and also the easy ways to identify the early warning symptoms of diabetes mellitus'. Dr. Harini, 3<sup>rd</sup> year MBBS student imparted knowledge on 'comprehensive self-care practices' which need to be followed by the persons with diabetes and importance of the compliance of medicines and also regarding diabetic diet'. Dr. Balakumaran, Post graduate-Community Medicine gave a talk regarding 'Mental health among elderly, prevention of Non communicable diseases and taught the ways to reduce stress by demonstrating chair yoga, laughing and clapping therapy to the audience and asked them to perform the same along with him. Later on, one to one interaction between doctor and the elderly patients was organized by the team. The programme concluded with vote of thanks given by Dr. Omar, Assistant Professor-Community Medicine.

**Community awareness program on Self-care in Diabetes, AMK Home,  
Simmakal**

Prof. T. THIRUNAVUKKARASU, M.D., D.A.,

Dean

Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



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# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



**Madurai, Tamil Nadu, India**  
29/7, Work Shop Road, Simmakal, Athinokk Agraharam, North Lane, Simmakal, Madurai Main, Madurai, Tamil Nadu 625001, India  
Lat 9.927009°  
Long 78.119721°  
31/07/21 10:28 AM



**Madurai, Tamil Nadu, India**  
47, Hanumar Kolli Podithurai Rd, Simmakal, Madurai Main, Madurai, Tamil Nadu 625001, India  
Lat 9.927117°  
Long 78.119667°  
31/07/21 11:05 AM



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

VMCH/CM/51/2021  
Date: 28/07/2021

From

Dr. Samir Bele  
Professor and Head  
Department of Community Medicine  
Velammal Medical college Hospital and Research Institute  
Madurai.

To

The proprietor/In charge  
AMK home  
Madurai

Sub : Permission for conducting extension activity

Respected Sir/Madam,

As per the telephonic conversation with you about the extension activity, the department of Community Medicine, Velammal Medical College Hospital and research Institute is organizing an awareness program under the topic 'SELF CARE IN DIABETES' at your AMK home on 31/07/2021 at 10.00 am to 11.00 am.

The team comprises of the following members.

Dr. Trupti  
Dr. Sudhir Ben Nelson  
Dr. Sriandaal  
Dr. Omar and MBBS student

Kindly do the needful for the same.

With Regards

  
Dr. Samir Bele  
Professor and Head  
Dept of Community Medicine



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Rain Water Harvesting Programme**

From,  
Dr. Samir Bele  
Professor & HOD  
Dept. of Community Medicine  
Velammal Medical College Hospital & Research Institute  
Madurai

To,  
The Dean  
Velammal Medical College Hospital & Research Institute  
Madurai

**Subject:** Permission to conduct 'Awareness programme on Rain Water Harvesting'  
11/11/2021 At 11.00 am to 12.00 pm

Respected Sir,

We would like to do an awareness program on 'Rain Water Harvesting' at Kattayampatti village, Madurai on 11/11/2021 at 11.00 am to 12.00 pm. We request you to grant us permission to conduct the extension activity involving the interns posted in department & 2<sup>nd</sup> MBBS (Batch 2019-2020) students.

Thanks and Regards,

(Dr. Samir Bele)

**Organizer-** This event was conducted by department of **Community Medicine** in collaboration with NSS.

**Objective-** The main objective of this programme was to give awareness regarding rain water harvesting

  
Prof. T. THIRUNAVUKKARASU, M.D., D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

**Place:** Vepadappu, Melur, Madurai

**Date-** 11/11/2021 (11.00 am – 12.00 pm)

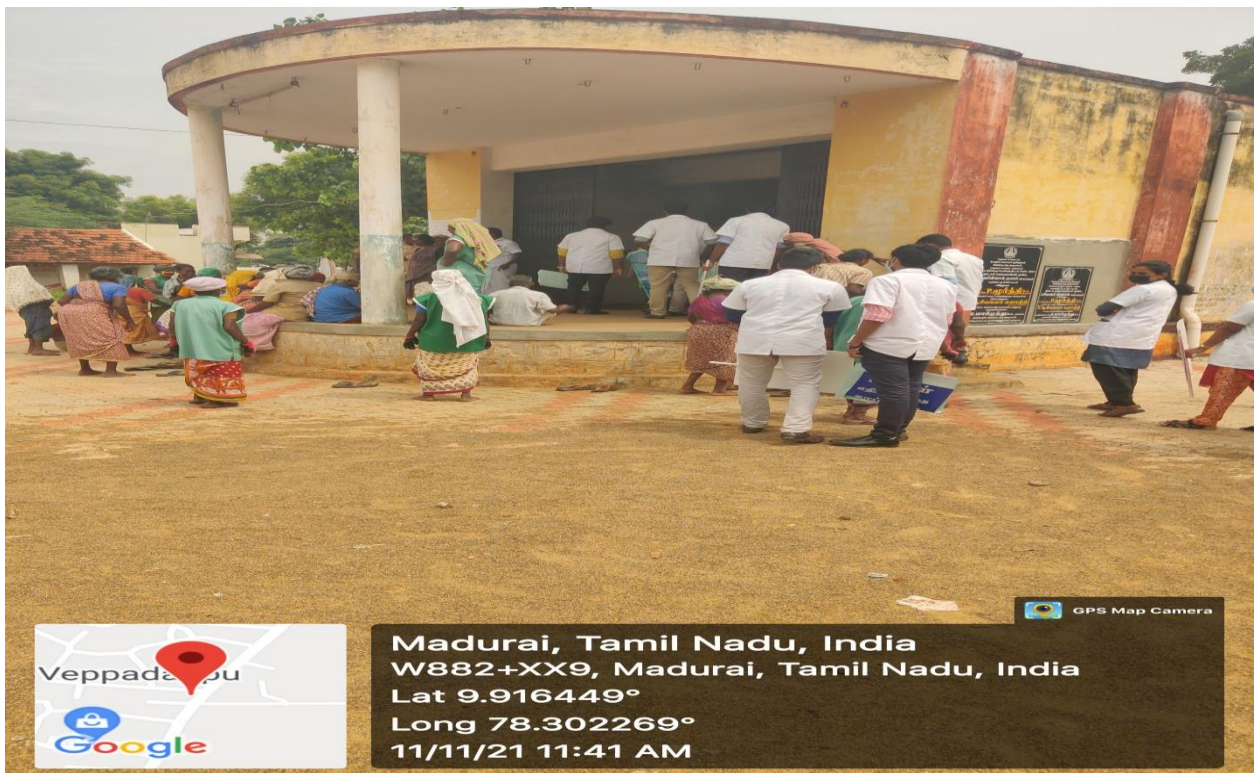
This programme was organized to create awareness regarding rain water harvesting. 3<sup>rd</sup> year MBBS students. And 6<sup>th</sup> semester students participated. Also there were around 238 MBBS students including 2<sup>nd</sup> year and 3<sup>rd</sup> year who virtually attended this activity through Zoom Platform.

The programme started with a welcome note by Dr.Sriandaal, Assistant Professor-Community Medicine.3<sup>rd</sup> year students performed skit and speech . president of the area delivered the vote of thanks and completed the programme .





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 MADURAI - 625009



**க.மாரிமுத்து**

உளராட்சி மன்றத்தலைவர்  
 வேம்பட்டி உளராட்சி,  
 மேலூர் ஒன்றியம்  
 மதுரை மாவட்டம் - 625 110.  
 செல். 90476 05208



சுஜன்

உயிர் தரும் சிவன்  
 உணர்வு மருத்துவ கரிசு  
 உதவு

ஐயா,

உயிர் தரும் சிவன் உயிர் தரும் சிவன் உயிர் தரும் சிவன்  
 உயிர் தரும் சிவன் உயிர் தரும் சிவன் உயிர் தரும் சிவன்  
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உயிர் தரும் சிவன்

ஆதி:- 11/11/21

உயிர் தரும் சிவன்

தலைவர்  
 வேம்பட்டி உளராட்சி  
 மேலூர் ஒன்றியம்  
 மதுரை மாவட்டம்



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Awareness program on Breastfeeding at Valayankulam Block PHC**



**Velammal Medical College Hospital & Research Institute**  
**& Speciality Wing**

**OFFICE OF DEAN**  
**INTER OFFICE NOTE**

Ref.No. VMCH/ION/2021/100

Date: 09.08.2021

To

**Dr.Samir Bele**  
Prof&HOD, Dept of Community Medicine

*Permit*  
*9/8/21*

With reference to your request, your department is permitted to conduct an awareness program on Breastfeeding at Valayankulam Block PHC on 11.08.2021.

*M. J. G. M.*  
**Dean**  
*9/8/21*

Copy submitted to:  
The Hon'ble Chairman

Copy to:-  
Medical Superintendent  
Chief Administrative Officer  
Advisory Board Members



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**R.No.10823/R1/2016**

**O/o. the Deputy Director of Health  
Services, Madurai.**

**Dated. 10.08.2021**

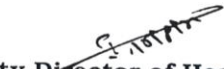
**Sub :** Public Health – Madurai District – Velammal Medical College –  
Celebration of Breast feeding Week - Visit to Valyankulam Primary  
Health Centre - Permission – Requested – Order issued –  
Regarding.

**Ref :** Letter from the Professor & HOD, Department of Community  
Medicine, Velammal Medical College, Madurai -09, dated.04.08.21.  
-----

As requested in the reference cited, necessary permission is granted to a  
team of 10 members from Velammal Medical College to visit the GPHC,  
Valayankulam to conduct an awareness program regarding Breastfeeding on  
11.08.2021 for Antenatal mothers and mothers of infants.

So, the Block Medical Officer, Government Primary Health Centre,  
Valayankulam is instructed to provide necessary arrangements. At any cost,  
the Primary Health Centre, activities should not be interrupted for the provision  
of Health care to the public.

The fact of the experience in this field may be reported to this office  
forthwith.

  
**Deputy Director of Health Services,  
Madurai.**

**To**

The Professor & HOD, Dept. of Community Medicine,  
Vellammal Medical College, Madurai – 625 009.

**Copy to**

The Block Medical Officer,  
Government Primary Health Centre,  
Valayankulam, Madurai HUD.

**Copy submitted to**

The Director of Public Health and Preventive Medicine, Chennai-6.

Sy63 R1 2021 mm

**Organizer-**



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

This event was conducted by department of Community Medicine in collaboration with NSS.

## Objective-

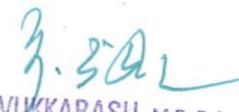
The main objective of this programme was to create awareness regarding exclusive breastfeeding for first 6 months and complementary feeding till 2 years for antenatal and post natal mothers.

**Place-** Valayankulam PHC, Madurai

**Date-** 11/08/2021 (11.00 am – 12.00 pm)

This programme was organized to create awareness among the antenatal and post natal mothers regarding importance of exclusive breastfeeding and complementary feeding. This programme was attended by five CRRI. Also there were around 96 students from 3<sup>rd</sup> year MBBS batch, who were virtually attending this activity through Zoom Platform.

The programme started with a welcome note by Dr. Sriandaal, Assistant Professor-Community Medicine and she explained about exclusive breast feeding. Dr. Archana, CRRI gave a talk on benefits of exclusive breast feeding. Dr. Anuja, CRRI gave a talk regarding 'Do's and Don'ts during complementary feeding'. The programme was concluded with vote of thanks given by Dr. Balakumaran, Post graduate student.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

Velammal Medical College Hospital & Research Institute,  
Madurai



In association with  
**National Servings Scheme**  
Conducting



**COMMUNITY AWARENESS PROGRAMME**

on

**BREASTFEEDING AWARENESS**

at  
**Valayankulam PHC, Madurai**

**Date : 11.08.2021**  
**Time: 11 am - 12 pm**



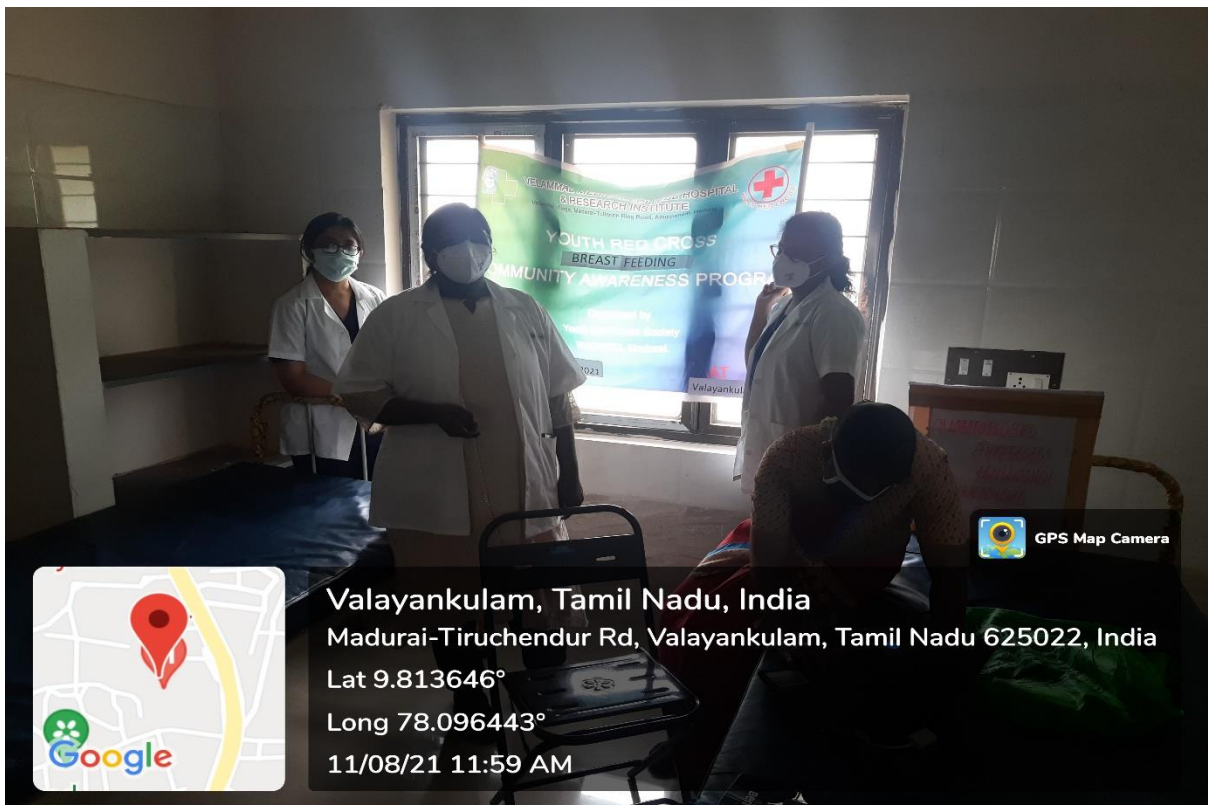
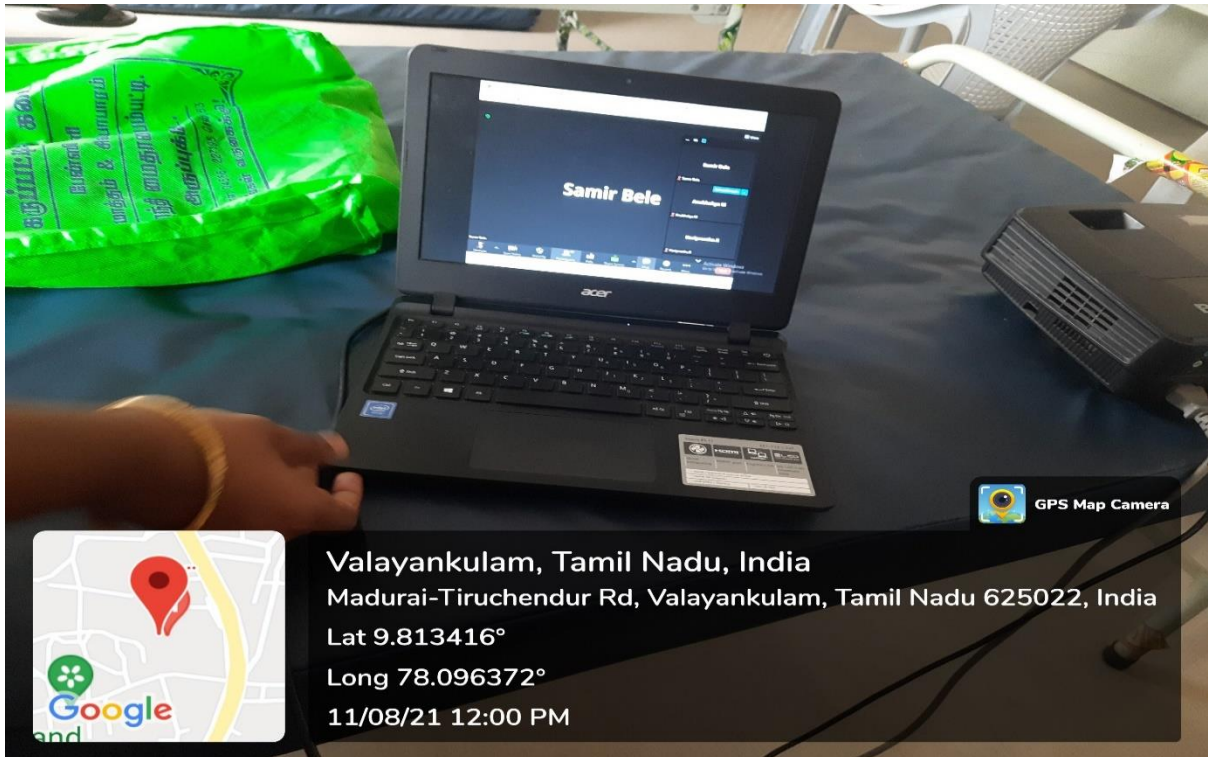
# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

Awareness program on Breastfeeding at Valayankulam Block PHC



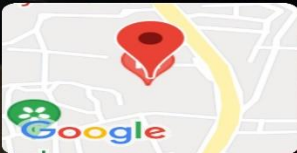


# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



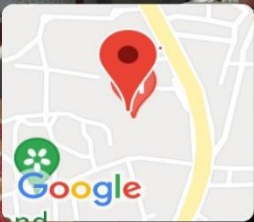
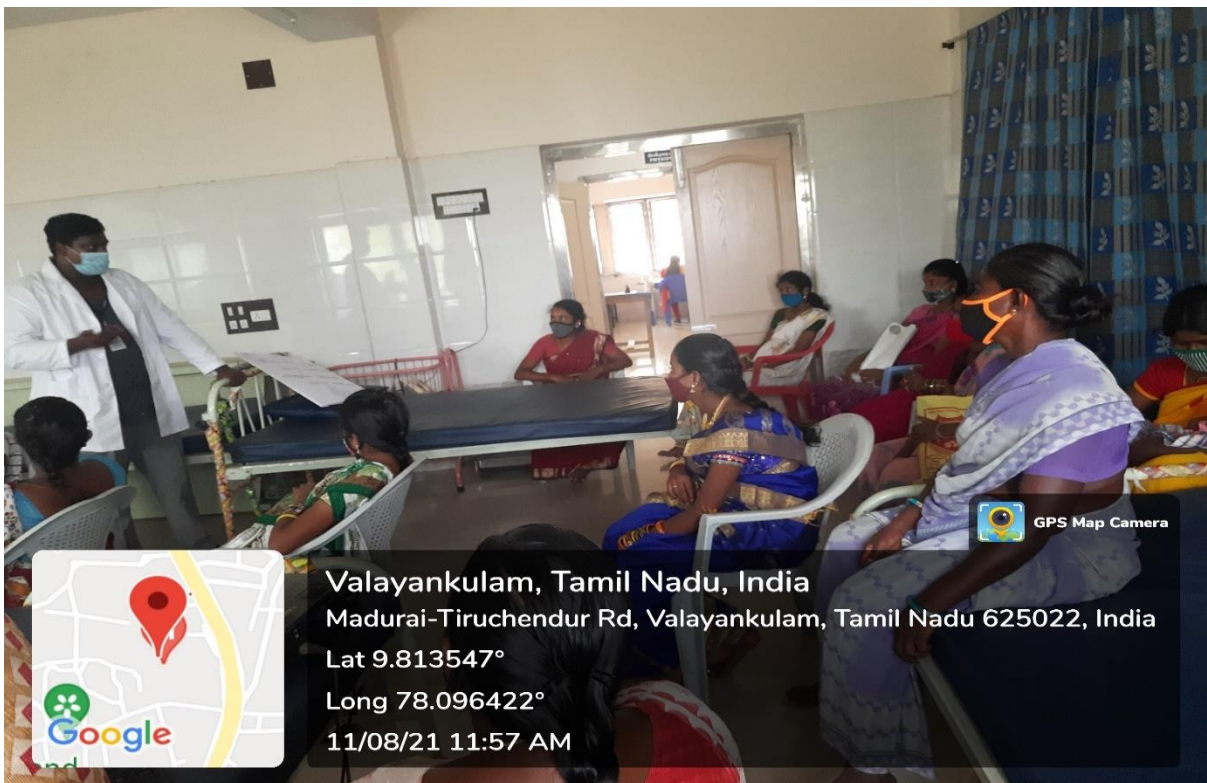
Valayankulam, Tamil Nadu, India

Madurai-Tiruchendur Rd, Valayankulam, Tamil Nadu 625022, India

Lat 9.813646°

Long 78.096562°

11/08/21 11:57 AM



Valayankulam, Tamil Nadu, India

Madurai-Tiruchendur Rd, Valayankulam, Tamil Nadu 625022, India

Lat 9.813547°

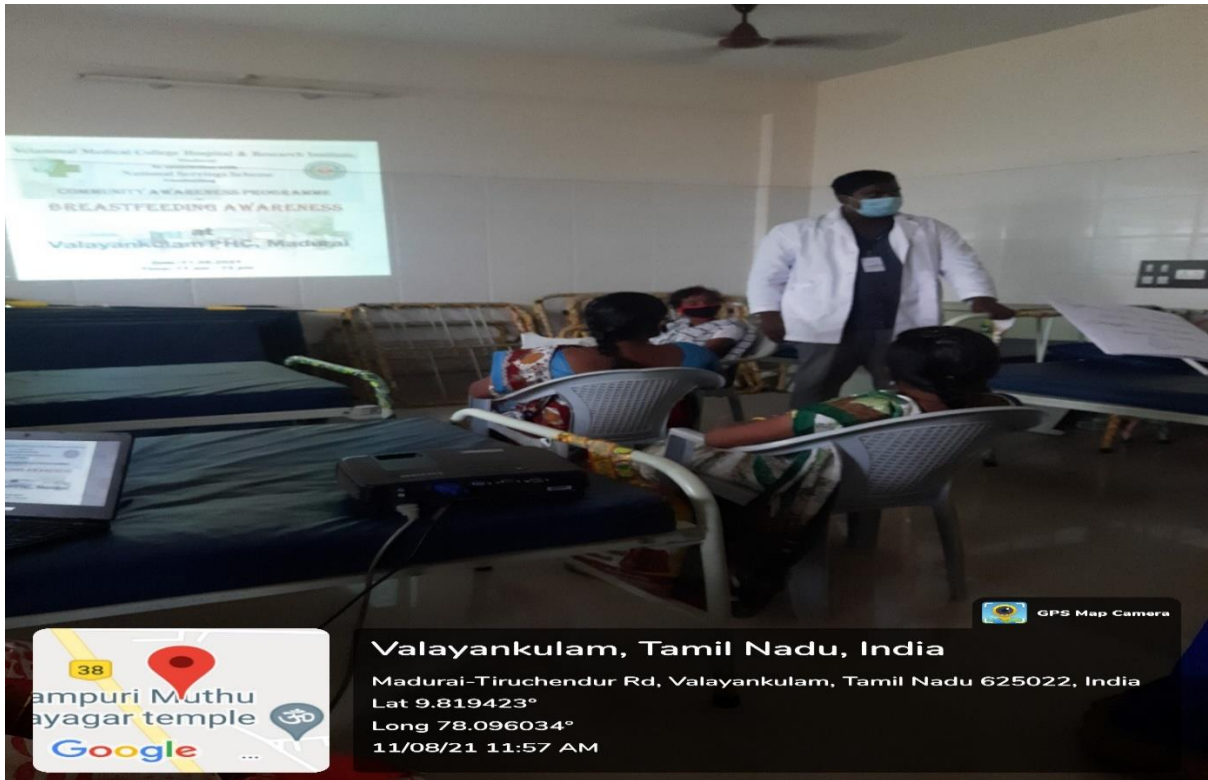
Long 78.096422°

11/08/21 11:57 AM





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009**

**SAKTHI TRUST**

30/2, Annanagar West, Samayanallur, Madurai - 625 402

Registered Under Indian Trust Act.

Regn. No.1925 dt.9/12/2002

Cell No : 98650 13702

Date : 1-8-2021.

பெருநர்

உயர்திரு முதல்வர் அவர்கள்,

வேலம்மாள் மருத்துவக் கல்லூரி மற்றும் ஆராய்ச்சி நிறுவனம்

மதுரை


பாராட்டுக் கடிதம்

மதிப்பிற்குரிய ஐயா அவர்களுக்கு,

வணக்கம், வேலம்மாள் மருத்துவக்கல்லூரி மற்றும் ஆராய்ச்சி நிறுவனத்தின் சார்பாக எங்கள் சக்தி ட்ரஸ்டு குழந்தைகள் காப்பகத்தில் தங்கி பயின்று வரும் குழந்தைகளுக்கு மாதவிடாய் கால பராமரிப்பு மற்றும் அது குறித்த விழிப்புணர்வு முகாம் நடத்தினார்கள். இது எங்கள் குழந்தைகளுக்கு மிகவும் பயனுள்ளதாக அமைந்தது. இந்த முகாமை எங்கள் இல்லத்தில் ஒழுங்கமைத்து சிறப்பாக நடத்தியமைக்கு எங்கள் இல்லம் சார்பாக எங்களது நெஞ்சார்ந்த நன்றியினை தெரிவித்துக் கொள்கிறேன்.

நன்றி,

இப்படிக்கு,  
தங்கள் உண்மையுள்ள  
For SAKTHI TRUST

  
Managing Trustee



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Awareness and Group Discussion on Anemia**



Department of General Medicine  
VMC Hospital and, Research Institute  
Madurai

From  
The Dean  
VMC Hospital and Research Institute  
Madurai.

To  
The Village Medical Officer  
Madipannur

Through the proper channel

Sub: Permission to conduct a Extension activity in Madipannur to public for Awareness an Anemia – Group discussion

Respected Sir,

The Department of General Medicine is planning to conduct a Extension activity in Madipannur to public for Awareness an Anemia – Group discussion 21.09.21. We request you to grant us permission to conduct the Extension activity programme .

Thanking you,

  
With regards,

**Activity Name: Awareness and Group Discussion on Anemia**



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Date:** 21.9.2021

**Venue:** Madipannur

**Organised by:** General Medicine, VMCH & RI

**Description:** Program was conducted to educate participants about anemia. Anemia is most commonly seen in younger and very old people. There are various causes for anemia, nutritional being the most common. Education about different causes of anemia and investigations and treatment was told to the participants. Health checkup conducted and free medicine distributed, individual discussion held with participants.

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
*Dean*  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

## Extension Activity

Awareness on anemia



21.09.2021



**MADIPANNUR**

(National and International Agencies | Industry | The Community  
Government and Non-Government Organizations  
Engaging NSS/NCC/RedCross/YRC/Institutional Clubs etc..)

**GROUP DISCUSSION –  
DR. ASAD GOWRI MUKUDHAN**





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

## Awareness and Group Discussion on Anemia at Madipannur






**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**List of Participants**

<b>SL. No.</b>	<b>Name</b>
1	Anitha R
2	Dhivya Dharshini B
3	Guru Lakshmi P
4	Mariyam Meera Raj R
5	Nausha Banu T
6	Praveena A
7	Priyanka P
8	Reena T
9	Renisha J
10	Shalini S
11	Sheereen Fathima K
12	Sindhuja J
13	Sindhuja R
14	Sowmiya T
15	Suga Priya T
16	Uma Devi S
17	Vasuki V
18	Vidhyashini S
19	Vigneswari S
20	Vijaya Lakshmi N

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009**

**Cataract Screening Camp at Vellaripatti**



**VELAMMAL  
HOSPITAL**  
the healing touch

**VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE  
DEPARTMENT CIRCULAR  
DEPARTMENT OF OPHTHALMOLOGY**

Dated:23.07.2021

This is to inform all faculties, Postgraduates, CRRI, staff members of our department that we will be conducting extension activity on “Cataract screening Camp” under DBCS on 1.08.2021 at Vellaripatti from 8-1PM..I request all of you to give full cooperation to make the event a grand success.

**Dr. K. ILANGO, D.O.Dip.,N.B.,  
Prof. of Ophthalmology  
Department of Ophthalmology  
VMCH & RI  
Reg. No. 51615**



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

From,

Prof. Dr. K. ILANGO, D.O.Dip., N.B.,  
Prof & HOD of Department of Ophthalmology,  
VMCH & RI,  
Madurai.

Date: 26.07.2021

To,

The Dean Sir,  
VMCH & RI,  
Madurai.

**Through Proper Channel**

Respected Sir,

As per the requisition by the DBCS to do eye camps in the camps schedule following staff from Department of Ophthalmology are deputed to above eye camp as follows.

DATE	01.08.2021
TIME	08:00 am
PLACE	VELLARIPATTI
Medical Officer	Dr. Shanmathi.S.J
CRRI	
Refractionist	Mrs. Nageshwari
Ophthal Assistant	Mrs. Sangeetha

In addition to lab Technician, Pharmacist, Driver with vehicle(BUS), 2 more ANM's may be deputed for recording BP and maintaining OP register and IP recording and 1 house keeping staff to keep the camp site clean.

**Note: All Camp Staffs will be assemble at Ophthalmology OPD since camp time.**

Thanking You

Copy to,

CAO Sir  
HR  
AND/ Matron  
PHARMACY  
LAB  
House keeping  
Transport

Yours Sincerely,

*K. Ilango*

ILANGO, D.O.Dip., N.B.,  
Dr. K. Ilango, D.O.Dip., N.B.,  
Department of Ophthalmology  
Department of Ophthalmology  
Department VMCH & RI  
Reg. No. 51815  
Reg. No. 51815



**VELAMMAL MEDICAL COLLEGE**  
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**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE



**DIABETIC RETINOPATHY  
AWARENESS PROGRAMME**

Organised by,

**Department of Ophthalmology**

**Venue: Karungalakudi**

**Date: 08/08/2021, Time: 09am to 01pm**



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009





**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009



Gud aftn Sir/Mam

DBCS CAMP REPORTS on  
[01-08-2021](#) Camp at Vellaripatti Melur  
(Tk) Madurai district

Total OP- 98  
Male- 29 Female- 69  
Advice cataract- 16  
Admission - 09  
Male -02 Female - 07  
Not willing - 02  
Unfit - 05 (DM) -03 (ECG)-0  
(CAD) - 0  
(CKD) - 0 (HTN) - 0  
(DCT) - 02

Regards by  
A. Santhanakumar  
Eye Camp Coordinator  
VMCH & RI  
Madurai.

19:02



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



X7W4+J6H, Vellarippatti, Tamil Nadu 625122, India

Vellarippatti

Tamil Nadu

India

2021-08-01(Sun) 12:16(PM)

36°C

97°F





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
MADURAI - 625009

Airtel 4G 11:30 AM 53%



Camp

All Media

28/07/21, 11:16 AM



The healing touch

**மதுரை வேலம்மாள் மருத்துவக்கல்லூரி மருத்துவமனை**  
**வெள்ளரிப்பட்டி ஊராட்சி மன்றம்**

மாவட்ட பார்வை இழப்பு தடுப்புச் சங்கம் இணைந்து நடத்தும்

**மாபெரும் இலவச கண் மருத்துவ முகாம்**

பார்க்கும் நாள் : 01.08.2021 - ஞாயிற்றுக்கிழமை நேரம் : காலை 9.00 மணி முதல் 1.00 மணி வரை



இடம் : வெள்ளரிப்பட்டி முருகன் கோவில் அருகில்



**இந்த முகாம் முகக்கவசம் அணிந்தும் சமூக இடைவெளியை கடைபிடித்தும் நடத்தப்படுகிறது**



கண்புரை சீநாயால் கண் பார்வை குறைவாக உள்ளவர்களுக்கும் கண் பார்வை தீவிரவர்களுக்கும் இலவசமாக கண்ணில் கிழி லென்ஸ் (IOL) பொருத்தி மீண்டும் பார்வை வழங்கப்படும்.

1. சிறியவர் முதல் பெரியவர் வரை அனைத்து வயதினருக்கும் கண் சமயந்தமான இலவச மருத்துவ ஆலோசனை வழங்கப்படும்.
2. அறுவை சிகிச்சைக்கு தேர்வு செய்யப்படுபவர்கள் முகாம் தினத்தன்றே மதுரை சீவலம்மாள் மருத்துவக்கல்லூரி மருத்துவமனைக்கு அழைத்துச் செல்லப்படுவார்கள்
3. அறுவை சிகிச்சைக்கு தேர்வு செய்யப்படுபவர்களுக்கு மருத்துவ ஆலோசனைப்படி அறுவை சிகிச்சை, உள்விழிலென்ஸ் (IOL) உணவு, தங்குமிடம், போக்குவரத்து செலவு அனைத்தும் மதுரை சீவலம்மாள் மருத்துவக்கல்லூரி மருத்துவமனையால் முற்றிலும் இலவசமாக வழங்கப்படும்.
4. கண் அறுவை சிகிச்சை செய்து கொண்டவர்களுக்கு அழிவிக்கப்பட்ட நாளில் முகாம் நடந்த இடத்திலேயே செய்யப்படும் பரிசோதனைக்கு அவசியம் தவறாமல் வரவும்.
5. அறுவை சிகிச்சைக்கென முகாமிற்கு வரும் நோயாளிகள் **இருதயநோய், இரத்தக்கொதிப்பு, சர்க்கரை நோய், ஆஸ்துமா** உள்ளவர்கள் முன்னரே மருத்துவரிடம் சான்றிதழ் பெற்று அவர்கள் தற்போது சாப்பிடும் மருந்து மாத்திரைகளை கையோடு கொண்டு வரவும்.
6. இலவச கண் சிகிச்சை முகாமிற்கு வரும் பயனாளிகள் தங்களுடைய வாக்காளர் அடையாள அட்டை நகல் மற்றும் செல்போன் எண்ணை தவறாமல் கொண்டு வரவும்.

**பொதுமக்கள் அனைவரும் கலந்து கொண்டு பயன்பெறுமாறு அன்புடன் கேட்டுக்கொள்ளப்படுகிறார்கள்.**

என்றும் மக்கள் சேவையில்.....

திரு. மாவட்ட ஆட்சித் தலைவர் அவர்கள் மதுரை

திரு. B.பிரஸ்னேவ் அவர்கள் வெள்ளரிப்பட்டி ஊராட்சி மன்றத் தலைவர்,

திரு. R.சுந்தரப்பாண்டியன் அவர்கள் வெள்ளரிப்பட்டி ஊராட்சி மன்றத் துணைத்தலைவர்,

முகக்கவசம் அணியீர் !!!

சமூக இடைவெளி

கடைபிடிப்பீர் !!!





**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

From,  
Prof.Dr. K. ILANGO.,D.O.Dip.,N.B.,  
Prof & HOD of Department of Ophthalmology,  
VMCH & RI,  
Madurai.

Date:26.07.2021

To,  
**The Dean Sir,**  
VMCH & RI,  
Madurai.

**Through Proper Channel**

Respected Sir,

As per the requisition by the DBCS to do eye camps in the camps schedule following staff from Department of Ophthalmology are deputed to above eye camp as follows.

DATE	01.08.2021
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**Note: All Camp Staffs will be assemble at Ophthalmology OPD since camp time.**

Thanking You

Copy to,

CAO Sir  
HR  
AND/ Matron  
PHARMACY  
LAB  
House keeping  
Transport

Yours Sincerely,

ILANGO, D.O.Dip.,N.B.,  
Dr. K. Ilango of Ophthalmology  
Department of Ophthalmology  
Department VMCH & RI  
Reg. No. 51815  
Reg. No. 61915



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**J.பீர் முகமது B.A.,**

தலைவர்

கருங்காலக்குடி ஊராட்சி மன்றம்

கொட்டாம்பட்டி ஒன்றியம், மேலூர் வட்டம், மதுரை மாவட்டம் - 625 101.

நாள்: 24/07/2021

பெறுநர்:

உயர்திரு. தலைமை மருத்துவ அதிகாரி அவர்கள்,  
வேலம்மாள் மருத்துவ கல்லூரி மருத்துவமனை,  
மதுரை.

ஐயா,

கொட்டாம்பட்டி ஊராட்சி ஒன்றியம் கருங்காலக்குடி  
ஊராட்சியில் உட்கடை கிராமங்களில் உள்ள ஏழை,  
எளிய பொதுமக்கள் பயன்பெறும் வகையில் இலவச கண்  
மருத்துவ முகாம் வருகின்ற 08-08-2021 ஞாயிற்றுக்கிழமை  
அன்று கருங்காலக்குடி ஊராட்சி ஒன்றிய  
துவக்கப்பள்ளியில் முகாம் நடைபெறுவதற்கு ஊராட்சி  
நிர்வாகத்தால் ஏற்பாடு செய்யப்பட்டுள்ளது. ஆகவே  
மேற்கண்ட முகாமை மருத்துவமனையில் இருந்து  
மருத்துவக்குழு அனுப்பி முகாம் சிறப்பாக நடைபெற  
உதவுமாறு அன்புடன் கேட்டுக்கொள்கிறேன்.

*Ilango*  
Dr. K. ILANGO, D.O.Dip.,N.B.,  
Prof. of Ophthalmology  
Department of Ophthalmology  
VMCH & RI  
Reg. No. 51615

*Ilango*  
24/07/2021  
தலைவர்  
கருங்காலக்குடி ஊராட்சி  
கொட்டாம்பட்டி ஒன்றியம்



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



Unnamed Road, Tamil Nadu 625101, India

Tamil Nadu  
India

2021-08-08(Sun) 01:15(PM)



37°C

99°F



Unnamed Road, Karungalakudi, Tamil Nadu 625101, India

Karungalakudi  
Tamil Nadu  
India

2021-08-08(Sun) 01:15(PM)



37°C

99°F



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



Unnamed Road, Karungalakudi, Tamil Nadu 625101, India

Karungalakudi  
Tamil Nadu  
India

2021-08-08(Sun) 01:14(PM)

37°C

99°F



Unnamed Road, Tamil Nadu 625101, India

Tamil Nadu  
India

2021-08-08(Sun) 01:13(PM)

37°C

99°F



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



Unnamed Road, Tamil Nadu 625101, India

Tamil Nadu  
India

2021-08-08(Sun) 01:20(PM)

37°C  
99°F



Unnamed Road, Karungalakudi, Tamil Nadu 625101, India

Karungalakudi  
Tamil Nadu  
India

2021-08-08(Sun) 01:15(PM)

37°C  
99°F





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



Unnamed Road, Tamil Nadu 625101, India

Tamil Nadu  
India

34°C  
93°F

2021-08-08(Sun) 10:16(AM)



Unnamed Road, Tamil Nadu 625101, India

Tamil Nadu  
India

34°C  
93°F

2021-08-08(Sun) 09:54(AM)



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH INSTITUTE  
MADURAI**



**DBCS - FREE MEDICAL EYE CAMP**  
**DEPARTMENT OF OPHTHALMOLOGY**

1. We cordially invite all the people and benefit themselves.
2. All are requested to come by wearing mask and to maintain proper social distancing.
3. This camp will benefit all the people with eye problem by diagnosing and managing the condition appropriately. In addition, We also admit and manage patients with low vision due to cataract by placing an intra-ocular lens.

**SCREENING & COUNSELLING**  
**FOR DIABETIC RETINOPATHY**

venue - Karungalankudi

Time - 9am - 1pm



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

07.08.2021

**From**

DR.K.ILANGO,D.O, DNB  
Professor and HOD,  
Department of Ophthalmology,  
Velammal Medical College Hospital and Research Institute  
Madurai.

**To**

The Dean  
VMCH & RI  
Madurai

*Handwritten notes:*  
7/8/21  
Dr. K. Ilango  
7/8/21

Respected Sir,

As we are already planning to conduct extension activity on "Diabetic retinopathy awareness camp" at karungalkudi on 08/08.2021, kindly give us permission for the same.

Thanking You

Yours respectfully

*Handwritten signature of Dr. K. Ilango*  
Dr. K. ILANGO, D.O.Dip.,N.B.,  
Prof. of Ophthalmology  
Department of Ophthalmology  
VMCH & RI  
Reg. No. 51615



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

**VELAMMAL MEDICAL COLLEGE  
HOSPITAL & RESEARCH INSTITUTE  
MADURAI**



## **DBCS- FREE MEDICAL EYE CAMP**

1. We cordially invite all the people to utilise this camp and benefit themselves
2. All are requested to come by wearing masks and maintain proper social distancing.
3. This camp will benefit all the people with eye problem by diagnosing and managing the condition appropriately. In addition, We also admit and manage patients with low vision due to cataract by placing an intra-ocular lens.
4. Free medicines will also be provided for specific eye conditions.

**VENUE - NEAR VELLARIPATTI MURUGAN TEMPLE**

**DATE - 01/08/2021**

**TIME - 9 AM - 1 PM**

**DEPARTMENT OF OPHTHALMOLOGY**



POSTER MAKER



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**



அனுப்பினர்:

பு. மருளி தேவி,  
 ஊராட்சி மன்ற தலைவர்,  
 மேலூர் ஒன்றியம்,  
 மதுரை மாவட்டம்.

பெறியவர்:

மதுரை வேளமீமாள் மருத்துவக் கல்லூரி மருத்துவ  
 மதுரை மாவட்டம்

புறம்.

வேளாளப்பேடி ஊராட்சி மன்றம் அதன்  
 உட்கடை கிராமத்தில் குறைவு, சரியான மருத்துவ  
 மருந்துகள் பயன்பாடும் உதவியும் இல்லாத  
 காரணத்தினால் மருத்துவ மருந்து விலையாக 1.08.2021  
 சாரியைக்கொடுக்கவும் அதற்கான வேளாளப்பேடி  
 ஊராட்சி நிர்வாகத்திலிருந்து சரியான முறையில்  
 உதவி. ஆகவே இவர்களை மருத்துவ  
 சாரியை நடத்தும்படி கேட்டுக் கொள்கிறேன்

*K. Ilango*  
 Dr. K. ILANGO, D.O.Dip.,N.B.,  
 Prof. of Ophthalmology  
 Department of Ophthalmology  
 VMCH & RI  
 Reg. No. 51615

*B. Balaji*  
 தலைவர்  
 வேளாளப்பேடி ஊராட்சி  
 மேலூர் ஒன்றியம்



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI - 625 009

## CAMPSITE OUT PATIENT REGISTER

Camp place: Vellupatti

Mandal / Taluk / block: Velupatti

District: Madurai

Village or Nearest P.O Pin code:

Camp date: 01.08.2024

Camp Organiser: A.S. ANANDAKUMAR

S. No.	Name	Address	Contact No.	KYC No.	Age	Sex	Campsite Diagnosis	
							Right Eye	Left Eye
1.	சிவசூர் சிவசுந்தர்	2/44, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9994206383		49	M		
2.	அ. சமுபிர சேகர்	2/44, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9997335303		39	F		
3.	கவிதா	1/232, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9986523208		43	F		
4.	சுதீபா	59, ஜெ.கந்தகர் தளம், மெய்யூர் சிவசுந்தர், மதுரை.	9961689492		60	F		
5.	பி. பழனிவேல்	1/232, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	8940043264		60	F		
6.	ப. சுகேஷ்	1/232, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9869808099		21	F		
7.	சுதீபா	5/22, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9994202276		62	F		
8.	சுதீபா	14, மெய்யூர் சிவசுந்தர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	806747243		59	M		
9.	பி. சீதை	1/232, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	966678542		68	M		
10.	சுதீபா	2/30, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9987740184		61	M		
11.	சுதீபா	2/304, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9047312985		60	F		
12.	சுதீபா	2/1, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	8608927200		55	M		
13.	சுதீபா	2/1, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9626881268		44	F		
14.	சுதீபா	2/3, சிவசுந்தர் மனாசிமீட்டர், மனாசிமீட்டர் போஸ்ட், மெய்யூர் சிவசுந்தர், மதுரை.	9997295019		42	F		9/F/5m.

REDMI NOTE 5 PRO



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**  
**CAMP SITE OUT PATIENT REGISTER**

Camp place: *Vellampalayam* Mandal/Taluk/block: \_\_\_\_\_ District: \_\_\_\_\_ Village or Nearest P.O Pin code: \_\_\_\_\_

Camp date: \_\_\_\_\_ Camp Organiser: \_\_\_\_\_

S. No.	Name	Address	Contact No.	KYC No.	Age	Sex	Campsite Details	
							Right Eye	S. No.
15	சி.குமார்	1/17, தெற்கேட்டு, வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	9655066555		45	F		19.
16	குடகுமார்	திருவள்ளூர் மதுரை, தெற்கேட்டு, தெற்கேட்டு, வேலூர் தாலுகா, மதுரை.	9500680809		71	M		20.
17	குமாரவேலு	A.D. காளனி, வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	9789125402		50	F		31.
18	குமாரவேலு	119, தெற்கேட்டு, வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	9047259550		70	M		32.
19	குமாரவேலு	2/22, வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	9789021668		70	M		3.
20	குமாரவேலு	1/2, தெற்கேட்டு, வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	979961296		52	M		14.
21	குமாரவேலு	வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	—		70	F		35.
22	மணலசீமை	வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	9655681210		67	M		16.
23	க.சுப்பிரமணியன்	1/99, தெற்கேட்டு, வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	9443139852		63	M		39.
24	புதுமணி	A.D. காளனி, வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	8890955130		55	F		8.
25	வேலு	2/44, திருவள்ளூர் மதுரை, தெற்கேட்டு, வேலூர் தாலுகா, மதுரை.	9790416788		55	F		9.
26	குமாரவேலு	2/44, திருவள்ளூர் மதுரை, தெற்கேட்டு, வேலூர் தாலுகா, மதுரை.	9790046822		27	F		10.
27	மணலசீமை	வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	9868812311		50	F		11.
28	மணலசீமை	2/56, மணலசீமை, வெள்ளையிலே, வேலூர் தாலுகா, மதுரை.	9358960829		42	F		22.

REDMI NOTE 5 PRO







# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI - 625 009  
CAMPSITE OUT PATIENT REGISTER

Camp place: Vellupattur Mandal/Taluk/block: District: Village or Nearest P.O Pin code:  
Camp date: Camp Organiser:

S. No.	Name	Address	Contact No.	KYC No.	Age	Sex	Campsite Diagnosis	
							Right Eye	Left Eye
59.	பிரஜாஜி	1/11, கியூகீகிள்செரு, மென்மலையிலே, சென்னை, மதுரை.	962963655		58	m.		
60.	உதகிசிறி	மனங்குடிக், கியூகீகிள்செரு, மென்மலையிலே, சென்னை, மதுரை டி.	9943400395		55	F.		
61.	சுமந்தசுமிதி	மனங்குடிக், கியூகீகிள்செரு, மென்மலையிலே, சென்னை, மதுரை டி.	9092397416		23	F.		
60.	மனங்குடிக்	3/12, சென்னைகிள்செரு, மென்மலையிலே, சென்னை, மதுரை டி.	9843890993		74	m.		
61.	மகிசையம்மா	3/12, சென்னைகிள்செரு, மென்மலையிலே, சென்னை, மதுரை டி.	9843890993		86	F.		
62.	மதுரைமணி	1/2, கியூகீகிள்செரு, மென்மலையிலே, சென்னை, மதுரை.	9986329599		45	F.		
62.	சுமந்தசுமதி. ம.	1/2, கியூகீகிள்செரு, மென்மலையிலே, சென்னை, மதுரை.	9384221395		25	F.		
64.	சுமந்தசுமதி	1/2, கியூகீகிள்செரு, மென்மலையிலே, சென்னை, மதுரை.	—		29	F.		
65.	சுமந்தசுமதி	3/12, கியூகீகிள்செரு, மென்மலையிலே, சென்னை, மதுரை.	9443368288		55	F.		
66.	சுமந்தசுமதி	1/2, மென்மலையிலே, சென்னை, மதுரை.	9622298461		52	F.		
67.	சுமந்தசுமதி	6/4, கியூகீகிள்செரு, மென்மலையிலே, சென்னை, மதுரை.	962449016		55	m		
68.	சுமந்தசுமதி	மனங்குடிக், மென்மலையிலே, சென்னை, மதுரை.	9989149436		44	F.		
69.	சுமந்தசுமதி	மனங்குடிக், மென்மலையிலே, சென்னை, மதுரை.	9989149436		12	m		
70.	சுமந்தசுமதி	2/397, மென்மலையிலே, மென்மலையிலே, சென்னை, மதுரை.	9943260159		38	F.	WF	HM



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI - 625 009

**CAMP SITE OUT PATIENT REGISTER**

Camp place: *vellampatti*      Mandal/Taluk/block:      District:      Village or Nearest P.O Pin code:

Camp date:      Camp Organiser:

S. No.	Name	Address	Contact No.	KYC No.	Age	Sex	Campsite Diagnosis	
							Right Eye	Left Eye
71.	க. தியேத்ராஜா.	2/399, முன்னாண்டிமடல், ரெண்டிநாடுபேட்டை post, வேலூர், மதுரை.	9943260157		19	F		
72.	சேது.பி.	ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	—		75	F		
73.	மகேசுவரி	ரெண்டிநாடுபேட்டை, AD காளனி, வேலூர், மதுரை.	—		52	F		
74.	சுவாமிசுந்தரன்.	2/36, தியேத்தேந்தல், ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	6369388089		51	m.		
75.	சேது.	தியேத்தேந்தல், ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	8270128326		36	F		
76.	புலையாதி.	1/46, முப்பிளிகேட்டை, ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	9566499302		71	F		
77.	மங்க. கந்தி	மகாபதிபுலையாதி, முப்பிளிகேட்டை, ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	9994108653		39	F		
78.	சேது.	2/382, முப்பிளிகேட்டை, ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	9951863414		36	F		
79.	ராதிகா	மகாபதி, முப்பிளிகேட்டை, ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	9639491660		30	F		
80.	அசுதி	2/454, முப்பிளிகேட்டை, ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	9679116702 <del>9955259332</del>		61	F		
81.	வி. அசுதி	1/99, தியேத்தேந்தல், ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	9921242526		32	m		
82.	வெண்ணாசுந்திரா	31, ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	994099196		76	F		
83.	மகாபதி	2/39, AD காளனி, ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	9952305892		39	F		
84.	காளனிசெந்தி	AD. காளனி, ரெண்டிநாடுபேட்டை, வேலூர், மதுரை.	9629192680		34	F		129/371



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI - 625 009

### CAMPSITE OUT PATIENT REGISTER

Camp place: *Velammal* Mandal/Taluk/block: District: Village or Nearest P.O Pin code:

Camp date: Camp Organiser:

S. No.	Name	Address	Contact No.	KYC No.	Age	Sex	Campsite Diagnosis	
							Right Eye	Left Eye
85	செ. அழகர்	1/9, துளசிமேட்டம், சிலேமேட்டம், பஸ், துளசிமேட்டம், மதுரை.	9639484549		24	M		
86	ஆ. அனா	2/30, கிழக்குக் கிழக்கு, அண்ணாநிலையம், மேசூர், மதுரை.	9629914614		56	m.		
87	சு. சி. சி.	2/38, அண்ணாநிலையம், அண்ணாநிலையம், மேசூர், மதுரை.	9989591388		38	F		
88	மணிமேகலை	2/38, அண்ணாநிலையம், அண்ணாநிலையம், மேசூர், மதுரை.	9092679573		46	F		
89	சு. சி. சி.	1/18, கிழக்குக் கிழக்கு, அண்ணாநிலையம், மேசூர், மதுரை.	9989755040		41	F		
90	ச. சி. சி.	1/2, கிழக்குக் கிழக்கு, அண்ணாநிலையம், மேசூர், மதுரை. (2/37)	8993293243		38	F		
91	க. அனா	2/19, அண்ணாநிலையம், அண்ணாநிலையம், மேசூர், மதுரை.	9514506934		34	F		
92	சி. அனா	2/30, அண்ணாநிலையம், அண்ணாநிலையம், மேசூர், மதுரை.	9384390306		55	F		
93	சு. சி. சி.	2/3, அண்ணாநிலையம், கிழக்குக் கிழக்கு, மேசூர், மதுரை.	9908391903		55	F		
94	மணிமேகலை	1/9, துளசிமேட்டம், சிலேமேட்டம், பஸ், துளசிமேட்டம், மதுரை.	9639484549		49	F		
95	சு. சி. சி.	2/30, கிழக்குக் கிழக்கு, அண்ணாநிலையம், மேசூர், மதுரை.	9629914614		49	F		29/m
96	சு. சி. சி.	5/38, கிழக்குக் கிழக்கு, சிலேமேட்டம், பஸ், மேசூர், மதுரை.	9514317933		29	F		69/F
97	மணிமேகலை	5/38, கிழக்குக் கிழக்கு, சிலேமேட்டம், பஸ், மேசூர், மதுரை.	6369863934		30	m.		
98	மணிமேகலை	1/85, கிழக்குக் கிழக்கு, அண்ணாநிலையம், மேசூர், மதுரை.	-		70	F		11/F/29/m



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

From,

Prof. Dr. K. ILANGO, D.O.Dip., N.B.,  
Prof & HOD of Department of Ophthalmology,  
VMCH & RI,  
Madurai.

Date: 02.08.2021

To,

**The Dean Sir,**  
VMCH & RI,  
Madurai.

*Banoo*  
*SD*  
*12/8/21*

**Through Proper Channel**

Respected Sir,

As per the request by the DBCS to do eye camp in Karungalakudi following staff members from Department of Ophthalmology are deputed to the above eye camp.

DATE	08.08.2021
TIME	07:15 am
PLACE	KARUNGALAKUDI
Medical Officer	Dr. Sundareswari.T
CRRI	Dr. Shakthi priya Dr. Shakthi vel
Refractionist	Mrs. Anushya Banu
Ophthal Assistant	Mrs. Anandhi

In addition to lab Technician, Pharmacist, Driver with vehicle(BUS), 2 more ANM's may be deputed for recording BP and maintaining OP register and IP recording and 1 house keeping staff to keep the camp site clean.

**Note: All Camp Staffs should assemble at Ophthalmology OPD at 07:15 am sharp**

Thanking You

Copy to,

CAO Sir  
HR  
AND/ Matron  
PHARMACY  
LAB  
House keeping  
Transport

Yours Sincerely,

*K. Ilango*  
Dr. K. ILANGO, D.O.Dip., N.B.,  
Prof. of Ophthalmology  
Department of Ophthalmology  
VMCH & RI  
Reg. No. 51615



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI - 625 009**  
**CAMP SITE IN PATIENT REGISTER**

Camp place: Karungala Kudi Mandal / Taluk / Block: Mellur District: Village or Nearest PO Pin code: 050  
Camp date: 8-8-21 Camp Organiser: PHC: NGO:

S. No.	Name of the person screened	Father's / Husband's Name	Address (Door No. / Street / Taluk Name / Pincode) to be entered strictly	ID Proof (Ration Card / Voter ID) with No.	Age	Sex	Visual Activity		Mature / Immature Cataract / Aphakia		Eye to be operated upon		Fit for Surgery	
							Left	Right	Left	Right	Left	Right	Yes	No
16	Ms. Posi	S/o Chinnaiya	B/60, Sarana Patti, Karungala Kudi, Madurai	5785 610 4471	65	F	5/60	6/24	Imc	Imc	✓	✓	✓	✓
17	Mrs. Meenakshi	w/o Rajendran	24, Vanjingham, Melur, Madurai	9860 604 0509	55	F	4/60	6/24	Imc	PCIA	✓	✓	✓	✓
18	Mrs. Lakshmi	w/o Andisamy	7/18 Arani Patti, Karungala Kudi, Mellur, Madurai	4728 1711 0059	52	F	4/60	5/60	Imc	Imc	✓	✓	✓	✓
19	Mr. Chinnan	S/o Nlagu	42/541 Pattur, Karungala Kudi, Madurai	72 46 449 5180	65	M	5/60	2/60	Imc	Imc	✓	✓	✓	✓
20	Mrs. Karuppayee	w/o Eluran	7/9A Arani Patti, Karungala Kudi, Madurai	9340 2549 9104	50	F	5/60	5/60	Imc	Imc	✓	✓	✓	✓
21	Mr. Kathasambam	S/o Marisan	1/81 Vanji Nallas, Mellur, Madurai	5608 9688 7328	62	M	6/60	6/30	Imc	Imc	✓	✓	✓	✓
22	Mr. Karuppiah	S/o Maniya Honor	2/267 Tiru Sunai, Arani Patti, Karungala Kudi, Madurai	46722 4561518091	63	M	5/60	5/60	Imc	Imc	✓	✓	✓	✓
23	Mrs. Jaya	w/o Suresh Kumar	Vanji Patti, Karungala Kudi, Madurai		34	F	6/60	6/60	Phasim		✓	✓	✓	✓
24	Mrs. Parvathi	w/o Velimatai	Vanji Patti, Karungala Kudi, Madurai		40	F	6/60	4/18	Imc	Imc	✓	✓	✓	✓

**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI - 625 009**  
**CAMP SITE IN PATIENT REGISTER**

Camp place: Karungala Kudi Mandal / Taluk / Block: Mellur District: Madurai Village or Nearest PO Pin code: 049  
Camp date: 8-8-21 Camp Organiser: PHC: NGO:

S. No.	Name of the person screened	Father's / Husband's Name	Address (Door No. / Street / Taluk Name / Pincode) to be entered strictly	ID Proof (Ration Card / Voter ID) with No.	Age	Sex	Visual Activity		Mature / Immature Cataract / Aphakia		Eye to be operated upon		Fit for Surgery	
							Left	Right	Left	Right	Left	Right	Yes	No
1	Ms. Poojyakumari	S/o Chinnaiya	2/121, Vanji Patti, Karungala Kudi, Mellur, Madurai	8899 0073 4430	60	M	6/18	2/60	Aphakia	Imc	✓	✓	✓	✓
2	Ms. Chinnappa	S/o Oranathi	4/18, Medaipatti, Mellur, Karungala Kudi, Madurai	8181 8396 6682	54	M	6/60	6/60	Imc	Imc	✓	✓	✓	✓
3	Ms. Shanmugamathan	S/o Karuppan	9/108, Vanji Patti, Karungala Kudi, Mellur, Madurai	8782 0687 9384	48	M	8/60	6/60	Imc	Imc	✓	✓	✓	✓
4	Ms. Lakshmi	w/o. Kasthase Chinnaiyah	1/101, Vattalai, or 5/181 Chinnaiyah, S/201, Vellai Street, Madurai	8062 8993 1802	60	F	1/60	4/60	Imc	Imc	✓	✓	✓	✓
5	Ms. Chinnaiya	w/o. Veeran	106/1, Vanjingham, Karai Kudi Patti, Karungala Kudi, Madurai	3327 1666 3068	60	F	4/60	8/18	Imc	PCIA	✓	✓	✓	✓
6	Ms. Sathu Ramani	S/o. Myyakanu	92, Maniyampatti, Budamangalam, Mellur, Madurai	7276 8281 9124	51	M	6/60	6/60	Imc	Imc	✓	✓	✓	✓
7	Ms. Thiraviyam	S/o. Chinnaiyah	3/76, Keela Street, Karungala Kudi, Mellur, Madurai	9182 8097 8621	44	M	1/60	6/18	Imc	Imc	✓	✓	✓	✓
8	Ms. Muthalagu	S/o. Alagan	2/10, Noorath Street, Wangampatti, Kamkudi, Madurai	8040 9196 8694	65	M	6/24	6/24	PCIA	PCIA	✓	✓	✓	✓
9	Ms. Chinnaiya	S/o. Adaitan	Silumpam Street, Kampur, Mellur, Madurai		65	M	4/60	4/60	Imc	Imc	✓	✓	✓	✓
10	Mrs. Peengottai	w/o Pandi	4/138, Kadam Patti, Karungala Kudi, Madurai	3207 0571 3494	60	F	5/60	6/18	Imc	PCIA	✓	✓	✓	✓
11	Mr. Chinnaiya	w/o Velamvizian	2/40, Vanji Patti, Karungala Kudi, Mellur, Madurai	9566 7881 9961	60	F	6/18	5/60	PCIA	Imc	✓	✓	✓	✓
12	Mr. Arumugam	S/o Periyar Pillai	2/39, Vanji Patti, Karungala Kudi, Mellur, Madurai	8869 3444 5469	55	M	6/24	6/60	Imc	Imc	✓	✓	✓	✓
13	Mr. Periyasamy	S/o Thothan	2/39, Vanji Patti, Karungala Kudi, Mellur, Madurai	4039 3665 9228	70	M	4/60	5/60	Imc	Imc	✓	✓	✓	✓
14	Mr. Adai Kalom	S/o Alagan	K. Pudur, Kaichirayan Patti, Mellur, Madurai	2114 4204 7293	77	M	4/60	4/60	Imc	Imc	✓	✓	✓	✓

Signature of the PMOA:



**VELAMMAL MEDICAL COLLEGE**  
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VELAMMAL  
HOSPITAL  
the healing touch

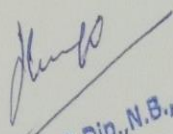
VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE

DEPARTMENT CIRCULAR

DEPARTMENT OF OPHTHALMOLOGY

Dated:02.08.2021

This is to inform all faculties, Postgraduates, CRRI, students of 3<sup>rd</sup> year MBBS and staff members of our department that we will be conducting extension activity on "Diabetic Retinopathy Awareness Camp" under DBCS on 08.08.2021 at Karungalkudi from 8-1PM. I request all of you to give full cooperation to make the event a grand success.

  
Dr. K. ILANGO, D.O.Dip., N.B.,  
Prof. of Ophthalmology  
Department of Ophthalmology  
VMCH & RI  
Reg. No. 51615



**VELAMMAL MEDICAL COLLEGE**  
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**MADURAI - 625009**

VELAMMAL MEDICAL COLLEGE & RESEARCH  
INSTITUTE

DEPARTMENT OF OPHTHALMOLOGY

EXTENSION ACTIVITY - 1 (DATE: 1-8-21)

CATARACT SCREENING CAMP AT - VELLARIPATTI

STUDENT ATTENDANCE

S.NO	ATTENDED PARTICIPANTS (CRR I)	SIGNATURE
1.	Roshiny .A K	Roshiny A K
2.	S. Sakthi Priya	S. Sakthi Priya
3.	Sakthivel .P	Sakthivel .P
4.	Sakthi priya . V.R	Sakthi priya . V.R
5.	V. Sakthi uma devi	V. Sakthi uma devi
6.	M. Roshan	M. Roshan
7.	R. SURYA	R. SURYA
8.	Suljakumar	Suljakumar
9.	SUSITHRAN	SUSITHRAN
10.	THANISK	THANISK
11.	G. SNATHI BALA	G. SNATHI BALA
12.	TAMIL VANNAN	TAMIL VANNAN



**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009**

**Leprosy Health Awareness Program on 4<sup>th</sup> August 2022**

Department of Community Medicine, VMCH & RI, Madurai along with Madurai Health and Leprosy Relief Centre Mahelerecen conducted health education program for leprosy patients at Alanganallur church on 4<sup>th</sup> August 2022. Around 24 medical students who are pursuing their 2<sup>nd</sup> year MBBS along with Dr. Vasumathi was involved in the program. Leprosy causes life lasting nerve damage & patients (both under treatment & cured) are at risk of damage to their limbs & eyes. Therefore, this program focusing on Self-care practices for Leprosy patients was organised. The program was organised at church at Alanganallur & around 25 patients with active disease attended the program.

The program started with introductory speech on leprosy by Dr Vasumathi, then MBBS student Miss Aksara & Ajay Bharath spoke about eye care in leprosy. They displayed charts and spoke about how leprosy affect eyes & what are the ways to prevent it. They taught simple eye exercises like blinking eyes frequently to prevent dryness and asked the patients to repeat it. Mr Abhisek and Balaji spoke about the hand care in leprosy. They advised patients to use cloth/gloves while picking up a hot pan, inspect their hands regularly for any wounds, soaking & oiling of hands to avoid dry and cracking skin. They taught patients stretching exercises to prevent stiffness & contractures, asked the patients to repeat it.

Then students Miss Blessy & Miss Balavarshiny spoke about foot care in leprosy. They asked the patients to inspect their feet regularly for redness, warmth, swelling or any wounds & taught patients simple stretching exercises. Then Dr Vasumathi spoke about the cause of leprosy, deformities caused by it and treatments available for leprosy. This was followed by question answer session. Patients were encouraged to open up and ask their queries regarding the disease and their questions were sorted out. The program was concluded with vote of thanks by church paster.

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



23WW+QJ3, Alanganallur, Tamil Nadu 625501, India

Alanganallur  
Tamil Nadu  
India



27°C

81°F

2022-08-04(Thu) 11:23(am)





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



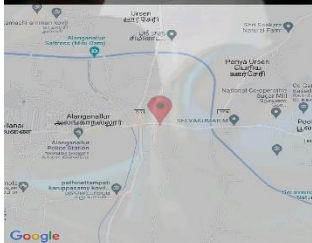
23WW+QJ3, Alanganallur, Tamil Nadu 625501, India

Alanganallur  
Tamil Nadu  
India



27°C  
81°F

2022-08-04(Thu) 11:19(am)



23WW+QJ3, Alanganallur, Tamil Nadu 625501, India

Alanganallur  
Tamil Nadu  
India



27°C  
81°F

2022-08-04(Thu) 11:19(am)



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



23WW+QJ3, Alanganallur, Tamil Nadu 625501, India

Alanganallur  
Tamil Nadu  
India



27°C

81°F

2022-08-04(Thu) 11:19(am)



23WW+QJ3, Alanganallur, Tamil Nadu 625501, India

Alanganallur  
Tamil Nadu  
India



27°C

81°F

2022-08-04(Thu) 11:17(am)



**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009**

**Suicide Awareness program**

**Date** : 06.08.2022

**Time** : 9am to 11am

**Place** : Vani Vidyalaya, Subramniyapuram, madurai.

**Event** : Suicide Awareness programe

**Target Group**: Students and Parents

**No of Participants** :111

**Resource Person**: Dr.Sivakumar PG(psy)

Department of Psychiatry VMCH

Mr.B.Ravichandran Counselor

Department of Psychiatry VMCH

**Organized by**: Neidhal Cadet Service (Opc)Private Limited

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

S.No.	Score	Name	SCHOOL NAME	STANDARD
1	0	Gayathri.k	Ncs	Trichy District C
2	0	SREE ARDHANAREESWARAN R	Srimad Andavan Arts and Science College	B.Sc Physics
3	0	Subhasini. C	Rudrappasamy School	5
4	0	Suhasini.C	Rudrappasamy School	5
5	0	Hemaa Sb	Sboa	9
6	0	NAL RAJESH S	CHINMAYA VIDYALAYA SRIMATHI LINGAMMAL RAMAR	VIII -B
7	0	Madhavan.P	CHINMAYA VIDYALAYA SRIMATHI LINGAMMAL RAMAR	X A
8	0	VISHANTH.A.R	CHINMAYA VIDYALAYA P.A.C.RAMASAMY RAJA MATR	VIII B
9	0	PONVEL.G	CHINMAYA VIDYALAYA SRI MATHI LINGAMMAL RAMAR	10
10	0	Vageesh.h	Chinmaya vidyalaya PACR mat HR secondary school Ra	9-B
11	0	J.Sebiyon Arul Raj	Chinmaya vidyalaya P.A.C.R Matri HR Sec School	9 B
12	0	Harihar.D	Chinmaya Vidyalaya Srimathi Lingammal Ramaraju. Mat	10
13	0	Deepakkumaar.k	Chinmaya vidyalaya srimathi lingammal ramaraju matric	9 A
14	0	RAMSANKAR THIRUPATHI	CVSLR MATRICULATION HIGHER SEC SCHOOL	VII (7)
15	0	S.ajay kumar	Cvslr hr sec school	8Th
16	0	K. Shrivardhan	Chinmaya vidyalaya Matriculation Higher Sec School	7-A
17	0	Saranya Prakash	P.A.C.Ramasamyraja Chinmaya Vidhyalaya matric highe	VII
18	0	P s ajay	Chinmayavidhyalaya P. A. C. R Mat Hr Sec School	8th
19	0	Deepadharshan. R	Chinmaya vidyalaya srimathi lingammal ramaraju matric	9
20	0	A.M.SRINIVASH	Chinmaya Vidyalaya P.A.C.R. Matriculation Higher Seco	VII
21	0	yogeash sathguru.n	Chinmaya vidyalaya srimathi lingammal ramaraju matric	9
22	0	NIRANJAN S.V.	CHINMAYA VIDYALAYA	9
23	0	Maansa. V	Chinmaya Vidyalaya SLR	IX
24	0	J.P.Jinesh Ananth	Chinmaya Vidyalaya Srimathi lingammal ramaraju matric	9
25	0	R.Gopinath	Chinmaya Vidyalaya matric.hr.sec.school Rajapalayam	9-B
26	0	Reyabalaveni.P	Chinmaya Vidyalaya Srimathi Lingammal Ramaraju Matr	XII
27	0	Yadunandan K B	Chinmaya Vidyalaya PACR Mat Hr Sec School	9
28	0	P. Kishore.	Chinmaya vidyalaya srimathi lingammal ramaraju matric	VII A
29	0	N.Amarnath	Chinmaya vidyalaya srimathi lingammal ramraju matricu	8
30	0	Sujan. Vs	Chinmaya Vidyalaya SLR mat. Hr. Sec. School rajapalay	9th
31	0	Krithiha	Chinmaya vidhyalaya P A C Ramasamy raja matriculat	8th
32	0	DEEBESH.L	FOREST HILL ACADEMY MAT.HR.SEC.SCHOOL	VIII
33	0	ARUN RAGHAV	FOREST HILL ACADEMY MAT.HR.SEC.SCHOOL	VII
34	0	DUVARAKESH.R	FOREST HILL ACADEMY MAT.HR.SEC.SCHOOL	VII
35	0	Shanmugapriya S	Not applicable	B Sc Chemistry
36	0	ManojKumar M	Velammal Engineering college, Chennai	BE Electronics
37	0	S. Harshith Srinivasan	Linga Global School	VIII
38	0	ragui	Linga global school	8
39	0	NEHA.R	LINGA GLOBAL SCHOOL	IX
40	0	Ariyamanickam	Linga global school	8 th std
41	0	AKALYA L	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
42	0	AKSHAYA LAKSHMI S B	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
43	0	ALAGESAN S	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
44	0	ANITHA SREE R S	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
45	0	BALAHARIHARAN M	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
46	0	DHARSHINI K	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
47	0	DHIYASRI R	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
48	0	DINESH V	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
49	0	JAIKUMAR S	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
50	0	KAMALESH S	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
51	0	KARTHIGA DEVI P	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
52	0	MOHAMMED SAFIC A	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
53	0	MUTHU RAHUL A S	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
54	0	NISHITA R	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD
55	0	NITHEESWARAN M	SRI VANI VIDHYALAYA MAT. HR. SEC. SCHOOL,MDU	IX STD

VELAMMAL CADET SERVICES (OPC)  
PRIVATE LIMITED  
Managing Director  
Managing Director



**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009**



**NEIDHAL CADET SERVICES (OPC) PRIVATE LIMITED**

RECOGNISED UNDER START UP INDIA, MINISTRY OF COMMERCE AND INDUSTRY,  
DEPARTMENT FOR PROMOTION OF INDUSTRY AND INTERNAL TRADE,  
FIT INDIA, MINISTRY OF YOUTH AFFAIRS & SPORTS,  
NATIONAL CAREER SERVICE, MINISTRY OF LABOUR & EMPLOYMENT, GOVT. OF INDIA.  
STARTUP TN, MINISTRY OF MSME, GOVERNMENT OF TAMIL NADU.

**Feed Back Letter**

**Date: 06.08.2020**

**To  
The Professor & HOD  
Department of Psychiatry ,  
VMCH RI,  
Madurai.**

**Sub: Feed Back on the Mental Health Awareness reg.**

**Greetings; Today we had a wonderful presentation by your staff Dr. Ravichandran., Empl code:- VH991 Psychologist & Consulting at Sri Vani Vidhyalaya Matric Hr. Sec. School, MK Puram, Madurai. They were very cordial & we are knowledgeable in their area of expertise; we wish to work with you in coming years too; lets have a successful journey together.**

**Warm Regards**

**Yours truly**

**For NEIDHAL CADET SERVICES (OPC)  
PRIVATE LIMITED**

*R.G. Senthil Kumar*  
Managing Director

**Dr. R. G. SENTHIL KUMAR  
NEIDHAL CADET SERVICES (OPC) PVT LTD  
15B, Gandhi Nagar, Near MR Kidzee  
Dhalavaipuram - 625188  
Virudhunagar, Tamilnadu. - India**



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MADURAI - 625009

Department of Psychiatry  
VMCH  
Relapse Prevention Program

**INDEX**

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- ✓ *Program Report*
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- ✓ *News paper flash*
- ✓ *Award winners list*
- ✓ *Program budget*



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

Department of Psychiatry  
VMCH  
Relapse Prevention Program  
agenda

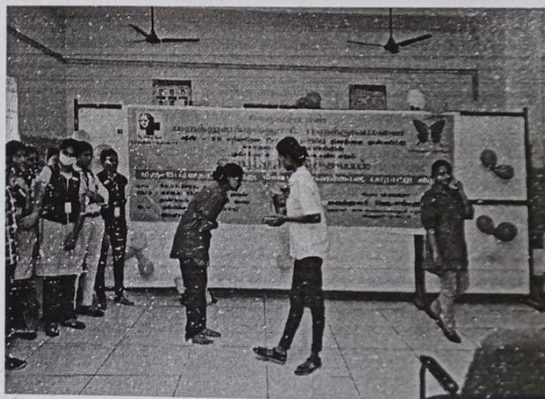
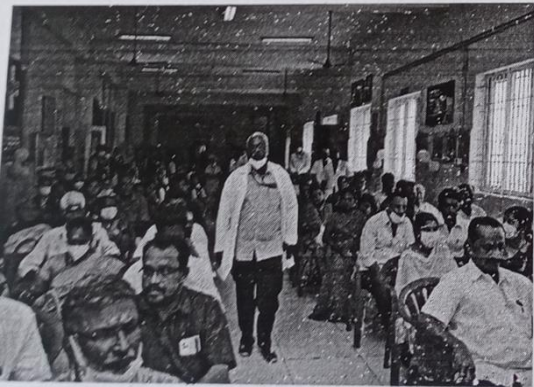
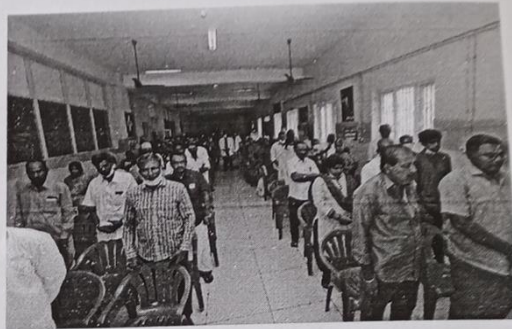
<i>Prayer</i>	<i>:Mr.Logeshwaran(recovered person )</i>
<i>Welcome Address</i>	<i>:Dr.V.Ramanujam</i> <i>Prof and Head</i> <i>Department of Psychiatry</i>
<i>Honouring of Chief Guest</i>	<i>:Director-VMCH</i>
<i>Awareness skit by</i>	<i>:Nursing Students-VMCH</i>
<i>Honouring of recovered persons</i>	<i>: Director-VMCH and Chief Guest</i>
<i>Feedback session</i>	<i>:recovered persons and their family members</i>
<i>Felicitation</i>	<i>:Director-VMCH</i>
<i>special</i>	<i>:Dr.J.Sangumani</i> <i>Dean</i> <i>Government Medical College and Hospital</i> <i>Virudhunagar.</i>
<i>Vote of thanks</i>	<i>:Dr.S.Vidya</i> <i>Asst Professor</i> <i>Department of Psychiatry</i>
<i>Lunch for the Gathering</i>	



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## Department of Psychiatry VMCH Relapse Prevention Program

### *memorable moments*





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**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

Department of Psychiatry  
VMCH  
Relapse Prevention Program  
report

*Date* : 23.07.22

*Time* : 11am to 12.30pm

*Place* : Male Psychiatry ward (206) 2<sup>nd</sup> floor

*Event* : Relapse Prevention Program

*Target* :Addiction and De- addiction recovered persons and  
their Family members

*No of Participants* :110

*Chief Guest* :Dr.J.Sangumani  
Dean  
Government Medical College and Hospital  
Virudhunagar.

*Sponsored by* :Sun Pharma Synergy

*Organized by* :Department of Psychiatry



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**MADURAI - 625009**

Department of Psychiatry  
VMCH  
Relapse Prevention Program



தினமலர்

மதுரை | ஞாயிறு | 24.7.2022



■ சர்வதேச போதை ஒழிப்பு தினத்தை முன்னிட்டு மதுரை வேலம்மாள் மருத்துவமனையில் நடந்த விழாவில் மது போதையிலிருந்து மீண்டவர்களுக்கு நிர்வாக இயக்குனர் (வலமிருந்து) கார்த்திக், விருதுநகர் அரசு மருத்துவமனை டீன் டாக்டர் சங்குமணி பரிசு வழங்கினார். அருகில் டாக்டர் ராமானுஜம்.



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**MADURAI - 625009**

Department of Psychiatry  
VMCH  
Relapse Prevention Program


*Award winners*

S.no	Name	Phone no
1.	Mr.Ganasekaran	6379455194
2.	Mr.Raja mohan	9585780820
3.	Mr.Muthukrishnan	9790296490
4.	Mr.Johnpeter	7708434638
5.	Mr.Manivannan	8124091908
6.	Mr.Marisamy	8390204231
7.	Mr.Logeshwaran	8883275573
8.	Mr.Vasudevan	9840435464
9.	Mr.Samuvelraj	9976390402
10.	Mr.Sivabalan	8334962022
11.	Mr.Ramachandran	9597968890
12.	Mr.Dhatchanamoorthy	6383412806
13.	Mr.Samuvel	9600972803
14.	Mr.Kumaravel	8638288234
15.	Mr.Rajkumar	7708400646
16.	Mr.Alagesan(sister)	9843706156
17.	Mr.Arjunan	9865408406
18.	Mr.Veerapathiran(brother)	9790064090
19.	Mr.Muniasamy	9994350436
20.	Mr.Poovailingam	9894996763
21.	Mr.Jeyachandran(mother)	6380743057
22.	Mr.Rafeekraja	7871197202
23.	Mr.Kumar(wife)	8072204583
24.	Mr.Kandhan	9894102093
25.	Mr.Thangavelu	9047466100



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Covid-19 Vaccination Awareness Program Report**

 **Velammal Medical College Hospital & Research Institute**  
**& Speciality Wing**  
The Healing Touch

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**OFFICE OF DEAN**  
**INTER OFFICE NOTE**

Ref.No. VMCH/ION/2021/96-1 Date: 22.07.2021

To  
**Dr.Samir Bele**  
Prof&HOD, Community Medicine

*penil*  
*3.12*  
*22/7*

Your department is permitted to conduct an extension activity programme on Vaccination awareness at Ladanandal for Faculties, Interns, Community Medicine department PGs and 2018-19 batch MBBS students on 24.07.2021.

*g. B. S.*  
**Dean**  
*12/7/21*

Copy submitted to:  
The Hon'ble Chairman

Copy to:-  
Medical Superintendent  
Chief Administrative Officer  
Advisory Board Members



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MADURAI - 625009**

**Organizer** : Department of Community Medicine in collaboration with NSS(National Service Scheme).

**Objective** : To conduct an awareness campaign on COVID-19 vaccination among people of Ladanendhal village,Sivagangai District.

**Place** : Ladanendhal village,Sivagangai District.

**Date & Time** : 24/7/2021(12PM to 3PM)

Our team consisted of 8 members – Dr. Sriandaal-Assistant Professor, Dr. Balakumaran(Post Graduate), One Intern Dr. Allen David and 5 III<sup>rd</sup> year MBBS students. We started the program at Ladanendhal village at 12PM. The team was headed by Dr. Sriandaal and the team started door to door household awareness campaign on Covid-19 vaccination at the same time conducted a knowledge-attitude survey using a questionnaire, followed by one-to-one interaction, clearing their myths and misconceptions about Covid-19 vaccination. Then at the village community center, a role play was performed by the interns for the villagers, on the theme of Covid-19 vaccine awareness. Later on, Dr Sriandaal-Assistant Professor imparted knowledge to the villagers regarding Covid-19 vaccine and its benefits. The session was then concluded with a vote of thanks by the Post Graduate-Dr. Balakumaran.

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean

Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

## Covid-19 Vaccination Awareness Program Report





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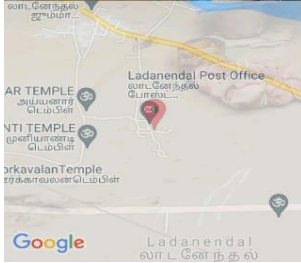


# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



Unnamed Road, Ladanendal, Tamil Nadu 630610, India

Ladanendal

Tamil Nadu

India

2021-07-24(Sat) 12:10(pm)

34°C

93°F



Unnamed Road, Ladanendal, Tamil Nadu 630610, India

Ladanendal

Tamil Nadu

India

2021-07-24(Sat) 12:06(pm)

34°C

93°F



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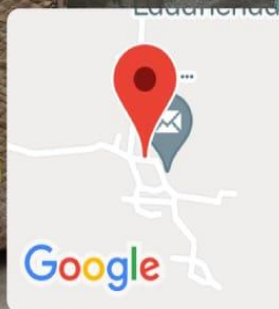
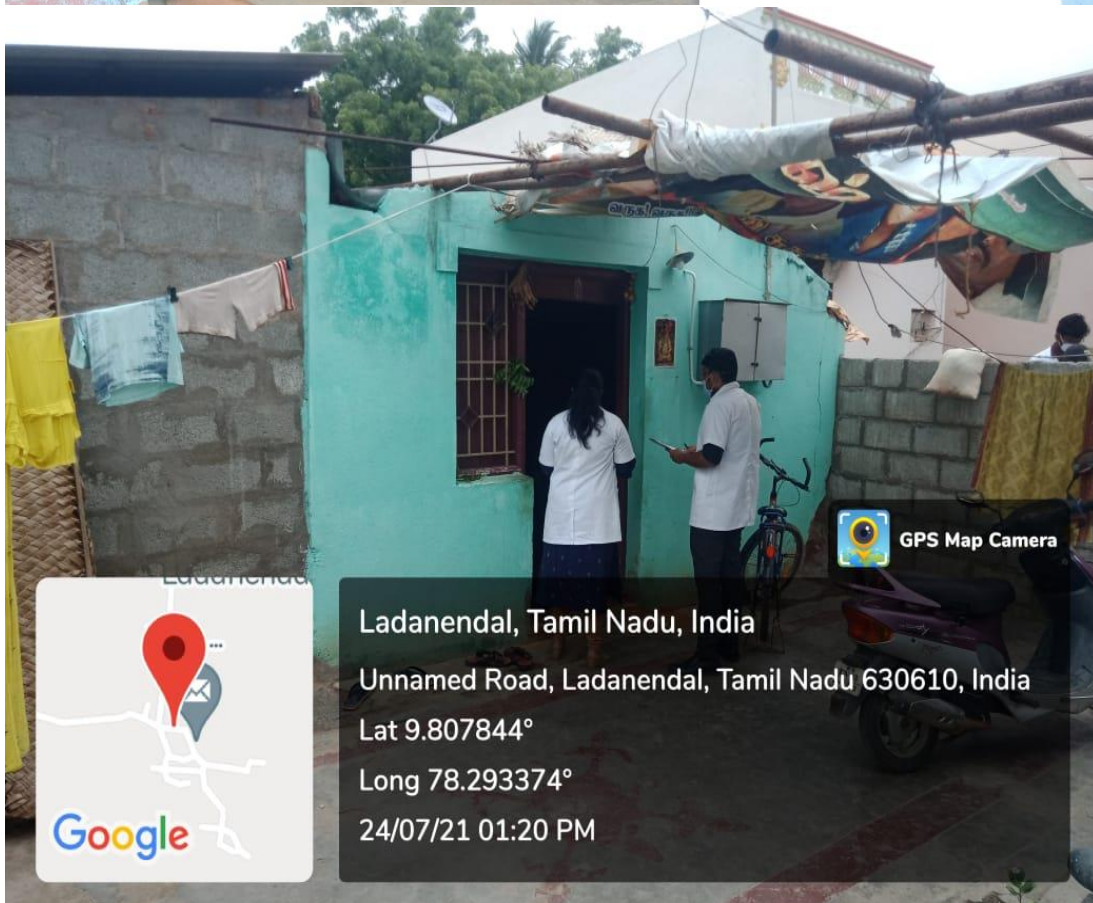
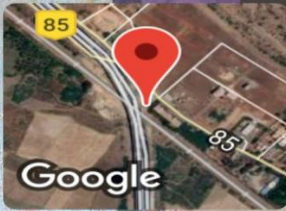


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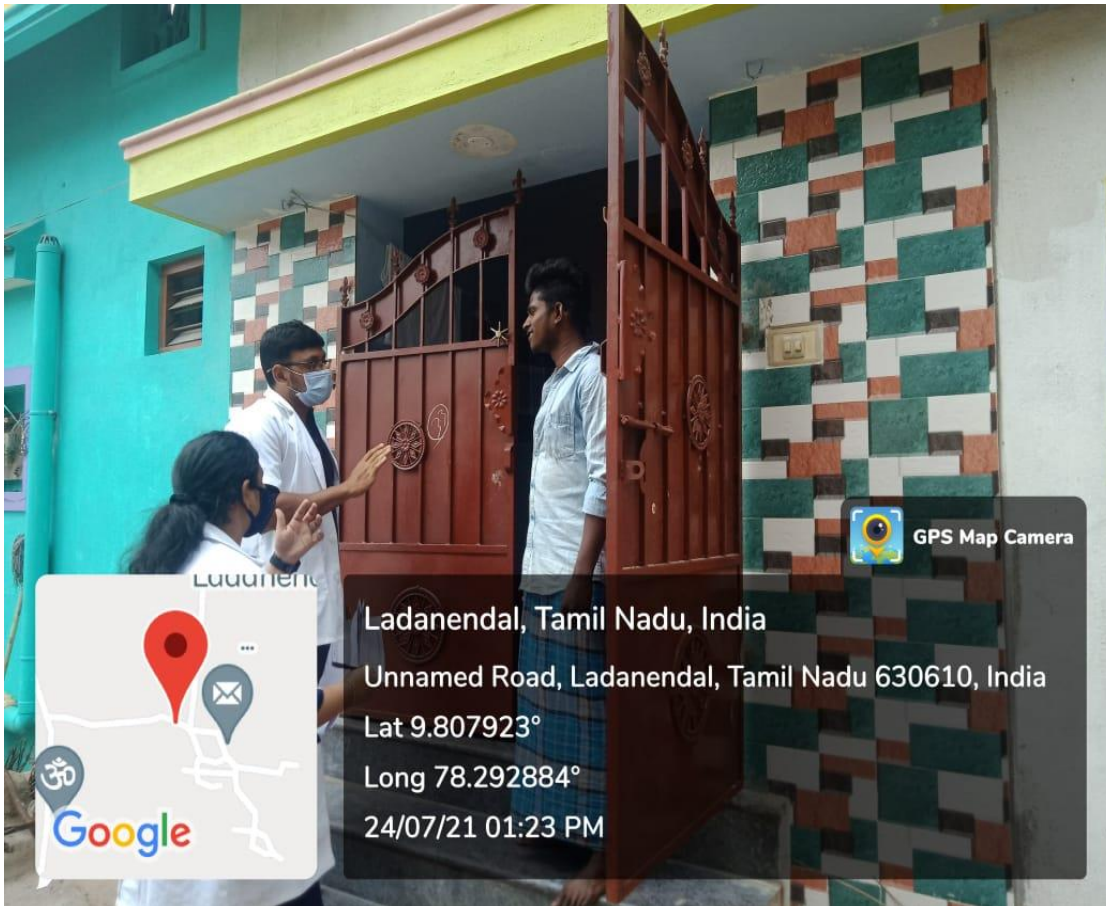


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# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



AH43, Tiruppuvanam, Tamil Nadu 630611, India

Latitude  
9.8353277°

Longitude  
78.2460126°

Local 11:16:10 AM  
GMT 05:46:10 AM

Altitude 0 meters  
Saturday, 24-07-2021



Unnamed Road, Ladanendal, Tamil Nadu 630610, India

Latitude  
9.806942800059915°

Longitude  
78.29384593293071°

Local 02:14:40 PM  
GMT 08:44:40 AM

Altitude 12 meters  
Saturday, 24-07-2021



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

## Do's and Don'ts In Menstrual Hygiene



Velammal Medical College Hospital & Research Institute  
& Speciality Wing

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### OFFICE OF DEAN INTER OFFICE NOTE

Ref.No. VMCH/ION/2021/98-2

Date: 28.07.2021

To

**Dr.Samir Bele**  
Prof&HOD, Community Medicine

*Permit  
9/8  
25/1*

Your department is permitted to conduct an extension activity programme at Sakthi Girls home for Faculties, Interns and 2018-19 batch MBBS students on 01.08.2021.

*[Signature]*  
**Dean**  
*[Signature]*

Copy submitted to:  
The Hon'ble Chairman

Copy to:-  
Medical Superintendent  
Chief Administrative Officer  
Advisory Board Members



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

## Do's and Don'ts In Menstrual Hygiene



### Organizer-

This event was conducted by the department of Community Medicine in collaboration with NSS.

### Objective-

The main objective of this programme was to give awareness regarding the best practices of menstrual hygiene to the female orphanage children.

**Place-** Sakthi trust children home, Samayanallur, Madurai

**Date-** 01/08/2021 (10.00 am – 11.30 am)

This programme was organized to create awareness among the 20 female students in the Sakthi trust children home regarding the basic knowledge of menstruation and proper menstrual hygiene. This programme was attended by three CRRI students and three 3<sup>rd</sup> year MBBS students. Also, there were around 243 students including first year 2<sup>nd</sup> year and 3<sup>rd</sup> year MBBS students were virtually attending this activity through Zoom Platform.



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**MADURAI - 625009**

The programme started with a welcome note by Dr.Sriandaal, Assistant Professor-Community Medicine. The key note was delivered by Dr.Trupti, Professor-Community Medicine. Dr.Bavadharini, CRR I Student gave a talk regarding 'the physiology of menstruation and regarding its good hygienic practices' Dr.Harini, 3<sup>rd</sup> year MBBS student gave a talk regarding 'Do's and Don'ts during menstruation'. In addition to the above,an awareness video was shown in Tamil to further improve their knowledge, attitude and practice regarding menstrual hygiene. The programme ended up with a vote of thanks given by Mrs.Latha, Sakthi Trust Incharge.

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
*Dean*  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625 009

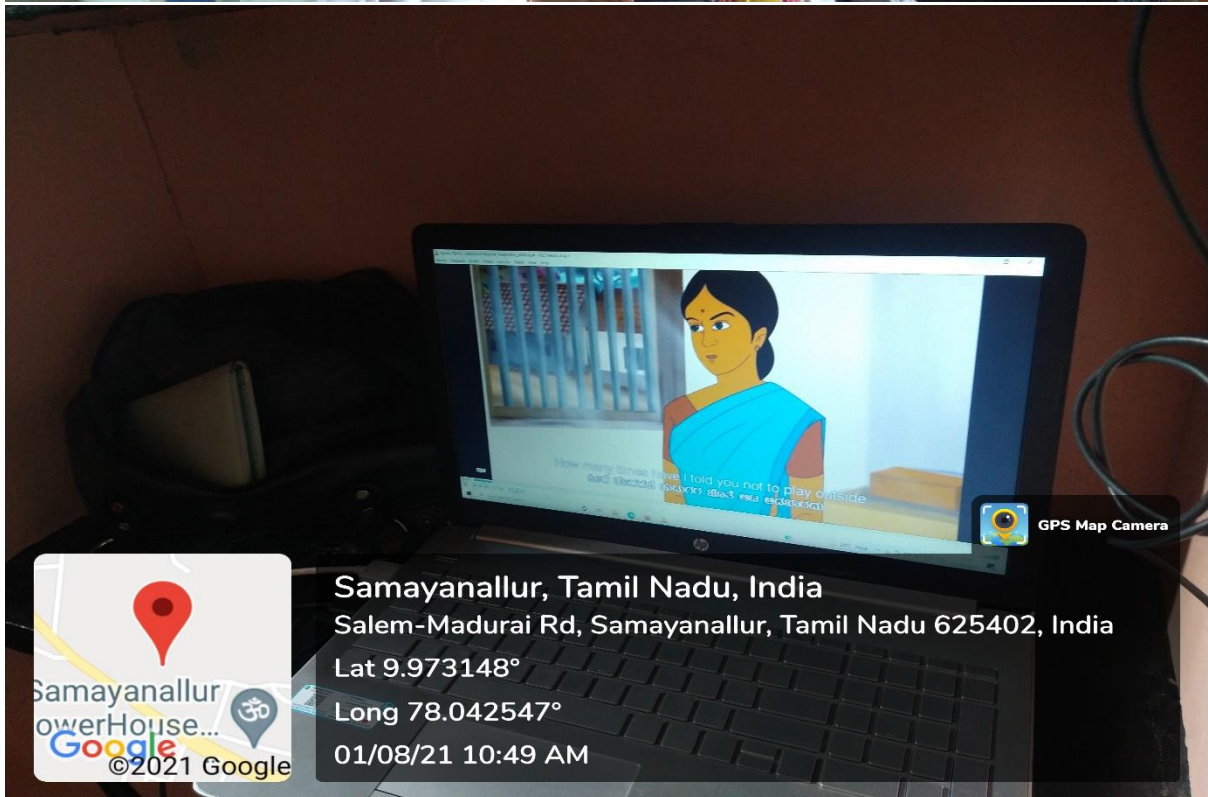


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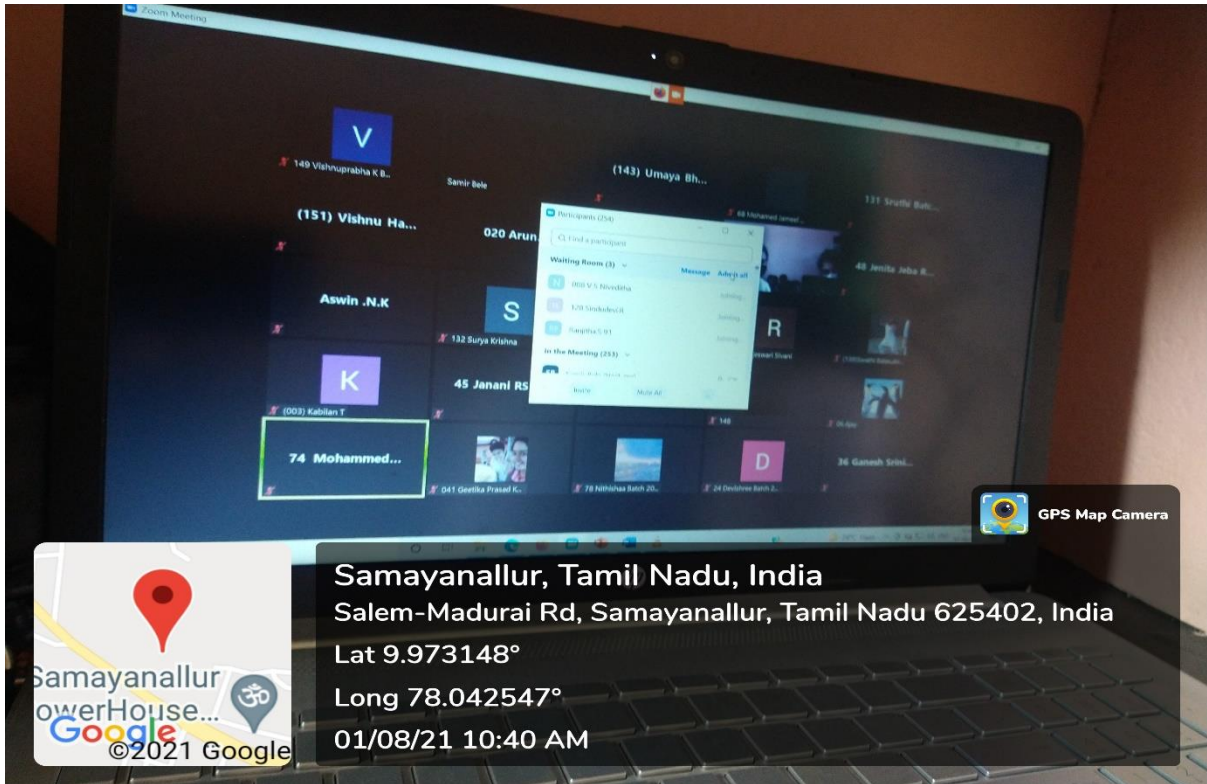


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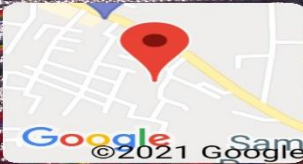


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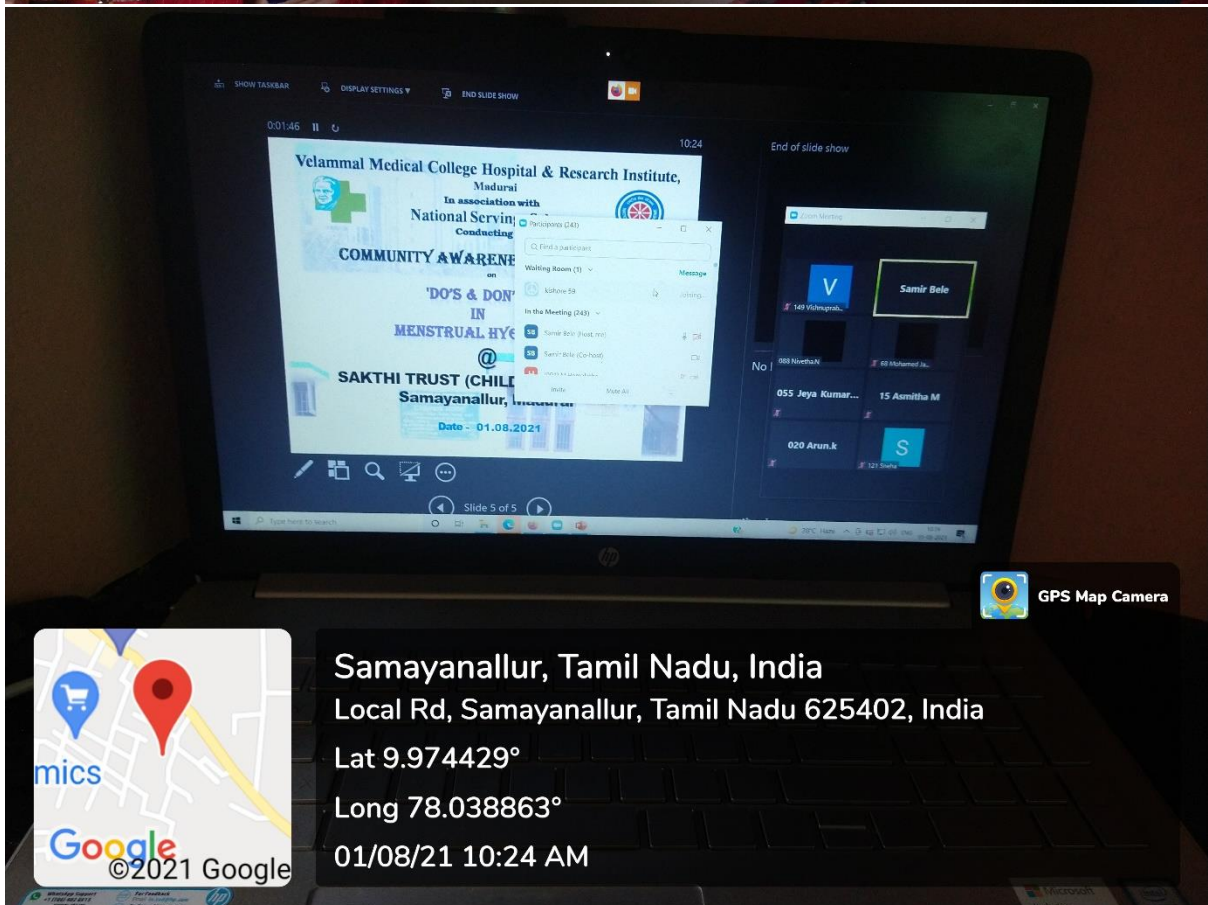




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Samayanallur, Tamil Nadu, India  
Local Rd, Samayanallur, Tamil Nadu 625402, India  
Lat 9.974416°  
Long 78.038875°  
01/08/21 10:25 AM



Samayanallur, Tamil Nadu, India  
Local Rd, Samayanallur, Tamil Nadu 625402, India  
Lat 9.974429°  
Long 78.038863°  
01/08/21 10:24 AM

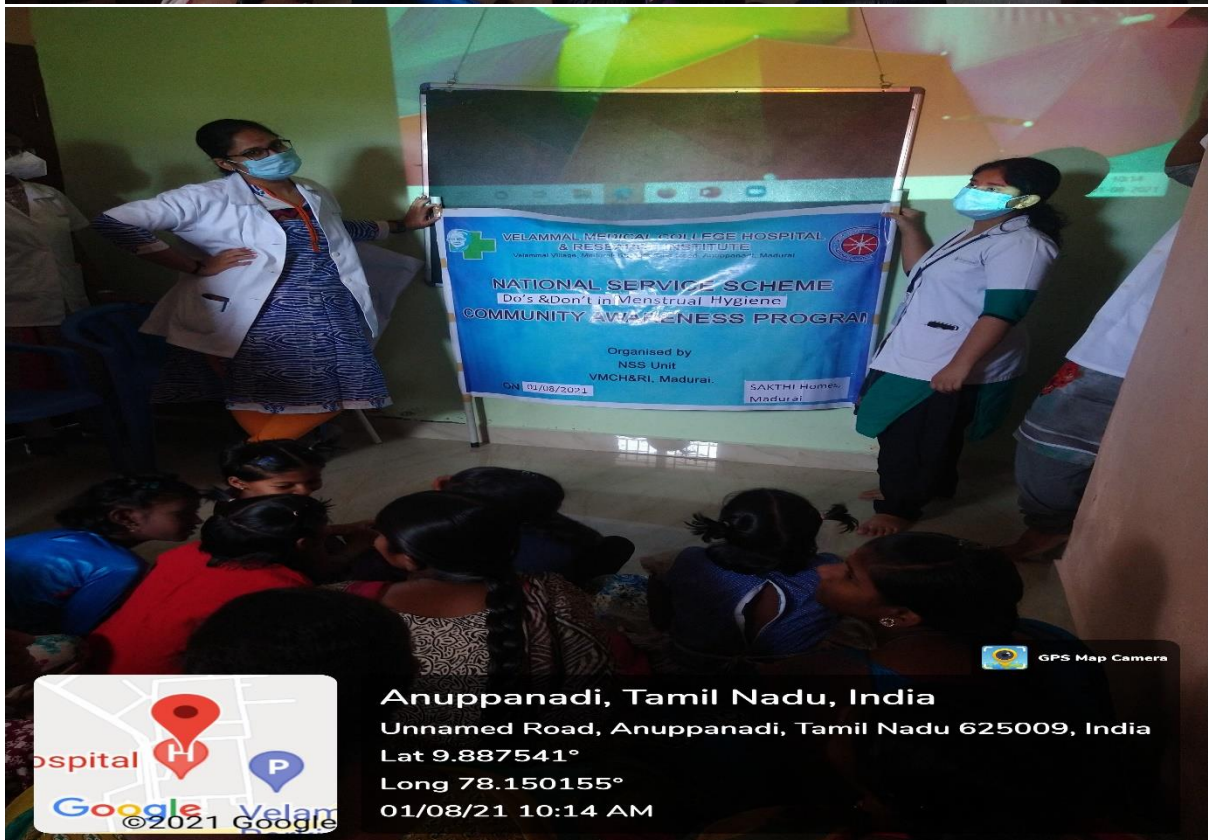


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**VELAMMAL MEDICAL COLLEGE  
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**SAKTHI TRUST**

30/2, Annanagar West, Samayanallur, Madurai - 625 402

Registered Under Indian Trust Act.

Regn. No.1925 dt.9/12/2002

Cell No : 98650 13702

Date : 1-8-2021..

பெருநர்

உயர்திரு முதல்வர் அவர்கள்,

வேலம்மாள் மருத்துவக் கல்லூரி மற்றும் ஆராய்ச்சி நிறுவனம்

மதுரை

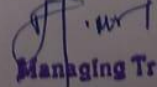
பாராட்டுக் கடிதம்

மதிப்பிற்குரிய ஐயா அவர்களுக்கு,

வணக்கம், வேலம்மாள் மருத்துவக்கல்லூரி மற்றும் ஆராய்ச்சி நிறுவனத்தின் சார்பாக எங்கள் சக்தி ட்ரஸ்டு குழந்தைகள் காப்பகத்தில் தங்கி பயின்று வரும் குழந்தைகளுக்கு மாதவிடாய் கால பராமரிப்பு மற்றும் அது குறித்த விழிப்புணர்வு முகாம் நடத்தினார்கள். இது எங்கள் குழந்தைகளுக்கு மிகவும் பயனுள்ளதாக அமைந்தது. இந்த முகாமை எங்கள் இல்லத்தில் ஒழுங்கமைத்து சிறப்பாக நடத்தியமைக்கு எங்கள் இல்லம் சார்பாக எங்களது நெஞ்சார்ந்த நன்றியினை தெரிவித்துக் கொள்கிறேன்.

நன்றி,

இப்படிக்கு,  
தங்கள் உண்மையுள்ள  
For SAKTHI TRUST

  
Managing Trustee




# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

## Report of Family Adoption Program

As part of the curriculum for first MBBS students, NMC has introduced the family adoption program. On the first month of first year of MBBS, 2021-22 batch students were taken by community medicine department for family adoption program. Each student is supposed to adopt 5 families and keep following their health & wellness over the period of MBBS course. The families will also have a direct link to a medical college & will have someone is approachable & who can explain things to them in easily understandable manner.

The place chosen was Sakkimangalam village & the nearby Samathuvapuram attached to the village. After a session on why & how the family adoption program works, the students visited these two localities on Saturdays of 2 consecutive weeks i.e. **23-4-2022 & 30-4-2022** from 9 AM to 1 PM. 150 students from the 2021-22 batch attended the program & visited the village. The students were accompanied by faculty members & postgraduates. The survey consisted of personal details like name, age, gender, number of family members, head of family and the occupation of each family member. It also had questions about income of family and how the income is split between food, electricity, water and other bills. To check on the adequate space required for a person to live questions like area of house, number of rooms, doors and windows were asked. Questions on personal hygiene practices were also asked. In case of married couple and/or with children, they were asked about sexual health and child rearing practices.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
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The family members were also asked about diseases like tuberculosis, diabetes, hypertension, heart disease, cataract, etc to check their knowledge about the disease spread and its effect on body. To check their social well-being questions about social harmony, social acceptance and rejection were asked. The students were also asked to assess the overall environment & facilities in the locality & social problems in the family & the community.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
*Dean*  
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## Field visits for Family Adoption Program on 23-4-2022

Dr. Samir(HoD) & postgraduates accompanying students in the field (Sakkimangalam)- 23.4.22 Students collecting information about the family Sakkimangalam- 23.4.22.



Dr.Sudharsan clarifying doubts in the field- 23.4.22.



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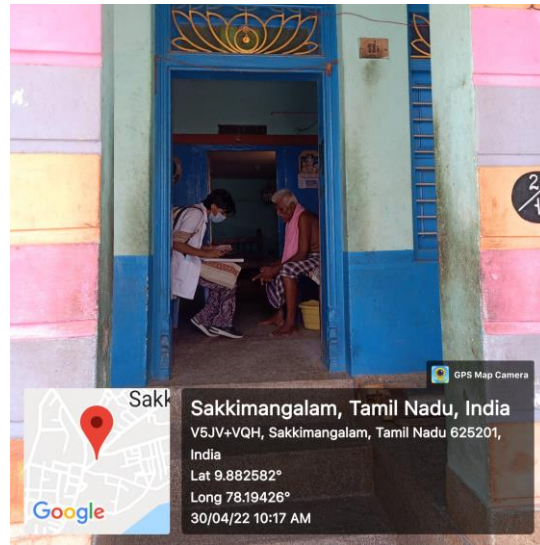
Group of students in the field - 23-4-2022





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## Field visit for Family Adoption Program 30-4-2022



Students visiting families for adoption in Sakkimangalam – 30.4.2022





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**List of students who attended Family adoption program - 23 & 30 4-22**

Sl.No.	Particulars
1.	Aashika Ashokkumar
2.	Aathira R A Devi
3.	Abinaya G
4.	Abino Bruce R M
5.	Abisshree P V
6.	Abitha H R
7.	Adhel Tawfiq Seeni Mohamed
8.	Akash M R
9.	Akilan A
10.	Akshitha Sharen
11.	Ananya Kumaran
12.	Anthra A
13.	Anu Shree C R
14.	Anusuya P
15.	Arulmozhi S V
16.	Arunachalam S
17.	Asmita Mrinal G
18.	Aswin A
19.	Aswin D
20.	Aswin Kumar B
21.	Athavan A
22.	Athishnivash S S
23.	Bala Thanishka B
24.	Barath Kumar E
25.	Bathri Narayanan B S
26.	Bavesh Krishnan S
27.	Belmino Bridson T
28.	Benjamin Donato Michaelraj
29.	Bharathichellam T
30.	Bharathraj K
31.	Chibi Krishnan S N K
32.	Danyasri R
33.	Darshan S
34.	Deepika C
35.	Deepika R

  
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36.	Deepshika S
37.	Dhanush Krishna V
38.	Dharsni K
39.	Dheepa Gayathri L
40.	Divya K
41.	Divya S
42.	Elayanila S
43.	Emifa Shalom Jayachandra Raja
44.	Ezhil Valavan Anupraba
45.	Gnana Christus Joel G
46.	Hansika J
47.	Hari Prashanna R
48.	Harikrishna T
49.	Hariraj A
50.	Harish Adhitya P M
51.	Harisha Renu M
52.	Harshidha S
53.	Huneiza Fathima Mohamed Saki
54.	Jagan Balaji S
55.	Janani M
56.	Jayasakthi Aja J
57.	Jayashree S
58.	Jegapriya R
59.	Kamalesh A
60.	Kanchana S
61.	Kanish K
62.	Karthika D
63.	Kathiravan K
64.	Kavia Shivani S
65.	Kaviarase P
66.	Kavin S
67.	Kaviya Sri R
68.	Kaviya Varshini K L
69.	Kaviyashree R
70.	Keerthik Roshan M

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71.	Kiruthika El
72.	Kisshore Kumar Murali
73.	Laiyond Susan L
74.	Madhumitha S S
75.	Madhuvanathi V

  
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and Research Institute  
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List of students who attended Family adoption program - 23 & 30 4-22

1.	Malavika A
2.	Manasha M
3.	Manoj P A
4.	Mathalai Easha Sri M
5.	Mithra Shree K
6.	Mohamed Adnan Abdul Samathu
7.	Mohammed Sameer Abubacker S
8.	Mugundhan B
9.	Mukisha A
10.	Nanditha S
11.	Narpavi K
12.	Navakanya S J
13.	Naveensundar K
14.	Nikillan K
15.	Nithyashri M
16.	Paul Thomson V
17.	Pavithra M
18.	Pavithra S M V
19.	Prajith Selvaraj Sherbourn Isaac S
20.	Pranav Kesava S R
21.	Pranav R P
22.	Pranav Ram S
23.	Pravin V S
24.	Prem M
25.	Priya Dharshini A
26.	Rafa Furgana J
27.	Rahul R
28.	Ramya K
29.	Ramya T
30.	Reema Rabi
31.	Renuka Devi S
32.	Rithikamathi C
33.	Ritika Ajith
34.	Sadhurvedhi N S
35.	Sahaana R

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36.	Saisurya S
37.	Sakthi K
38.	Sangeetha B
39.	Sangeethaa M
40.	Sanjith Prasanna Masanaraj
41.	Sankareswar B
42.	Sanoli R B
43.	Sarumathi K
44.	Shanmugapriya M A
45.	Shivaprakash M
46.	Shivaraman R K
47.	Sivaranjani V
48.	Sivashanmugam S D
49.	Souli Abinith A R
50.	Sowmiya M
51.	Srisimiriti M
52.	Srivarshini S
53.	Subhasrii S U
54.	Sudarsya R
55.	Sudha Sri E
56.	Sudharsan K
57.	Sughitha S
58.	Sukanyavarsha A G
59.	Sundaradoss P S
60.	Suparna M L
61.	Supreetha V
62.	Surendiran A
63.	Sushindhar R
64.	Sushma K
65.	Thanigaimurugan M
66.	Thanikkesan P
67.	Thanushri V S
68.	Varsha A
69.	Vigneshwar D P
70.	Vijay B

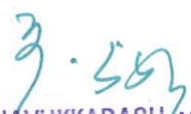
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
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71.	Vishal E
72.	Vishali P
73.	Viveka R T
74.	Yazhini G
75.	Zeenath Maheesa S

  
Prof. T. THIRUNAVUKKARASU, M.D., D.A.,  
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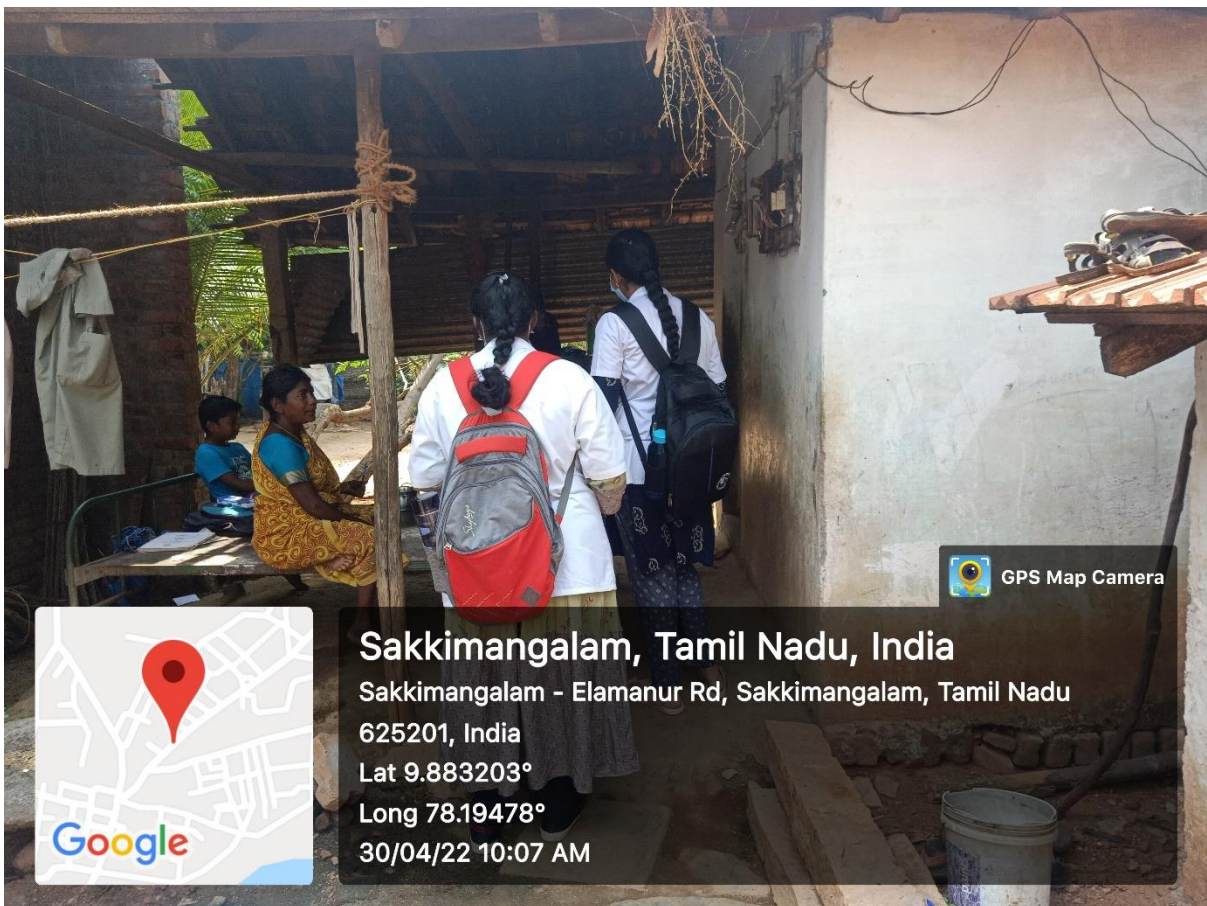


# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



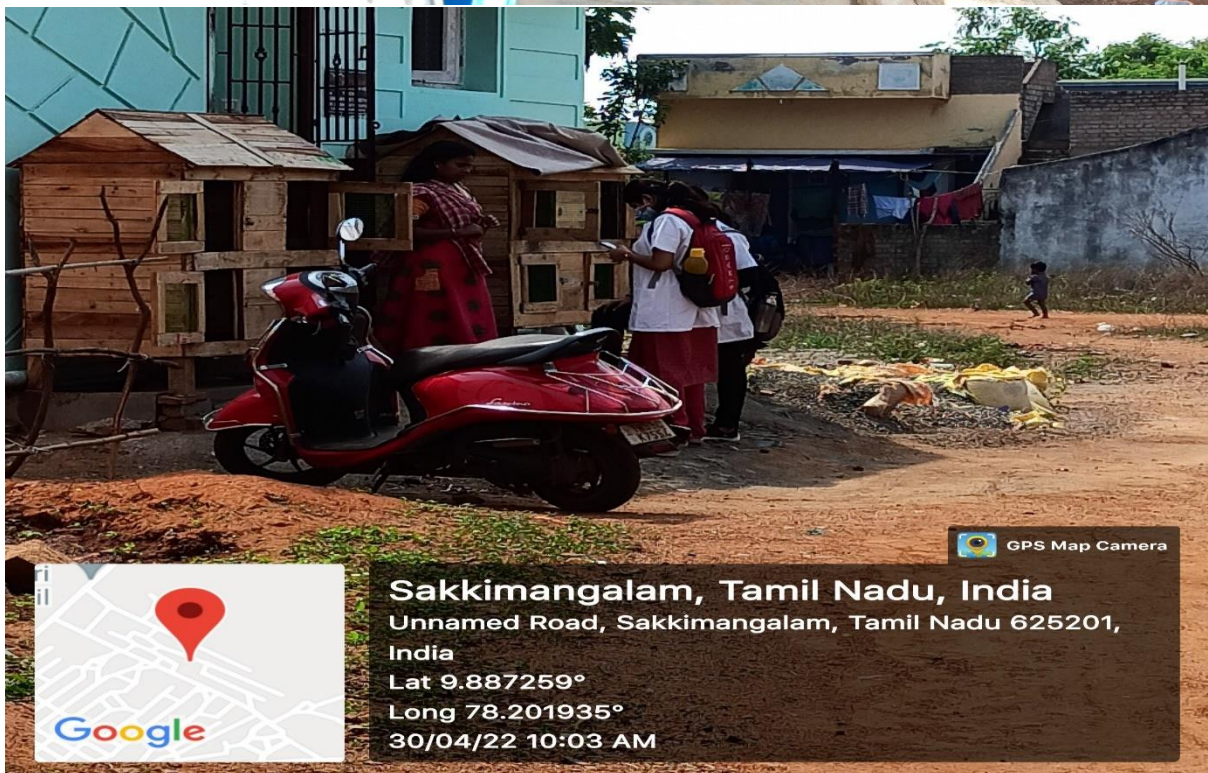


# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



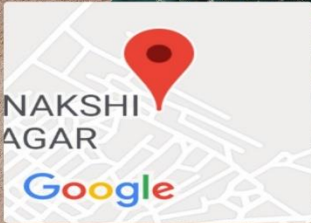


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**Sakkimangalam, Tamil Nadu, India**  
Unnamed Road, Sakkimangalam, Tamil Nadu 625201,  
India  
Lat 9.887198°  
Long 78.201804°  
30/04/22 10:02 AM

GPS Map Camera

10.08.21

From

Dr.S.Anu

Professor and Head

Department of Physiology

Velammal Medical College Hospital and Research Institute

Madurai

To

The Principal

Velammal Engineering College

Viraganoor

Madurai

Through proper channel

Sir,

From the Department of Physiology, Velammal Medical College and Hospital, Madurai along with Rotary club of Madurai- Metro Heritage is planning to organise an extension activity program on awareness of breathing exercise in lung health for your staff on 17/8/21 between 12 to 1 pm. We seek your permission regarding the same.

Thank you,

*J. Anu*  
Dr.S.Anu

Professor and Head

Department of Physiology

PROFESSOR & HEAD  
Department of Physiology  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009

*Shall be conducted*

*H/H/16/8/21*

Principal  
Velammal College of Engineering and Technology  
Madurai-625 009



Department of Physiology  
Velammal Medical College Hospital  
and Research Institute  
Madurai, Tamilnadu

*Cordially invites you  
for the Extension activity on*

**Awareness of  
Breathing exercise in  
Lung health**

Date: 17.8.2021

Venue

Velammal Engineering College  
Viraganur 625009  
Tamilnadu

# Agenda

- 12.00noon      Welcome address  
**Dr.M.Saravanan**  
Associate Professor  
Dept. of Physiology
- 12.10pm        Awareness of breathing exercise  
in lung health  
**Dr.S.P.Kausikan**  
Postgraduate  
Dept. of Physiology
- 12.40pm        Demonstration of  
breathing exercises  
**First year MBBS students**  
**2020-21 batch**
- 12.57pm        Vote of thanks  
**Dr.S.Anu**  
Professor and Head  
Dept. of Physiology

Department of Physiology  
Velammal Medical College Hospital  
and Research Institute  
Madurai – 625009  
Tamilnadu



# Department of Physiology

**Velammal Medical College Hospital and Research Institute**

Madurai-09

In association with

**Velammal Engineering College, Viraganur, Madurai  
and Rotary club of Madurai – Metro Heritage**

**Program**

Extension Activity

**Topic**

Awareness of Breathing exercise in Lung health

**Date**

17.08.2021




**Report on  
Extension activity  
Awareness of Breathing exercise in Lung health  
at Velammal Engineering college, Viraganur 625009  
on 17<sup>th</sup> August 2021**

An awareness program on importance of Breathing exercise in Lung health was organized by the Department of Physiology, Velammal Medical College Hospital and Research Institute, Madurai, Tamilnadu in association with Velammal Engineering College, Viraganur, Madurai, Tamilnadu and Rotary club of Madurai – Metro Heritage on 17.08.21.

The target audience were the faculty (teaching/non-teaching) from Velammal Engineering College, Viraganur, Madurai. 39 employees of Velammal Medical College of various cadre participated in the event.

The program began with the welcome address by Dr.M.Saravanan, Associate Professor, Department of Physiology, Velammal Medical College, Madurai. It was followed by a sensitizing talk on Awareness of Breathing exercise in Lung health by Dr.S.P.Kausikan, Department of Physiology, Velammal Medical College, Madurai. After such an impressive talk, the students of first MBBS students (2020-21 batch) of Velammal Medical College, Madurai demonstrated the breathing exercise to the audience under the guidance of faculties.

Following this, the audience came with questions and the doubts were immediately and appropriately cleared by the resource persons. Vote of thanks was delivered by Dr.S.Anu, Professor and Head, Department of Physiology, Velammal Medical College Hospital and Research Institute, Madurai. The program was a timely awakener and eye-opener for the audience and of immense help in this pandemic period. The same was appreciated by the Velammal Engineering College, Viraganur, Madurai. The entire session was live-telecasted via Zoom platform to the students of 2020-21 batch who were at Velammal Medical College Hospital and Research Institute, Madurai and Dr.John Rajpathy, Professor, Department of Physiology coordinated the students for Zoom platform.

  
Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,  
Dean  
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203



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

Awareness of Breathing Exercise in Lung Health at Velammal Engineering College, Viraganur, Madurai and Rotary club of Madurai Metro



Anuppanadi Housing Board Colony, Tamil Nadu 625009, India

Velammal Engineering College

2021-08-17(Tue) 12:39(pm)



Anuppanadi Housing Board Colony, Tamil Nadu 625009, India

Velammal Engineering College

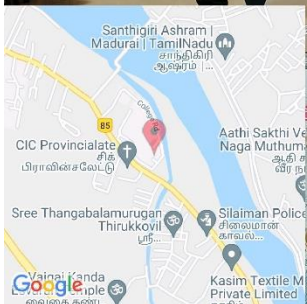
2021-08-17(Tue) 12:51(pm)



# VELAMMAL MEDICAL COLLEGE

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MADURAI - 625009





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



Extension Activity

Venue : Velammal Engineering College  
Madurai

Date : 17.08.21

Time : 12.00 pm - 1 pm

## Participant Attendance

Serial No	Name & Designation	Mobile Number	Signature
1.	P. Suresh Babu, AP/IT	9944587617	
2.	S. Jegadeesan, AP/IT	9677455440	
3.	A. Gobinath, AP/IT	9698532350	
4.	Dr. C. NAVEN RAO	9994111082	
5.	K. PITCHAIMANI, AP/MATHS	9842458046	
6.	S. PACHAVEL, ASSO-Prof/civil	6362500184	
7.	Dr. R. Venkat Saravanan AP/civil	7601999939	
8.	Dr. S. Balamurugan	9894879745	
9.	S. KUMAR	9677444839	
10.	M. Kosupparach Rajkumar.	9940769641	
11.	Dr. K. Suganandany	7904690997	
12.	M. MURALISANKAR	9942002046	
13.	B. JEGAN	8667086386	
14.	Dr. R. Perumalraj 4. IIT dept	9710207041	
15.	M. RAJA	99522 11105	
16.	K R Surendran	8392 89738	
17.	Dr. GEETHA SIVASUBRAMANIAN	98421 29696	
18.	Dr. S. Velammal	9047024853	
19.	S. Padma devi	98943 07398	
20.	J. S Revathy	9842135387	
21.	Dr. J.V. ANCHITALAGAMMAI	7873444500	
22.	A. Maheswari	9025296161	
23.	Dr. M. Sarnavalli	9894207823	
24.	S. Suganthi	9688540457	
25.	S.U ANUMEENA	9003614074	
26.	J.P. Annie Sweeten	9443497176	

27.	S. Gromathy	8248676713	S. Jeyaraj
28.	B. VISALAKSHI	9788866171	B. Visalakshi
29.	P. Saraswathi	9626971679	P. Saraswathi
30.	M. Seema	9789766824	M. Seema
31.	M. Prabha	8940390980	M. Prabha
32.	S. Lavanya / AP II / Chemistry	8610024221	S. Lavanya
33.	K. ETRUTHIGA / AP / CHE	9585119516	K. Etruthiga
34.	A. Shummugasundari / AP / Maths	9500731946	A. Shyama
35.	S. Anandha Prathivathy / AP / Maths	9952144384	S. Anandha
36.	R. Nany Deborah AP / IT	9843645860	R. Nany
37.	D. Anandhavathi AP / ST	9976312679	D. Anandhavathi
38.	M. Shammugasundari AP / ST	9965254402	M. Shammugasundari
39.	DR. K. KAVITHA, Prof / IT	9894445438	K. Kavitha

### STUDENT'S ATTENDANCE

	Roll No	Name	Batch	Signature
40.	69	Mohammed Ashik H	2021	Ashik
41.	53	KALAIYENDANU	2021	K. Kalaiyendanu
42.	58	S. R. Kian Ananya	2021	S. R. Kian Ananya
43.	81	M. Pandian	2021	M. Pandian
44.	82	V. M. RISHIK KASSAN	2021	V. M. Rishik
45.	82	P. Kishore	2021	P. Kishore
46.	73	M. Mubetish	2021	M. Mubetish
47.	74	Merali Prashanthi D	2021	M. Merali
48.	57	King Stephan Roy S	2021	King Stephan
49.	68	Mohamed Jameel	2021	M. Mohamed
50.	64	manilamani - IC	2021	Manilamani

S.No	Roll No	Name	Batch	Signature
51.	60	Kishore .R	2021	<del>Signature</del>
52.	54	Kamesh. U	2021	<u>Kamesh</u>
53.	56	Gi.Keerthi nival	2021	G.Keer
54.	55	Karthik Jaran. S	2021	<del>Signature</del>
55.	75	M.Nandesh Kumar	2021	<del>Signature</del>
56.	87	S.S.Potiyadathan	2021	<del>Signature</del>
57.	62	LOKESH. S	2021	<del>Signature</del>
58.	93	Ramendran	2021	<del>Signature</del>
59.	72	Meekhil .P	2021	P.Meekhil
60.	80	Padmapriya. p	2021	P. Allex
61.	79	Nithishtha	2021	Padmapriya
62.	61	Kani Sudharson	2021	Nithishtha
63.	83	Poorvika Maniyarasi	2021	Kani
64.	78	Nithishaa T.	2021	<del>Signature</del>
65.	67	Meka S.	2021	<del>Signature</del>
66.	65	Umaesathini	2021	<del>Signature</del>
67.	71	J. Mujahetha	2021	U. Meethy
68.	70	Maidula .S	2021	J. Mujahetha
69.	52	Juli Gangar M.S.	2021	<del>Signature</del>
70.	66	K.S. MEGHADHARINI	2021	<del>Signature</del>
71.	82	POORANISHA	2021	Megha
72.	86	PreetiaVaishnavi -P	2021	Shreya
73.	85	A-PRACHI PONITA	2021	Preetia Vaishnavi
74.	89	PRIYANKA : P	2021	A-Prachi
75.	100	SANJANA DEVI. N	2021	Priyanka
76.	98	P. SANGAMITRAA	2021	Sanjana Devi
77.	76	Niranjana Krishnakumar	2021	P. Sangamitraa
78.	97	RUBASREE. E	2021	Niranjana
79.	99	SANGREERTHANA. R.M	2021	Rubasree
80.	92	A.RASMIKA	2021	R.M. Sangreertana

Sr No	Roll No	Name	Batch	Signatures
81.	92	RANJITHA	2021	Ranjitha
82.	84	POOVIZHI	2021	P. Poovizhi
83.	94	Reethika Devi	2021	Reethika
84.	88	Priyadharsini	2021	Priyadharsini
85.	90	Rajatharini	2021	Rajatharini
86.	95	Renuka	2021	Renuka
87.	63	Diana	2021	Diana
88.				
89.				



# VELAMMAL COLLEGE OF ENGINEERING & TECHNOLOGY

(Accredited by NAAC with 'A' Grade and by NBA for 5 UG Programmes)

(Approved by AICTE and affiliated to Anna University, Chennai)

Velammal Nagar, Madurai - Rameswaram High Road, Viraganoor, Madurai - 625 009, Tamilnadu.

**Dr. N. Suresh Kumar, M.E., Ph.D.**

Principal

Phone : 0452 - 2465285 / 2465849, Tele Fax : 0452 - 2465289

Web : [www.vcet.ac.in](http://www.vcet.ac.in) E-mail : [principal@vcet.ac.in](mailto:principal@vcet.ac.in)

17.08.2021

## Letter of Appreciation

This letter is issued in appreciation of the team activity on “**Awareness of breathing exercise in lung health**” performed by the Department of Physiology, Velammal Medical College Hospital and Research Institute, Madurai on 17th August 2021. The program was a timely awakener and eye-opener for our staff and of immense help in this pandemic period. Congratulations to the entire team for the activity.

*H. Suresh Kumar*  
17/8/21

PRINCIPAL



VELAMMAL MEDICAL COLLEGE  
HOSPITAL & RESEARCH INSTITUTE

**DEPARTMENT OF RADIODIAGNOSIS**

# **STROKE AWARENESS PROGRAM**

**EXTENSION ACTIVITY**

**AT**

**VALAYANKULAM**

# INVITATION

VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE

APPROVED TO THE B.M.H. BOARD BY J.C.K. MEDICAL SOCIETY, TIRUNELveli

## STROKE AWARENESS PROGRAM

EXTENSION ACTIVITY

Program Co-ordinator: Dr. (Major) L. RUPAKUMAR

DEPARTMENT OF RADIODIAGNOSIS

Date : 12 - 08 - 2021  
Time: 11.00 AM to 12.00 PM  
Course for PG's, B.Sc. Radiology & Imaging

# DEAN APPROVAL LETTER

07.08.2021  
Madurai

**From**

Dr. M. Mariappan  
Professor & Head Of the Department  
Department of Radiodiagnosis  
VMCH & RI

*Yes*  
*7.8.21*  
*21.8.21*

**To**

The Dean  
VMCH & RI

**Respected Sir**

Sub: Permission to conduct Extension activity

We are planning to conduct **Stroke awareness programme as an Extension activity** on **12.08.2021** from 11 am to 12 noon for general public at Valayankulam. We kindly request you to grant permission to conduct this programme.

Thanking you.

Yours Sincerely

*[Signature]*  
**Dr. M. Mariappan**  
Professor & HOD  
Department of Radiodiagnosis.



# PERMISSION LETTER FROM PLACE

10.08.2021  
Madurai

**From**

Dr. M. Mariappan  
Professor & Head Of the Department  
Department of Radiodiagnosis  
VMCH & RI, Madurai

**To**

Managing Director  
Ammayappar Garments,


**Respected Sir**

Sub: Permission to conduct Extension activity

We are planning to conduct **Stroke awareness programme as an Extension activity** on **12.08.2021** from 11 am to 12 noon at your premises. Hence we kindly request you to grant permission to conduct this programme.

Thanking you.

Yours truly,

  
**Dr. M. Mariappan**  
Professor & HOD  
Department of Radiodiagnosis  
VMCH & RI, Madurai.



**BANNER**



**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE**

**DEPARTMENT OF  
RADIODIAGNOSIS**

**Name of the Event :**

**STROKE AWARENESS  
PROGRAM**

**Event Coordinator :**

**DR (MAJOR).L. RUPAKUMAR**

**Date :**

**12.08.2021**

**Venue:**

**VALAYANKULAM**



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE

**DEPARTMENT OF RADIODIAGNOSIS**

Name of the Event :

**STROKE AWARENESS  
PROGRAM**

Event Coordinator :

**DR(MAJOR). L. RUPAKUMAR**

Date

:

**12.08.2021**

Venue

:

**VALAYANKULAM**

## PARTICIPANT ATTENDANCE

EXTENSION ACTIVITY - STROKE AWARENESS PROGRAM				
DEPARTMENT OF RADIODIAGNOSIS				
VALAYANKULAM - 12.08.2021 - 11.00 AM TO 12.00 PM				
S.No	Name	Roll No	Course	Attended
1	Dr. KAUTHAM		Radiology PG	Yes
2	Dr. SARAH		Radiology PG	Yes
3	Dr. KIRUTHIKA		Radiology PG	Yes
4	PRADEEPA M	6	Bsc Radiology & Imaging Technology	Yes
5	DIVYA BHARATHI M	3	Bsc Radiology & Imaging Technology	Yes
6	SUBEGA MERLIN M	9	Bsc Radiology & Imaging Technology	Yes
7	YUVASRI R	11	Bsc Radiology & Imaging Technology	Yes
8	SURYA A	10	Bsc Radiology & Imaging Technology	Yes
9	NISHA	5	Bsc Radiology & Imaging Technology	Yes
10	BHUVANESWARI S	2	Bsc Radiology & Imaging Technology	Yes
11	AISHWARYA M	1	Bsc Radiology & Imaging Technology	Yes
12	SHALINI P	7	Bsc Radiology & Imaging Technology	Yes
13	SIVASANKARI P	8	Bsc Radiology & Imaging Technology	Yes
14	KARTHICA REESHA D	4	Bsc Radiology & Imaging Technology	Yes
15	ALSIFANI R	1	Bsc Radiology & Imaging Technology	Yes
16	DHIVYA PRIYA V	2	Bsc Radiology & Imaging Technology	Yes
17	GOPIHA	3	Bsc Radiology & Imaging Technology	Yes
18	GURUSANTHIYA R	4	Bsc Radiology & Imaging Technology	Yes
19	JAMEERA BEGAM S	5	Bsc Radiology & Imaging Technology	Yes
20	JAMUNA M	6	Bsc Radiology & Imaging Technology	Yes
21	JANAKI K	7	Bsc Radiology & Imaging Technology	Yes
22	JANANI SKM	8	Bsc Radiology & Imaging Technology	Yes
23	JEEVA P	9	Bsc Radiology & Imaging Technology	Yes
24	JEYA PRIYA M	10	Bsc Radiology & Imaging Technology	Yes
25	KARTHIKA M	11	Bsc Radiology & Imaging Technology	Yes
26	NANDHINI S	12	Bsc Radiology & Imaging Technology	Yes
27	RAJESWARI E	13	Bsc Radiology & Imaging Technology	Yes
28	RAMYA SRI J	14	Bsc Radiology & Imaging Technology	Yes
29	RENUGA DEVI R	15	Bsc Radiology & Imaging Technology	Yes
30	SEETHA PRIYADHARSHINI MJ	16	Bsc Radiology & Imaging Technology	Yes

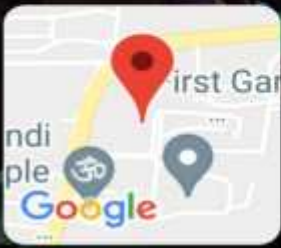
# AUDIANCE ATTENDANCE

S.No	Name	Mobile Number	Signature
1.	M. Soothalakshmi	6383533890	M. Soothalakshmi
2.	P. Malarkodi	7603891906	P. Malarkodi
3.	R. <del>...</del>	9677312937	R. <del>...</del>
4.	P. <del>...</del>	7339367737	P. <del>...</del>
5.	C. Prema	8754792727	C. Prema
6.	R. Marathiyammal	9345723919	R. Marathiyammal
7.	M. Annavalli	9952334062	M. Annavalli
8.	P. <del>...</del>	8608736295	P. <del>...</del>
9.	A. Muthurani	9159585224	A. Muthurani
10.	A. Sanyeeetha	9123544006	A. Sanyeeetha
11.	R. Aishwarya	6383333691	R. Aishwarya
12.	A. Veithumani	8248926866	A. Veithumani
13.	S. Raja Lakshmi	9384132162	S. Raja Lakshmi
14.	S. Anna Poojari	9361058768	S. Anna Poojari
15.	V. Nivetha	7092656807	V. Nivetha
16.	M. Sanyeeetha	9787312018	M. Sanyeeetha
17.	M. Kavitha	8098126936	M. Kavitha
18.	V. Naga jothi	8608072662	V. Naga jothi
19.	T. Lathika	9629541058	T. Lathika
20.	R. Karuthammal	9047906797	R. Karuthammal
21.	G. <del>...</del>	8248812519	G. <del>...</del>
22.	N. Mahalakshmi	9626344804	N. Mahalakshmi
23.	K. Anitha	7863039791	K. Anitha
24.	M. Pashika	9047782640	M. Pashika



PHOTOS





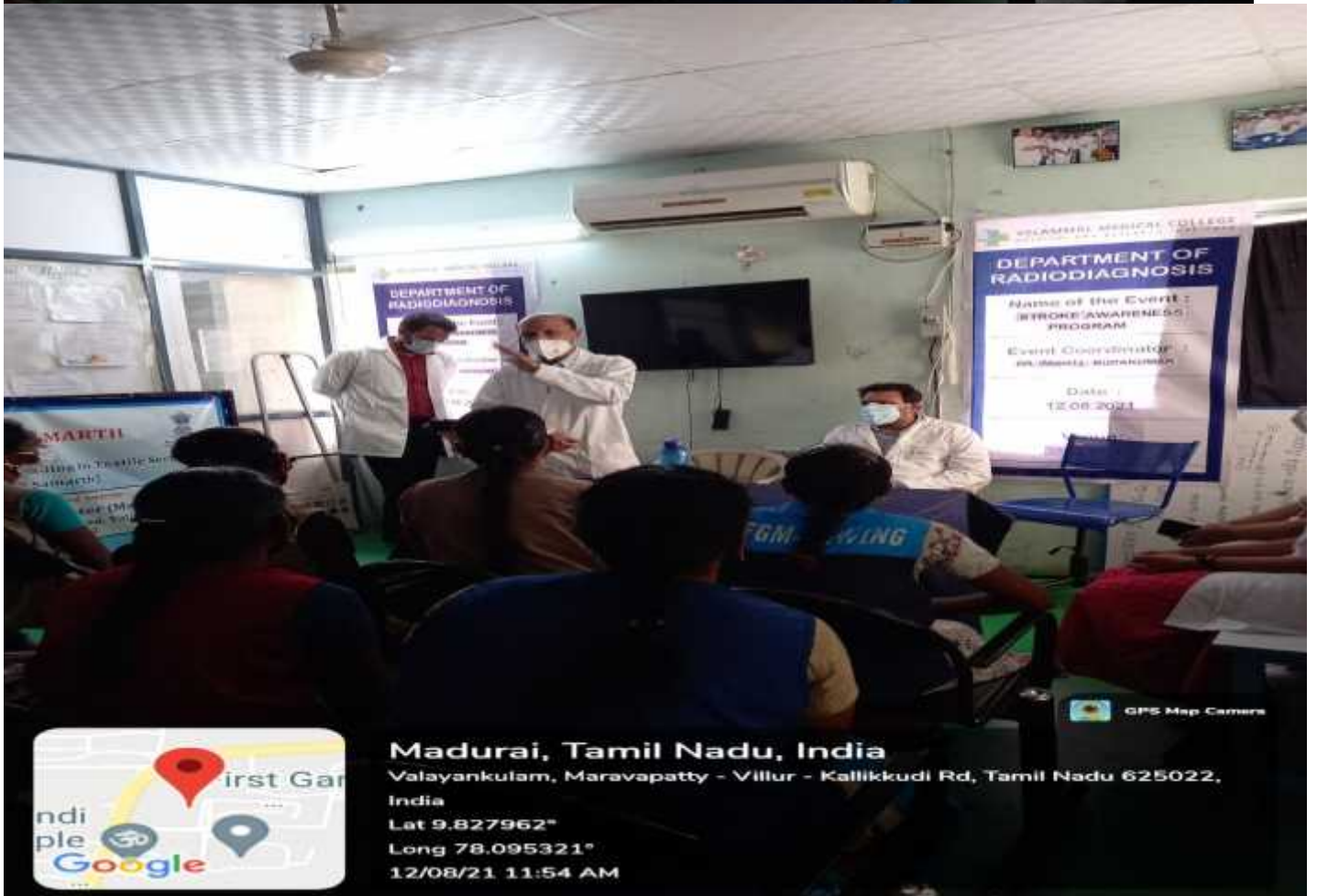
**Madurai, Tamil Nadu, India**

Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India

Lat 9.827962°

Long 78.095321°

12/08/21 11:54 AM



**Madurai, Tamil Nadu, India**

Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India

Lat 9.827962°

Long 78.095321°

12/08/21 11:54 AM



**Madurai, Tamil Nadu, India**  
Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India  
Lat 9.827962°  
Long 78.095321°  
12/08/21 11:54 AM



**Madurai, Tamil Nadu, India**  
Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India  
Lat 9.827962°  
Long 78.095321°  
12/08/21 11:54 AM



**Madurai, Tamil Nadu, India**

Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India

Lat 9.827962°

Long 78.095321°

12/08/21 11:54 AM



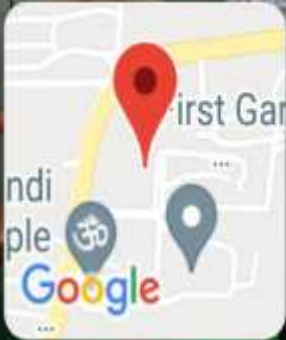
**Madurai, Tamil Nadu, India**

Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India

Lat 9.827962°

Long 78.095321°

12/08/21 11:50 AM



Madurai, Tamil Nadu, India

Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India

Lat 9.827962°

Long 78.095321°

12/08/21 11:50 AM



Madurai, Tamil Nadu, India

Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India

Lat 9.827962°

Long 78.095321°

12/08/21 11:49 AM





**Madurai, Tamil Nadu, India**

Valayankulam, Maravapatty - Villur - Kallikkudi Rd, Tamil Nadu 625022, India

Lat 9.827962°

Long 78.095321°

12/08/21 11:48 AM

# APPRECIATION LETTER

## Appreciation Letter

Date: 12.08.2021

To

Department of Radiodiagnosis,  
VMCH & RI  
Madurai.

**Sub: Appreciation letter for extension activity on Stroke Awareness Program**

Respected Sir /Madam,

Our employees attended the awareness program, Stroke awareness program on 12.08.2021, conducted by Department of Radiodiagnosis VMCH & RI. It was more useful and enlightening to our employees. They felt very happy and expressed their gratitude to you and your team. We appreciate your efforts in educating us about the timing of presentation to the hospital for early intervention to avoid stroke complications. Thanks for your program and expecting more educational programs like this from you in near future.

Thanking you,



Regards

Managing Director,  
Ammalayappar Garments  
Kalayarkovil.

THANK  
YOU



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

30.08.22

From

Dr.S.Anu  
Professor and Head  
Department of Physiology  
Velammal Medical College Hospital and Research Institute  
Madurai

To

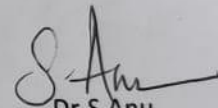
The Managing Director,  
AK builders,  
Bypass road  
Madurai

Through proper channel

Respected Sir,

From the Department of Physiology, Velammal Medical College and Hospital, Madurai we are planning to organise an extension activity program on awareness on "Environmental hazards for construction workers" on 30/8/22 between 11am to 1 pm. We seek your permission regarding the same.

Thank you,



Dr.S.Anu

Professor and Head

Department of Physiology  
PROFESSOR & HEAD  
Department of Physiology  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009

*S. Subbathani*  
**For AK Traders**

**Proprietor**





**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

0/6581/2022

DEAN'S OFFICE	
Date of Receipt	23/8/22
Ref. No.	995
Date of Despatch	23/8/22
Ref. No.	539

22.8.2022

From

Dr.S.Anu  
Professor of Head,  
Department of physiology  
VMCH & RI  
Madurai

MEDICAL COLLEGE OFFICE	
Date of Receipt	22/8/22
Ref No.	162
Date of Despatch	
Ref No.	

To

The Dean  
VMCH & RI  
Madurai.

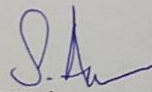
Through proper channel

Respected sir,

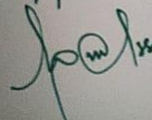
Sub : Regarding permission to provide transport for  
Extension Activity

We department of physiology along with Rotary club madurai , Metro Heritage is planning to organize an extension activity program on awareness on environmental Hazards to the construction workers on 30.8.2022 between 11 am to 12 pm . kindly provide transport facility for 20 first year MBBS students and 3 staffs for the above program .

Thanking you

  
Your sincerely  
PROFESSOR & HEAD  
Department of Physiology  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009

Submitted to Dean, VMCHRI  
for approval

  
22/08/22



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

**Names of the construction workers**

S.no	Name	Sign
1	Sedhuraj	Sedhuraj
2	chinnakarupu	Chinnakarupu
3	Karupu	KARUPU
4	Pandiyasamer	Pandiyasamer
6	Muthukumar	Muthukumar
5	Shibu	Shibu
6	Bala	M.R.V
7	Perumal	P. Perumal
8	Azhagar samy	V. Azhagar samy
9	Maari	Maari
10	Kani	Kani
11	Nagaraj	K. Nagaraj
12	Selvam	Selvam
13	Ravichandran	Ravichandran
14	Sathish Kumar	Sathish Kumar
15	M. Sathish Kumar	M. Sathish Kumar
16	E. Karuppusamy	E. Karuppusamy
17	K. Arun	K. Arun
18	Arth	Arth
19	S. Valli	S. Valli
20	Datchnamoorthy	Datchnamoorthy



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

30.08.22

From

Dr.S.Anu  
Professor and Head  
Department of Physiology  
Velammal Medical College Hospital and Research Institute  
Madurai

To

Rtn Mr.Venkatsh CR  
The club president  
Rotary club of Madurai- Metro Heritage  
Madurai


Through proper channel

Respected Sir,

From the Department of Physiology, Velammal Medical College and Hospital, Madurai is planning to organise an extension activity program on awareness on "Environmental hazards for construction workers" on 30/8/22 between 11am to 1 pm with the association of rotary club of madurai- Metro Heritage.

We request you to kindly join with us in organizing this event and it a great success

Thank you,




Dr.S.Anu

Professor and Head

Department of Physiology  
PROFESSOR & HEAD  
Department of Physiology  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009

*Kindly  
Proceed*





**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

S.no	Name	Designation	Sign
①	Dr. S. Anu	HOD, physiology Dept	
②	Dr. M. Renu Meena	Senior Resident	
③	Dr. R. Dubei Arasan	Senior Resident	
④	Dr. S.P. Kausikan	P.G. m.D (physiology)	
⑤	C.R. VENKATESH	Retiree CIVIL OF MADURAI	
⑥	Er. V. Anandha Karthi	MD METRO PRACTICE AK Builders	



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

From  
Dr.S.Anu  
Professor of Head,  
Department of physiology  
VMCH & RI  
Madurai

Rd  
30.08.22  
[Signature]

To  
The vice principal  
VMCH & RI  
Madurai.

Through proper channel

Respected sir ,

Sub : Regarding permission to allow students for Extension Activity.

We department of physiology along with Rotary club madurai , Metro Heritage is planning to organize an extension activity awareness program on "Environmental Hazards to the construction workers" on 30.8.2022 between 11 am to 1 pm . kindly give us permission for the above program and allow 22 first year MBBS students to participate in the program .Here with we have attached the name list of students for this event. Kindly do the needful.

Thanking you

[Signature]  
Your sincerely,

Dr.S.Anu  
PROFESSOR & HEAD  
Department of Physiology  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009

- Students - 22 nos belong to the batch having practical class in Physiology
- HOD will be accompanying the students
- Permitted for the extension activity

[Signature] 30/08/22



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

S.no	R.no	Name	Sign
1	52	HARSHIDHA S	
2	54	JAGAN BALAJI S	
3	56	JAYASAKTHI AJA J	
4	58	JEGAPRIYA R	
6	62	KARTHIKA D	
5	64	KAVIA SHIVANI S	
6	66	KAVIN S	
7	68	KAVIYA VARSHINI K L	
8	70	KEERTHIK ROSHAN M	
9	72	KISSHORE KUMAR MURALI	
10	74	MADHUMITHA S S	
11	76	MALAVIKA A	
12	78	MANOJ P A	
13	80	MITHRA SHREE K	
14	82	MOHAMMED SAMEER ABUBACKER S	
15	86	NARPAVI K	
16	88	NAVEENSUNDAR K	
17	90	NITHYASHRI M	
18	92	PAVITHRA M	
19	94	PRAJITH SELVARAJ SHERBOURN ISAAC S	
20	96	PRANAV R P	
21	98	PRAVIN V S	
22	100	PRIYA DHARSHINI A	



**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

30.08.22

From

Dr.S.Anu  
Professor and Head  
Department of Physiology  
Velammal Medical College Hospital and Research Institute  
Madurai

To

Rtn Mr.Venkatsh CR  
The club president  
Rotary club of Madurai- Metro Heritage  
Madurai

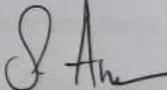
Through proper channel

Respected Sir,

From the Department of Physiology, Velammal Medical College and Hospital, Madurai is planning to organise an extension activity program on awareness on "Environmental hazards for construction workers" on 30/8/22 between 11am to 1 pm with the association of rotary club of madurai- Metro Heritage.

We request you to kindly join with us in organizing this event and it a great success

Thank you,

  
Dr.S.Anu

Professor and Head

Department of Physiology  
PROFESSOR & HEAD  
Department of Physiology  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009

*Kindly  
Proceed*





# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009



## Department of Physiology

Velammal Medical College Hospital and Research Institute  
Madurai-09

In association with

AK Builders, Bypass Road, Madurai  
and Rotary club - Metro Heritage

**Program**

Extension Activity

**Topic**

Environmental hazards for construction workers

**Date**

30.08.2022



### EXTENSION ACTIVITY

*Date : 30<sup>th</sup> August 2022*

*Venue: Plot No 5, 8<sup>th</sup> cross street,  
Thiruvalluvar Nagar, Palanganatham  
Madurai*

Awareness program on

**Environmental Hazards  
for  
Construction workers**



DEPARTMENT OF PHYSIOLOGY

Velammal Medical College Hospital and Research Institute  
Anupanadi , Velammal Village Madurai -09



# VELAMMAL MEDICAL COLLEGE

## HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009



### AGENDA

Time	Program	Faculty
11.00 am	Welcome Address	<i>Dr. M. Renu Meena</i>
11.05 am	Air Pollution- hazards and protective measures	<i>Dr. S.P. Kausikan</i>
	Chemical Hazards and Protective measures	<i>Mr . Kavin .S ( First MBBS)</i>
	Heat Stress Hazards and Protective measures	<i>Mr. J. Jayasakthi aja (First MBBS)</i>
	Noise Hazards and Control Measures	<i>Miss . Narpavi. K. ( First MBBS)</i>
11. 55 am	Vote of thanks	<i>Rtn. Venkatesh CR President of Rotary Club Metro-Heritage Madurai</i>



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**



101, Sathyamoorthy nagar, Bypassroad, Palanganatham, Madurai 625003.

Ph.: 0452 4052076.

e-mail: [anandkarthi64@gmail.com](mailto:anandkarthi64@gmail.com)

Date: 30/08/2022.

**Letter of Appreciation**

This letter is issued in appreciation of the awareness team activity on **"Environmental hazards for construction workers"** performed by the Department of Physiology, Velammal Medical College Hospital and Research Institute, Madurai on 30<sup>th</sup> August 2022. The program was a timely awakener and eye-opener for our construction workers. Congratulations to the entire team for the activity.

*W. Subbarathinam*

For AK Traders

Proprietor



**Report on  
Extension activity  
Awareness on Environmental Hazards for the construction Workers  
at Plot no 5, 8<sup>th</sup> Cross street, Thiruvalluvar nagar, Palanganatham  
Madurai -625003, on 30<sup>th</sup> August 2022**

An awareness program on “**Environmental Hazards for the construction Workers**” was organized by the Department of Physiology, Velammal Medical College Hospital and Research Institute, Madurai, Tamilnadu in association with AK builders and Rotary club- Metro Heritage , Madurai, Tamilnadu on 30.08.22.

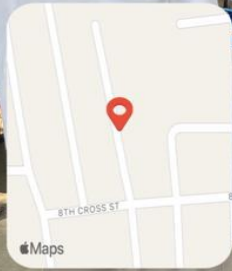
The target audience were the construction workers of AK builders Madurai, Tamilnadu.

The program began with the welcome address by Dr.M.Renu Meena Senior resident, Department of Physiology, Velammal Medical College, Madurai. It was followed by a acknowledgement talk on the topic air pollution - hazards and protective measures by Dr.S.P.Kausikan, Postgraduate, Department of Physiology, Velammal Medical College, Madurai. The Construction workers were benefited and found the speech very useful and cleared their doubts on the topic after the speech. This was followed by a talk on chemical hazards and protective measures by Mr.S.Kavin, First year MBBS student. After such impressive talks, Mr. J. Jeyasakthi aja, First MBBS student spoke on Heat stress hazards and protective measures which was very helpful for the construction workers. Miss K. Narpavi, First MBBS student spoke about noise hazards and control measures. Later, the Blood pressure measurements was taken for 10 construction workers and blood glucose level was checked for the construction workers by the resource persons.

Following this, the audience came with questions and the doubts were immediately and appropriately cleared by the resource persons. The program concluded by the Vote of thanks delivered by Mr.Rtn. Venkatesh CR, president of rotary club, Metro heritage- Madurai. The program was a timely awakener and eye-opener for the audience. The same was appreciated by the Mr.V.Anandhakarathi, Managing Director, AK Builders, Madurai.

  
Prof. T. THIRUNAVUKKARASU, M.D., D.A.,  
Dean  
Velammal Medical College Hospital  
and Research Institute  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai, T.N.-625002





Madurai, TN, India  
8th Cross Street, Pykara,  
Madurai, 625003, TN, India  
08/30/2022 12:37 PM

GPS Map Camera



Madurai, TN, India  
8th Cross Street, Pykara,  
Madurai, 625003, TN, India  
08/30/2022 12:37 PM

GPS Map Camera





Ref.No: 71/micro/2021

From

Professor & Head,  
Department of Microbiology,  
VMCH&RI,  
Madurai.

*Handwritten signature and initials*

To

The Dean,  
VMCH&RI,  
Madurai.

Respected Sir,

**Sub: Department of Microbiology, VMCH & RI – Permission for Extension activity - Request – Regarding.**

Since we have planned to conduct Extension activity on 09.08.2021 on “Hand hygiene awareness” for sanitary workers at old kuyavar palayam road. I request you to give permission to conduct the programme.

Thanking You,

Date: 7.08.2021  
Madurai.

Yours sincerely,

*Handwritten signature*  
Professor & Head,  
Department of Microbiology.

**From**

The Professor and Head  
Department of Microbiology  
Velammal Medical College and Research Institute  
Madurai-625009

**To**

The Ward councillor  
Old kuyavarpalayam Road  
East veli street  
Madurai-625001

**Subject:** Velammal Medical College and Research Institute ,Request for extension activity on hand hygiene for sanitary workers

**Respected sir,**

We, the faculty of Department of microbiology from Velammal Medical College Hospital and Research Institute, Madurai, would like to conduct extension activity on hand hygiene awareness for sanitary workers of old kuyavarpalayam road area. Kindly give permission for the same.

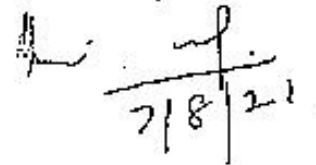
Thanking you,

Date: 7.8.2021

Madurai.

Yours sincerely

செவ்வாறு கீழ்க்கண்ட செ. சுவாமிநாதன்  
செ. செவ்வாறு  
செவ்வாறு கீழ்க்கண்ட செவ்வாறு  
செவ்வாறு கீழ்க்கண்ட செவ்வாறு  
செவ்வாறு -

  
7/8/21

10-08-2021, சிங்கள மானை, சிமர் 5 மணிக்கு  
எங்கள் இடுப்பிடம் வந்து, வேலம்மார் மருத்துவமனை  
நுண்ணுயிர் பிரிவு மருத்துவர்கள், என கடிவும் முறையினை  
பற்றி விநியத பேச்சும், செய்தும் காட்டினார்.

நானும் அதனை திரும்ப செய்து காட்ட,  
சினை குறைகளை கண்டய சிந்தனை கொடுத்தனர்.

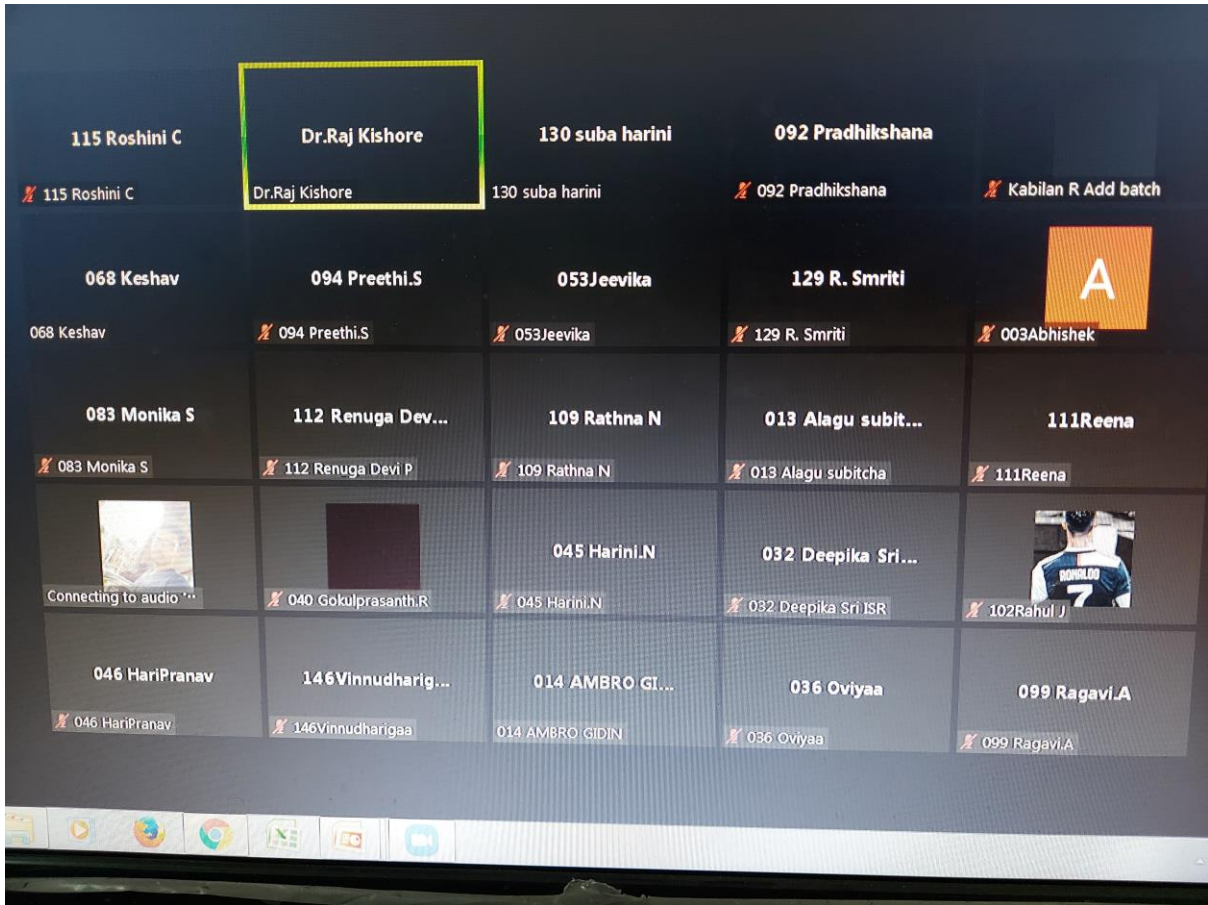
கிது மிகவும் உபயோகமாக கிடைத்தது.  
மிகக் கனம்,

M. S. Srinivasan

# Awareness on hand hygiene for Sanitary workers

Attendees Date: 9/8/21 5 pm. Venue: Old Kuyaver Palayam. Signature

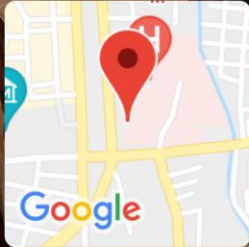
- |                  |                |
|------------------|----------------|
| 1. Vasanthi      | B. S. S. S. S. |
| 2. Pappa         | P. P. P. P. P. |
| 3. Pandi Selvi   | P. S. S. S. S. |
| 4. Hari ammal    | H. A. A. A. A. |
| 5. Dhana Lakshmi | D. L. L. L. L. |
| 6. Subramani     | S. B. B. B. B. |
| 7. Hunees wari   | H. W. W. W. W. |
| 8. Villammal     | V. M. M. M. M. |
| 9. Muthu Lakshmi | M. L. L. L. L. |
| 10. Kala         | K. A. A. A. A. |
| 11. Nagarathinam | N. R. R. R. R. |
| 12. Raja         | R. A. A. A. A. |
| 13. Rani         | R. A. A. A. A. |
| 14. Indira devi  | I. D. D. D. D. |
| 15. Malar Vizhi  | M. V. V. V. V. |
| 16. Dhanam       | D. A. A. A. A. |
| 17. Chellappa    | C. P. P. P. P. |
| 18. Asirvatham   | A. S. S. S. S. |
| 19. Murugavalli  | M. V. V. V. V. |
| 20. Panjavarman  | P. J. J. J. J. |
| 21. Robert       | R. O. O. O. O. |
| 22. Dass         | D. A. A. A. A. |
| 23. Mari         | M. A. A. A. A. |
| 24. Yuvraj       | Y. V. V. V. V. |
| 25. Kaliyammal   | K. C. C. C. C. |



Old Kuyavar Palayam Salai, Tamil Nadu, India  
 126, E Veli St, Mahal Area, Madurai Main, Old Kuyavar Palayam Salai, Tamil Nadu  
 625001, India  
 Lat 9.914957°  
 Long 78.125882°  
 09/08/21 04:54 PM



GPS Map Camera



Old Kuyavar Palayam Salai, Tamil Nadu, India

126, E Veli St, Mahal Area, Madurai Main, Old Kuyavar Palayam Salai, Tamil Nadu

625001, India

Lat 9.914964°

Long 78.125904°

09/08/21 04:45 PM

சுயவர் பாளையம்  
மதுரை.

10-08-21 அன்று மனை சமர் 5 மணிக்கு  
சமர் கமிட்டி கிராமம் வந்து வேலம்மார்  
மருத்துவமனை, நுண்ணாயர் வீடு மருத்துவர்கள்  
சைக கடியம் சூறையின் பற்றி விவாக பேசு  
தெய்தும் கர்ப்பணர்.

நாஜம் சிது பேஸ் திரும்ப தெய்து  
கர்ப்ப, சிது குறைகள் களைப அந்நரை  
தெய்துதனர்.

சிது வீடும 2 படுக மக  
— கிரம்கு வீடுக நன்றி.

D. Jelenraj