



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

7.1.10

Report of the programme conducted during the Last five years.

| SL. No.        | Particulars                                   | Page. No. |
|----------------|-----------------------------------------------|-----------|
| <b>2017-18</b> |                                               |           |
| 1.             | Cancer day Programme                          | 2 - 4     |
| 2.             | Relapse Prevention Programme                  | 5         |
| 3.             | Arthritis and Osteoporosis                    | 6 - 12    |
| 4.             | Lupus day                                     | 13 - 19   |
| 5.             | Lupus day                                     | 20 - 26   |
| 6.             | Mental Health Day                             | 27 - 28   |
| 7.             | World TB Day Celebration                      | 29        |
| 8.             | Sleep Day                                     | 30        |
| 9.             | Schizophrenia                                 | 31 - 32   |
| 10.            | Relapse Prevention Programme                  | 33        |
| 11.            | Bio Ethics Day                                | 34 - 37   |
| <b>2018-19</b> |                                               |           |
| 12.            | No Tobacco day celebration                    | 38        |
| 13.            | World Breastfeeding Week                      | 39 - 47   |
| 14.            | Arthritis Day Celebration                     | 48 - 57   |
| 15.            | Osteoporosis                                  | 58 - 60   |
| 16.            | World Kidney Day Celebration and Model Making | 61 - 66   |
| 17.            | Lupus day                                     | 67 - 74   |
| <b>2019-20</b> |                                               |           |
| 18.            | Breastfeeding Week                            | 75 - 83   |
| 19.            | Arthritis and Osteoporosis                    | 84 - 90   |
| 20.            | Hand Hygiene Week                             | 91        |
| 21.            | Anesthesia Celebration                        | 92        |
| 22.            | Independence Day                              | 93        |
| 23.            | Diabetes Day Program                          | 94 - 96   |
| 24.            | Bio Ethics Day                                | 97 - 101  |
| <b>2020-21</b> |                                               |           |
| 25.            | World Kidney Day Celebrations                 | 102 - 107 |
| 26.            | Rheumatology                                  | 108 - 111 |
| 27.            | World Hepatitis Day Department of Anatomy     | 112 - 118 |
| 28.            | New Born Care Week                            | 119 - 123 |
| 29.            | PALS Training                                 | 124 - 132 |
| 30.            | Organ Donation                                | 133 - 137 |
| <b>2021-22</b> |                                               |           |
| 31.            | World Hypertension Day                        | 138 - 139 |
| 32.            | National Reading Day                          | 140 - 142 |
| 33.            | Nutrition exhibition program                  | 143 - 157 |
| 34.            | Geriatric Day                                 | 158 - 160 |

*6.9.2022*  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009

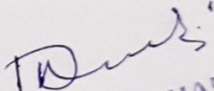
**DEPARTMENT OF BIOCHEMISTRY, VMCHRI**

**CIRCULAR**

**Events:** Cancer day programme

**Date:** 04.02.2017

**Venue:** Lecture Hall - I

  
**VICE PRINCIPAL**  
Dr. P. MOHANTY  
Vice Principal  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009



**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE  
DEPARTMENT OF BIOCHEMISTRY**

---

**INVITE  
YOU  
FOR  
THE  
CANCER DAY PROGRAMME**

**Venue: Lecture Hall - 1**

**Date: 04.02.2017**

**Time: 2.00 pm to 4.00 pm**

VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE

Cancer day programme report

**Date** : 04.02.2017

**Time** : 02.00 PM – 4.00 PM

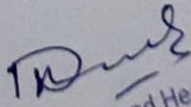
**Venue** : Lecture Hall - 1

**Summary :**

The program began with the welcome address by our Head of the Department DR. P. K. Monhanty. DR. Raj Kumar begin his speech on tumour markers. He explained the different types of tumour markers, its clinical application and recent advancement. Finally, the session was concluded with vote of thanks by DR.K.Suganthy.

Total number of participants: 152 participant including students.

Number of student participants: 147 students

  
**HEAD OF THE DEPARTMENT**  
Professor and Head  
Department of Biochemistry  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009



On 05.07.2017 as a part of Relapse prevention Program arranged by the department, Thiru Rajagovindhasamy, Director Mannar College was called as chief guest. The program was attended by 150 participants including Doctors, other professional and Patient with care givers. The program focussed on appreciating patients and families who are on treatment and the chief guest interacted with the female caregivers and addressed the social and legal issues prevalent.

*Dr. V. RAMANUJAM, M.D.D.P.M.,*  
Professor of Psychiatry  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
**ARTHRITIS AND OSTEOPOROSIS  
CELEBRATION – 2016**

**ARTHRITIS AND OSTEOPOROSIS CELEBRATION –  
2016**  
**Circular and agenda**

**CME ON ARTHRITIS AND OSTEOPOROSIS**

Date : 18th Oct 2016      Time : 2.00pm-3.00pm  
Place : Auditorium

Welcome Address  
Time : 2.00pm      **Dr N Subramanian** Rheum

Chairpersons : **Prof.Dr. S.Chandrasekaran** HOD of Medicine  
**Prof.Dr.Raviraman** HOD of Ortho  
**Prof.Dr.Shanmuganathan** Ortho Unit II Chief

Topic : **Current concepts in managing RA**  
Speaker : **Dr.N.Subramanian** Rheumatologist

Topic : **Knee Arthroscopy and Joint Replacement**  
Speaker : **Dr.K.N.Subramanian** Ortho Unit III Chief

Topic : **Management of Fragility fractures**  
Speaker : **Dr M Subbiah** Asst. Professor in Ortho

Vote of Thanks - **Dr.L.Ramya JR**  
Sponsor : **IPCA (Activa)**  
Lunch- 1pm to 2 pm - First floor dining hall.

*Dr. N. Subramanian*  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 68728



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
**ARTHRITIS AND OSTEOPOROSIS  
CELEBRATION – 2016**

---

**ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION 2016**

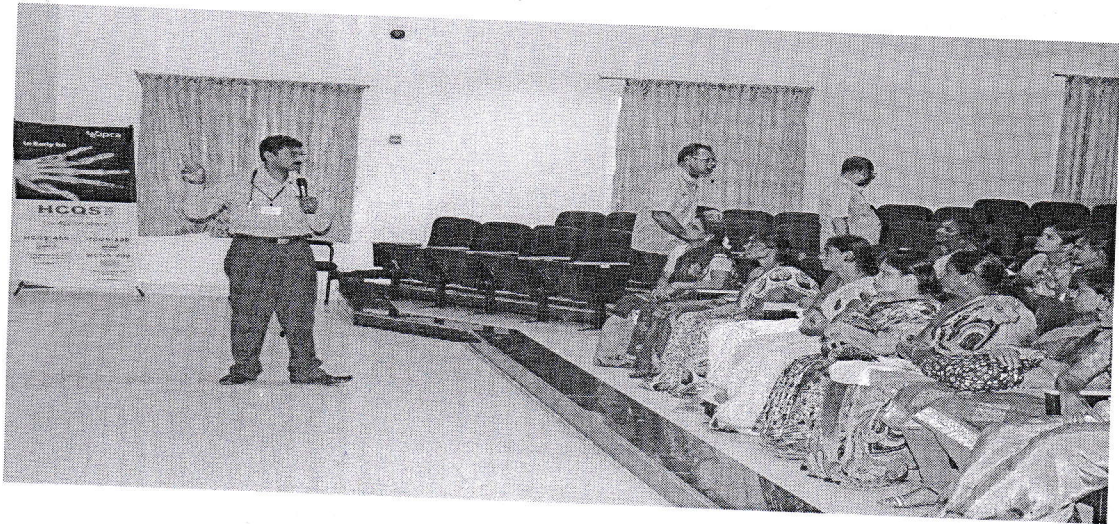
12 th October is considered as world arthritis day while 20<sup>th</sup> October is world osteoporosis day. We, in VMCH, celebrated arthritis and osteoporosis day on 18<sup>th</sup> October. The session began with a welcome address by Dr. Subramanian, rheumatologist. This was followed by small talks by Dr. Subramanian, orthopedics and Dr. Subbiah. The session ended with a vote of thanks by Dr. Ramya, department of medicine.

*N. Subramanian*  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 68726



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS  
CELEBRATION – 2016**

**ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION 2016**



**Pic 1 World arthritis and osteoporosis day 2016 Dr. Subramanian addressing the patients; Date: 18/10/2016; Venue: Seminar hall, III floor, VMCH**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS  
CELEBRATION - 2016**

World arthritis and osteoporosis day 2016

Venue: Seminar hall - III floor.

Date: 18-10-2016

Participants:

124

CME ON ARTHRITIS AND  
World Osteoporosis day

| S.No | Name                     | Dept / designation         | Signature   |
|------|--------------------------|----------------------------|-------------|
| 1    | Dr. Kesan R.S            | FVA / Associate            | [Signature] |
| 2    | DR. V. PARAMESWARAN      | SR - GEN. MEDICINE         | [Signature] |
| 3    | DR. CASEO KANAI P. KUNDA | Jr Gen Med                 | [Signature] |
| 4    | DR. USHA RAVIKUMAR       | Pathology                  | [Signature] |
| 5    | Dr. S. Thamilmani        | Pharmacology               | [Signature] |
| 6    | Dr. P. Ven. Loganathan   | Anaesthet (Gen)            | [Signature] |
| 7    | Dr. V. Manikavasagam     | Ant. Prof. Resident        | [Signature] |
| 8    | Dr. Rajapillai Deshmanee | Asst. prof. Emerg          | [Signature] |
| 9    | Dr. N. Brachadesan       | Asst. Prof. (Pharmacology) | [Signature] |
| 10   | S. S. CHANDRASEKHAR      | Prof. Gen. Med             | [Signature] |
| 11   | Dr. M. Saravanan         | AP Physiology              | [Signature] |
| 12   | Dr. Mohanraj             | Endo / Intern              | [Signature] |
| 13   | Dr. Chinnan Pandi        | Endo / Admin               | [Signature] |
| 14   | Dr. Sivagama Sundari. C  | S. R. Ophthal.             | [Signature] |
| 15   | Dr. Kannathal            | EMR - Physio               | [Signature] |
| 16   | Dr. Ruffana Vinath       | Medicine / JR              | [Signature] |
| 17   | Dr. Annadurai            | Medicine / JR              | [Signature] |
| 18   | Dr. Vimala Munassuwan    | Medicine / JR              | [Signature] |
| 19   | Dr. Dhyanan              | ENT / AP                   | [Signature] |
| 20   | Dr. Jim                  | ENT / SR                   | [Signature] |
| 21   | Dr. Muthuramalingam      | Ophthal / prof             | [Signature] |
| 22   | Dr. Rajayaseewari        | OBG / prof                 | [Signature] |
| 23   | Dr. Ganasa               | OBG / Prof                 | [Signature] |
| 24   | Dr. Ratha                | OBG / prof                 | [Signature] |
| 25   | Dr. K.V. Subramanian     | Ortho / prof               | [Signature] |
| 26   | Dr. Geetha               | ENT / Assoc                | [Signature] |
| 27   | Dr. Jeevitha             | OBG / Assoc                | [Signature] |
| 28   | Dr. Geetha               | OBG / Assoc                | [Signature] |
| 29   | Dr. Sivakala             | OBG / AP                   | [Signature] |
| 30   | Dr. Swathika             | OBG / AP                   | [Signature] |
| 31   | Dr. N. Subramanian       | Podiatry / AP              | [Signature] |
| 32   | Dr. Deepa Vinutha rani   | Ophthal                    | [Signature] |
| 33   | Dr. Geetha               | Ophthal / JR               | [Signature] |



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS  
CELEBRATION - 2016**

World arthritis and osteoporosis day 2016

Venue: Seminar hall - III floor.

Date: 18-10-2016

Participants:

OSTEOPOROSIS . Date : 18-10-2016

| Sr.No | Name                        | Dept / Designation | Signature   |
|-------|-----------------------------|--------------------|-------------|
| 34    | Dr. Pallavi                 | Dermat / AP        | [Signature] |
| 35    | Dr. Sethumma                | B/A / MD           | [Signature] |
| 36    | Dr. Jaga                    | pathology / AP     | [Signature] |
| 37    | Dr. Anandha                 | " "                | [Signature] |
| 38    | Dr. Kalpana devi            | Innate / JR        | [Signature] |
| 39    | Dr. Abinaya                 | ortho / JR         | [Signature] |
| 40    | Dr. Pradipa                 | JE / ORG           | [Signature] |
| 41    | Dr. Vikram Kumar gajjar     | MD / MD            | [Signature] |
| 42    | Dr. Rameshwar               | Ortho / prof       | [Signature] |
| 43    | Dr. Rani Selvi              | medicine / prof    | [Signature] |
| 44    | Dr. Mahalingam              | ENT / AP           | [Signature] |
| 45    | Dr. Sathishanandan          | Ors / prof         | [Signature] |
| 46    | Dr. Subbiah                 | Ortho / MD         | [Signature] |
| 47    | Dr. Prabhu Suresh           | medicine / AP      | [Signature] |
| 48    | Dr. Raja Sitaran            | ENT / prof         | [Signature] |
| 49    | Dr. Soma Sundaram           | MS / Admin         | [Signature] |
| 50    | Dr. Nithya                  | pedia / SR         | [Signature] |
| 51    | Dr. Vignesh Jagan           | Ors / MD / AP      | [Signature] |
| 52    | Dr. Jansi banu              | Ors / MD / SR      | [Signature] |
| 53    | Dr. R. yegarantha           | Dental / Prof      | [Signature] |
| 54    | Dr. Carthi Anand mohan      | Dental / AP        | [Signature] |
| 55    | Dr. Shri manikandan         | Dental / AP        | [Signature] |
| 56    | Dr. Ganasekaran             | Dermat / AP        | [Signature] |
| 57    | Dr. Ramath                  | Ors / Assoc        | [Signature] |
| 58    | Dr. G. Mathavan             | pedia / prof       | [Signature] |
| 59    | Dr. Nita raja rathinam      | pedia / prof       | [Signature] |
| 60    | Dr. Devaki                  | ORG / AP           | [Signature] |
| 61    | Dr. Votri rathalanganji     | Ortho / JR         | [Signature] |
| 62    | Dr. Danul Prudha            | ORG / JR           | [Signature] |
| 63    | Dr. Vathya lakshmi          | Surgery / JR       | [Signature] |
| 64    | Dr. Narendhranath           | MC / JR            | [Signature] |
| 65    | Dr. Shanmuga nathan         | Ortho / prof       | [Signature] |
| 66    | Dr. Rana sathyalina         | psych / AP         | [Signature] |
| 67    | Dr. Shanmuga Anandha Suresh | pedia / AP         | [Signature] |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS  
CELEBRATION - 2016

126

| S. No | Name                  | Dept / Designation | Signature   |
|-------|-----------------------|--------------------|-------------|
| 68    | Dr. Prem anand        | R.m / AP           | [Signature] |
| 69    | Dr. Nagarajan         | R.m / JR           | [Signature] |
| 70    | Dr. Arthy Jaya        | GM / PA            | [Signature] |
| 71    | Dr. L. Rameya         | GM / JR            | [Signature] |
| 72    | Dr. Sthamathava kumar | Ana / SR           | [Signature] |
| 73    | Dr. Shannugavalli     | Ana / SR           | [Signature] |
| 74    | Dr. padmasathi        | GM / JR            | [Signature] |
| 75    | Dr. Prakash karath    | Ana / SR           | [Signature] |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS  
CELEBRATION – 2016

World arthritis and osteoporosis day 2016

Venue: Seminar hall – III floor

Date: 18-10-2016

Patients and family participated

Patients attended

|                |      |
|----------------|------|
| 1. 295107      | 60/F |
| 2. சிவசுந்தரி  | 61/F |
| 3. ஜெயலக்ஷ்மி  | 62/M |
| 4. காரையப்பன்  | 56/M |
| 5. விஜயலக்ஷ்மி | 52/F |
| 6. சௌந்திரா    | 57/M |
| 7. சாரதா       | 59/F |
| 8. ச.விவா      | 58/F |
| 9. சிவசுந்தரி  | 69/M |
| 10. சிவசுந்தரி | 61/M |
| 11. சிவசுந்தரி | 56/F |
| 12. சிவசுந்தரி | 55/M |
| 13. சிவசுந்தரி | 50/M |
| 14. சிவசுந்தரி | 51/F |
| 15. சிவசுந்தரி | 72/F |
| 16. சிவசுந்தரி | 57/F |
| 17. சிவசுந்தரி | 71/M |
| 18. சிவசுந்தரி | 57/F |
| 19. சிவசுந்தரி | 53/F |
| 20. சிவசுந்தரி | 60/F |
| 21. சிவசுந்தரி | 51/F |
| 22. சிவசுந்தரி | 66/F |
| 23. சிவசுந்தரி | 53/F |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09

## LUPUS DAY CELEBRATION 2017

### Invitation

Department of General Medicine,  
VMC Hospital and Research Institute,  
Madurai.

Dated 6 May 2017

### CME

Topic : "World Lupus day"  
By  
Dr.Subramanian (Rheumatologist)  
VMCH & RI

Date : 09-05-2017  
Time : 12:00pm – 1:00pm  
Venue : Seminar hall, III floor, VMCH

All are invited,

**Prof. Dr. S. CHANDRASEKARAN, MD**  
Professor and Head  
Department of Medicine

Copy to:

Hon'ble Chairman  
Dean  
Medical Superintendent  
Department Notice Board

  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726

## Agenda:



### World Lupus Day Students and Patients' awareness meeting


Date: 9<sup>th</sup> May 2017.

Venue: Hospital Auditorium-3<sup>rd</sup> floor

Time 12 noon to 2 pm.

#### Programme

|       |                                           |                                  |
|-------|-------------------------------------------|----------------------------------|
| 12:00 | Welcome                                   | Dr N Subramanian, Rheumatologist |
| 12:10 | HOD's Address                             | Prof Dr Chandrasekaran           |
| 12:15 | Chief Guest                               | Shri Muthuramalingam, Chairman   |
| 12:20 | Students Quiz                             | Dr N Subramanian                 |
| 12:35 | Seminar on SLE by final year students     |                                  |
| 1:00  | Approach to patients with suspected SLE   |                                  |
| 1:05  | Quiz winners prize distribution and close |                                  |

  
Prof. Dr. S. Chandrasekaran  
M.D., Gen. Med.  
Specialist in Rheumatology  
Madurai



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09

## LUPUS DAY CELEBRATION 2017

### Report:

LUPUS or SLE- (systemic lupus erythematosus) is one of the commonest autoimmune diseases affecting young women of child bearing age. It is a multisystem disease and if untreated, it can cause significant morbidity and mortality. World lupus day is celebrated on 10<sup>th</sup> May all over the world, in order to raise awareness among the public, patients and doctors.

Velammal medical college hospital Medicine department had conducted Medical students quiz on SLE on 9<sup>th</sup> May and Dr Subramanian, Rheumatologist and Prof Dr Chandrasekhar HOD Medicine presided over the prize distribution. This was followed by seminars by final year students and a discussion on approach to a patient with SLE. Subsequently Dr Saravanan (Nephrologist) and Dr Subramanian discussed with the patients about SLE and also answered their concerns. There was a family meet too with little children of patients with SLE attended. The programme was concluded with memento distribution to the participants.

*N. Subramanian*

**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726

Lupus day celebrations 2017

Date: 09-05-2017

Venue: Seminar hall, VMCH

Participants:

| S.No | Name                      | Dept                    | Designation | Signature |
|------|---------------------------|-------------------------|-------------|-----------|
| 1    | Dr. P. Jaya kumar         | ms                      |             |           |
| 2    | Dr. Ganesan               | Rmo                     |             |           |
| 3    | Dr. Venkatesh             | NEUROLOGIST             |             |           |
| 4    | Dr. kavitha               | OBST. AP                |             |           |
| 5    | Dr. P. Bakas              | Genally JR              |             |           |
| 6    | Dr. Subramaniam           | Rheology AP             |             |           |
| 7    | Dr. Ganesan               | Gr. Surgery AP          |             |           |
| 8    | Dr. Mohanarajan           | Gr. Sur AP              |             |           |
| 9    | Dr. S. Danya              | OBG - JR                |             |           |
| 10   | Dr. Saiudal               | OBG - JR                |             |           |
| 11   | Dr. Sriramulu             | Nephrology - AP         |             |           |
| 12   | Dr. Sganthala             | Derma I.SR              |             |           |
| 13   | Dr. Arthyaya              | Neuro / JR              |             |           |
| 14   | Dr. Athiya Muthu          | Medicine / JR           |             |           |
| 15   | Dr. Romadi                | Ortho / JR              |             |           |
| 16   | Dr. Anilk                 | Gen                     |             |           |
| 17   | Dr. Intalatha             | ophthal / JR            |             |           |
| 18   | Dr. Chairman pandi        | RMO                     |             |           |
| 19   | Dr. P. MANIKANNAN         | ENT / SR                |             |           |
| 20   | Dr. S. Mohanapriya        | Medicine - JR           |             |           |
| 21   | Dr. L. FEBINE CORTEX      | Medicine - JR           |             |           |
| 22   | Dr. Ekalammal             | Medicine JR             |             |           |
| 23   | Dr. P.S. Anil Raji Murgas | Gen.                    |             |           |
| 24   | Dr. M. MUTHIAJ            | Gen                     |             |           |
| 25   | Dr. Vijayamand            | Anaesthesia             |             |           |
| 26   | Dr. Ashok                 | "                       |             |           |
| 27   | Dr. Jenish                | Pediatrics / prof       |             |           |
| 28   | Dr. Nethiya               | pediatrics - JR         |             |           |
| 29   | Dr. Nagarajan             | Gen / JR                |             |           |
| 30   | Dr. Ravisatani            | Med. / prof             |             |           |
| 31   | Dr. Raja Sekaran          | ENT / prof              |             |           |
| 32   | Dr. Muthuramalingam       | ophthal / prof          |             |           |
| 33   | Dr. V. Rajagopal          | Biochemistry / Au. prof |             |           |
| 34   | Dr. Ranganujan            | Psychiatry / prof       |             |           |

| S.NO | Name                      | Dept / Designation | Signature   |
|------|---------------------------|--------------------|-------------|
| 35   | Dr. Karpagavel            | Gr. sur / Asst     | [Signature] |
| 36   | Dr. Krishnamoorthy        | Anas / prof        | [Signature] |
| 37   | Dr. Ganesh prabhu         | Pa. Sur / AP       | [Signature] |
| 38   | Dr. Sivaganga Sundari     | OBC / SR           | [Signature] |
| 39   | Dr. Sathiamal             | Blood Bank MO      | [Signature] |
| 40   | Dr. prakrudesamy          | Gr. med / AP       | [Signature] |
| 41   | Dr. Mohana Rajanarayanan  | Anas / AP          | [Signature] |
| 42   | Dr. Jothi                 | Gr. med / JR       | [Signature] |
| 43   | Dr. Madhavan              | Cardio.            | [Signature] |
| 44   | Dr. Malini                | G. Medicine JR     | [Signature] |
| 45   | Dr. Asad Gowrimogutlan    | Gr. med / JR       | [Signature] |
| 46   | Dr. Ganesan               | Gr. sur / AP       | [Signature] |
| 47   | Dr. Gopinath              | Gr. sur / Assot    | [Signature] |
| 48   | Dr. Jansi bani            | Med / SA           | [Signature] |
| 49   | Dr. Balamurugan           | Ortho / AP         | [Signature] |
| 50   | Dr. Raghna Radhanthy      | SBG / Assot        | [Signature] |
| 51   | Dr. Saravanan             | paedia / Asst      | [Signature] |
| 52   | Dr. Jaya balaji           | paedia / Asst      | [Signature] |
| 53   | Dr. kalai priya           | Condi / JR         | [Signature] |
| 54   | Dr. Dhulany Brinde        | Medicine / JR      | [Signature] |
| 55   | Dr. Parthige              | Dental / JR        | [Signature] |
| 56   | Dr. Shanmuga velli        | Anas / AP          | [Signature] |
| 57   | Dr. Gopi                  | Ortho / AP         | [Signature] |
| 58   | Dr. R. Sridhara           | Med MO             | [Signature] |
| 59   | Dr. Dhyanan               | ENT / AP           | [Signature] |
| 60   | Dr. Raniga devi           | OBC / AP           | [Signature] |
| 61   | Dr. Sangeetha             | Med / AP           | [Signature] |
| 62   | Dr. V.N. Vignesh Shanthan | [Signature]        | [Signature] |
| 63   | Dr. Raneeth               | Gr. med / AP       | [Signature] |
| 64   | Dr. Rajarajeshwari        | OBC / prof         | [Signature] |
| 65   | Dr. Vignin Jena           | Med / AP           | [Signature] |
| 66   | Dr. Jaya prakar           | Med / AP           | [Signature] |
| 67   | Dr. Veerakumari           | Jr / JR            | [Signature] |
| 68   | Dr. Abha                  | AP / Gen Sm        | [Signature] |

Lupus day celebrations 2017

Date: 09-05-2017

Venue: Seminar hall, III floor, VMCH

**Patients**

|              |                |      |      |
|--------------|----------------|------|------|
| 1401160154 ✓ | Babji          | 40/F |      |
| 1309270221   | Thirujam       | 49/F |      |
| 1508100083   | Janaki         | 27/F |      |
| 1310100266   | Ramalakshmi    | 55/F |      |
| 1504010048   | Ravithra Bannu | 38/F |      |
| 1507200057   | Sethulakshmi   | 27/F |      |
| 1506010111   | Salcilal       | 44/F |      |
| 1509240215   | Shanmuga valli | 45/F | Nuro |
| 1404080177   | Pandiyammal    | 62/F | cm   |
| 1509270032   | Visaya lakshmi | 43/F |      |
| 1507110138   | Raja Nuniammal | 35/F |      |
| 1504280182   | Amuthya        | 47/F | cm   |
| 1508200132   | Valli          | 53/F |      |
| 150620233    | Sivasathya     | 27/F |      |
| 1510060240   | Amerli         | 55/F | cm   |
| 1505210126   | Chellammal     | 48/F |      |
| 1504120003   | Murugeswari    | 30/F |      |



**Lupus day celebration 2017**



**World lupus day 2017**



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09

## LUPUS DAY CELEBRATION 2018

### Invitation

Department of General Medicine,  
VMC Hospital and Research Institute,  
Madurai.

Dated 6 May 2018

### CME

Topic : "World Lupus day"  
By  
Dr. Subramanian (Rheumatologist)  
VMCH & RI

Date : 09-05-2018  
Time : 12:00pm – 1:00pm  
Venue : Seminar hall, III floor, VMCH

All are invited,

**Prof. Dr. S. CHANDRASEKARAN, MD**  
Professor and Head  
Department of Medicine

Copy to:  
Hon'ble Chairman  
Dean  
Medical Superintendent  
Department Notice Board

  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58728

## Agenda:



### World Lupus Day Students and Patients awareness meeting

Date: 9<sup>th</sup> May 2018.

Venue: Hospital Auditorium-3<sup>rd</sup> floor

Time 12 noon to 2 pm.

#### Programme

|       |                                           |                                  |
|-------|-------------------------------------------|----------------------------------|
| 12:00 | Welcome                                   | Dr N Subramanian, Rheumatologist |
| 12:10 | HOD's Address                             | Prof Dr Chandrasekaran           |
| 12:15 | Chief Guest                               | Shri Muthuramalingam, Chairman   |
| 12:20 | Students Quiz                             | Dr N Subramanian                 |
| 12:35 | Seminar on SLE by final year students     |                                  |
| 1:00  | Approach to patients with suspected SLE   |                                  |
| 1:05  | Quiz winners prize distribution and close |                                  |

  
for Prof. Dr. S. Chandrasekaran  
M.D. (Gen. Med)  
HOD Department of Medicine  
VMCH-RI, Madurai-9



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
**LUPUS DAY CELEBRATION 2018**

**Report:**

LUPUS or SLE- (systemic lupus erythematosus) is one of the commonest autoimmune diseases affecting young women of child bearing age. It is a multisystem disease and if untreated, it can cause significant morbidity and mortality. World lupus day is celebrated on 10<sup>th</sup> May all over the world, in order to raise awareness among the public, patients and doctors.

Velammal medical college hospital Medicine department had conducted awareness programme on 9<sup>th</sup> May 2018. CRRI, medical students were given a chance to give oration on various problems associated with SLE. Subsequently Dr Subramanian and Dr Saravanan discussed with the patients about SLE and also answered their concerns. There was a family meet too with little children of patients with SLE attended. Dr Subramanian thanked all for participating in the Lupus day meet.

*Dr. N. Subramanian*

Dr. N. Subramanian  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726

Lupus day celebrations 2018

Date: 09-05-2018

Venue: Seminar hall, VMCH

Participants:

| S.No | Name                        | Dept / Designation        | Signature   |
|------|-----------------------------|---------------------------|-------------|
| 1    | Dr. P. Jaya kumar           | ms                        | [Signature] |
| 2    | Dr. Ganesan                 | RMO                       | [Signature] |
| 3    | Dr. Venkatesh               | NEUROLOGIST               | [Signature] |
| 4    | Dr. kavitha                 | OBST. AP                  | [Signature] |
| 5    | Dr. P. Balarao              | Genally JR                | [Signature] |
| 6    | Dr. Subramaniam             | Rheumatology AP           | [Signature] |
| 7    | Dr. Ganesan                 | Gr. Surgery AP            | [Signature] |
| 8    | Dr. Mohanarajan             | Gr. Sur AP                | [Signature] |
| 9    | Dr. S. Danya                | OBG - JR                  | [Signature] |
| 10   | Dr. Sri Andal               | OBG - JR                  | [Signature] |
| 11   | Dr. Sri Ramalee             | Neurology - AP            | [Signature] |
| 12   | Dr. Sganthala               | Dermat SR                 | [Signature] |
| 13   | Dr. Anithya                 | Neuro / JR                | [Signature] |
| 14   | Dr. Anithya Muthu           | Medicine / JR             | [Signature] |
| 15   | Dr. Ramadevi                | Obstetrics AP             | [Signature] |
| 16   | Dr. Anith                   | Gen                       | [Signature] |
| 17   | Dr. Intalatha               | ophthal / JR              | [Signature] |
| 18   | Dr. Chairman pandi          | RMO                       | [Signature] |
| 19   | Dr. P. MANIKAVANAN          | ENT / SR                  | [Signature] |
| 20   | Dr. S. Mohanapriya          | Medicine - JR             | [Signature] |
| 21   | Dr. L. FEBINE CORTEX        | Medicine - JR             | [Signature] |
| 22   | Dr. E. Kaliammal            | Medicine IR               | [Signature] |
| 23   | Dr. P. S. Anil Raj Murugesu | GRY -                     | [Signature] |
| 24   | Dr. M. Anand                | ENT / SR                  | [Signature] |
| 25   | Dr. Vijayarani              | Anaesthesia               | [Signature] |
| 26   | Dr. Ashok                   | "                         | [Signature] |
| 27   | Dr. Jeevitha                | Pediatrics / OP           | [Signature] |
| 28   | Dr. Kethiya                 | Pediatrics - JR           | [Signature] |
| 29   | Dr. Nagarajan               | Rn / JR                   | [Signature] |
| 30   | Dr. Rani Salar              | Med / prof                | [Signature] |
| 31   | Dr. Raja Sekaran            | ENT / prof                | [Signature] |
| 32   | Dr. Muthuramalingam         | ophthal / Prof            | [Signature] |
| 33   | Dr. V. Rajagopal            | Biochemistry / Asst. prof | [Signature] |
| 34   | Dr. Ramaniyam               | Psychiatry / prof         | [Signature] |

| S.NO | Name                      | Dept / Designation | Signature   |
|------|---------------------------|--------------------|-------------|
| 35   | Dr. Karpagavel            | Gr. sur / Asst     | [Signature] |
| 36   | Dr. Kirilina moorthy      | Anas / prof        | [Signature] |
| 37   | Dr. Ganesh prabhu         | Pa.Sur / AP        | [Signature] |
| 38   | Dr. Sivagama Sundari      | OBC / SR           | [Signature] |
| 39   | Dr. Sathiammal            | Blood Bank MO      | [Signature] |
| 40   | Dr. prabhu Sany           | Gr. med / AP       | [Signature] |
| 41   | Dr. Mohana Rajanarayanan  | Anas / AP          | [Signature] |
| 42   | Dr. Jothi                 | Gr. med / JR       | [Signature] |
| 43   | Dr. Madhavan              | Cardio.            | [Signature] |
| 44   | Dr. Malini                | G. Medicine JR     | [Signature] |
| 45   | Dr. Asal Gowrimogutban    | Gr. med / JR       | [Signature] |
| 46   | Dr. Ganesan               | Gr. sur / AP       | [Signature] |
| 47   | Dr. Gobinath              | Gr. sur / Assot    | [Signature] |
| 48   | Dr. Jansi bami            | Med / SA           | [Signature] |
| 49   | Dr. Balamurugan           | Ortho / AP         | [Signature] |
| 50   | Dr. Raghava ramamoorthy   | VBG / Assot        | [Signature] |
| 51   | Dr. Saravanan             | paedia / Assot     | [Signature] |
| 52   | Dr. Jaya balaji           | paedia / Assot     | [Signature] |
| 53   | Dr. kalai priya           | cardi / JR         | [Signature] |
| 54   | Dr. Dhulany Brindha       | Medicine / JR      | [Signature] |
| 55   | Dr. Harthiga              | Dental / JR        | [Signature] |
| 56   | Dr. Shanmuga velli        | Anas / AP          | [Signature] |
| 57   | Dr. Gopi                  | ortho / AP         | [Signature] |
| 58   | Dr. R. Sindhuja           | Med MO             | [Signature] |
| 59   | Dr. Dhanyani              | ENT / AP           | [Signature] |
| 60   | Dr. Raniga devi           | OBC / AP           | [Signature] |
| 61   | Dr. Sangeetha             | Med / AP           | [Signature] |
| 62   | Dr. V.N. Vignesh Shanthan |                    | [Signature] |
| 63   | Dr. Ranesh                | Gr. med / AP       | [Signature] |
| 64   | Dr. Rajarajeshwari        | OBC / prof         | [Signature] |
| 65   | Dr. Vinitha Jena          | Med / AP           | [Signature] |
| 66   | Dr. Jaya prabha           | Med / AP           | [Signature] |
| 67   | Dr. Veera kusari          | JR / JR            | [Signature] |
| 68   | Dr. Anu                   | AP / Gen Sm        | [Signature] |

Lupus day celebrations 2018

Date: 09-05-2018

Venue: Seminar hall, III floor, VMCH

Patients:

|            |                |      |      |
|------------|----------------|------|------|
| 1401160154 | Babaji         | 40/F |      |
| 1309270221 | Thirujam       | 49/F |      |
| 1508100083 | Janaki         | 37/F |      |
| 1310100266 | Ramakalshini   | 55/F |      |
| 1504010048 | Ravithra Bannu | 38/F |      |
| 1507200057 | Sethyalakshmi  | 27/F |      |
| 1506010111 | Sakila         | 44/F |      |
| 1509240215 | Shanmuga valli | 45/F | Nuro |
| 1404080177 | Pandiyammal    | 62/F | cm   |
| 1509270032 | Visaya lakshmi | 43/F |      |
| 1507110138 | Raja Nuriammal | 35/F |      |
| 1504280182 | Amutha         | 47/F | cm   |
| 1508200132 | Valli          | 53/F |      |
| 150620233  | Sivasathya     | 27/F |      |
| 1510060240 | Amali          | 55/F | cm   |
| 1505210126 | Chellammal     | 48/F |      |
| 1504120003 | Murugeswari    | 30/F |      |



**Lupus day celebration 2018**



**World lupus day 2018**



# VELAMMAL MEDICAL COLLEGE

Department of Psychiatry, Velammal Medical College & Hospital  
cordially invites you for the programme

## MENTAL HEALTH IN WORKPLACE AND LIFE SKILLS

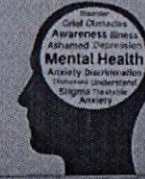
DATE : 23.10.2017

in commemoration of the World Mental Health Day - October 10th

by

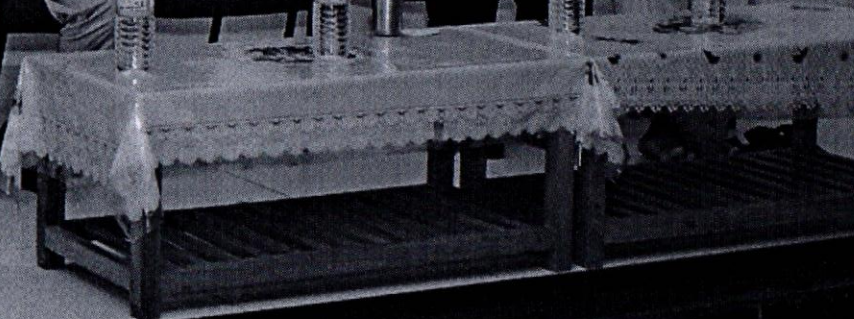
Dr. T.V. ASOKAN

Psychiatry  
SRM Institute of Science and Technology, Chennai.



WE SUPPORT  
WORLD  
MENTAL  
HEALTH  
DAY

VELAMMAL





# VELAMMAL MEDICAL COLLEGE

Department of Psychiatry, Velammal Medical College & Hospital  
cordially invites you for the program

## MENTAL HEALTH IN WORKPLACE AND LIFE STRESS

DATE: 09/17

SUPPORT  
MENTAL  
HEALTH

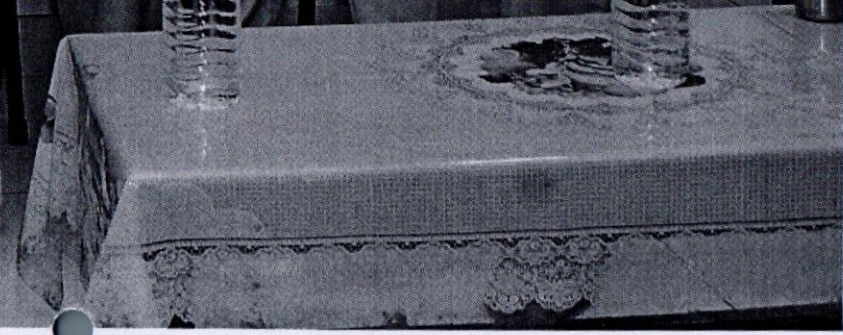
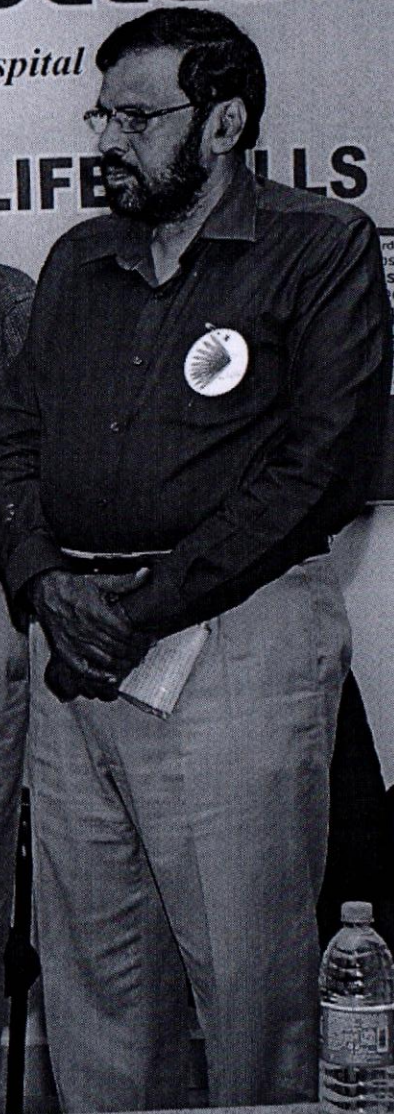
in c

n of the W

D

SR

Under  
Stress  
Stress  
Illness  
Depression  
Health  
Stigma  
Discrimination  
Understanding  
Prevention  
Support

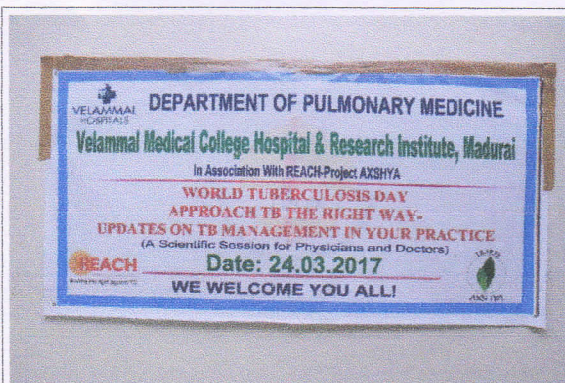


**PHOTO'S OF CME WORLD TB DAY**



Speaker dr premanath addressing the Audience on 24.03.2017  
venue: 3<sup>rd</sup> Floor Auditorium.Velammal Hospital Building

Audience in Auditorium Hall .  
Date: 24.03.2017  
venue: 3<sup>rd</sup> Floor Auditorium.Velammal Hospital Building



Banner of CME Out side Auditorium Hall.

Velammal Medical College Hospital & Research Institute  
*along with*  
Department Of Respiratory Medicine

Cordially invite you for the CME on

**"World TB Day - Commemoration"**

We from the Dept of Respiratory Medicine, VMCH Madurai in collaboration with REACH-AXSHAYA TB CARE are conducting a CME on TUBERCULOSIS highlighting the recent advances in Diagnosis & Management of Tuberculosis on the occasion of World TB Day on 24.03.2017

**TOPICS :**

1. Recent Updates in RNTCP : **Dr. P. Prem Ananth**  
DTCD.,DNR(PW.LMO),FCCP.,  
Assistant Professor,  
Dept. of Respiratory Medicine,  
VMCH&RI.
2. Standards of TB Care in India : **Dr. J. Guru Karthik M.D.,(Com.Med)**  
Medical Consultant,  
REACH AXSHAYA TB CARE.

Venue : Third Floor, Auditorium,Velammal Hospitals  
Date : 24/03/2017 (Friday) Time : 02.00pm  
Followed by High Tea

We Welcome all Doctors for the meeting and get enlightened on the recent advances in the common disease on the occasion of "World TB Day"

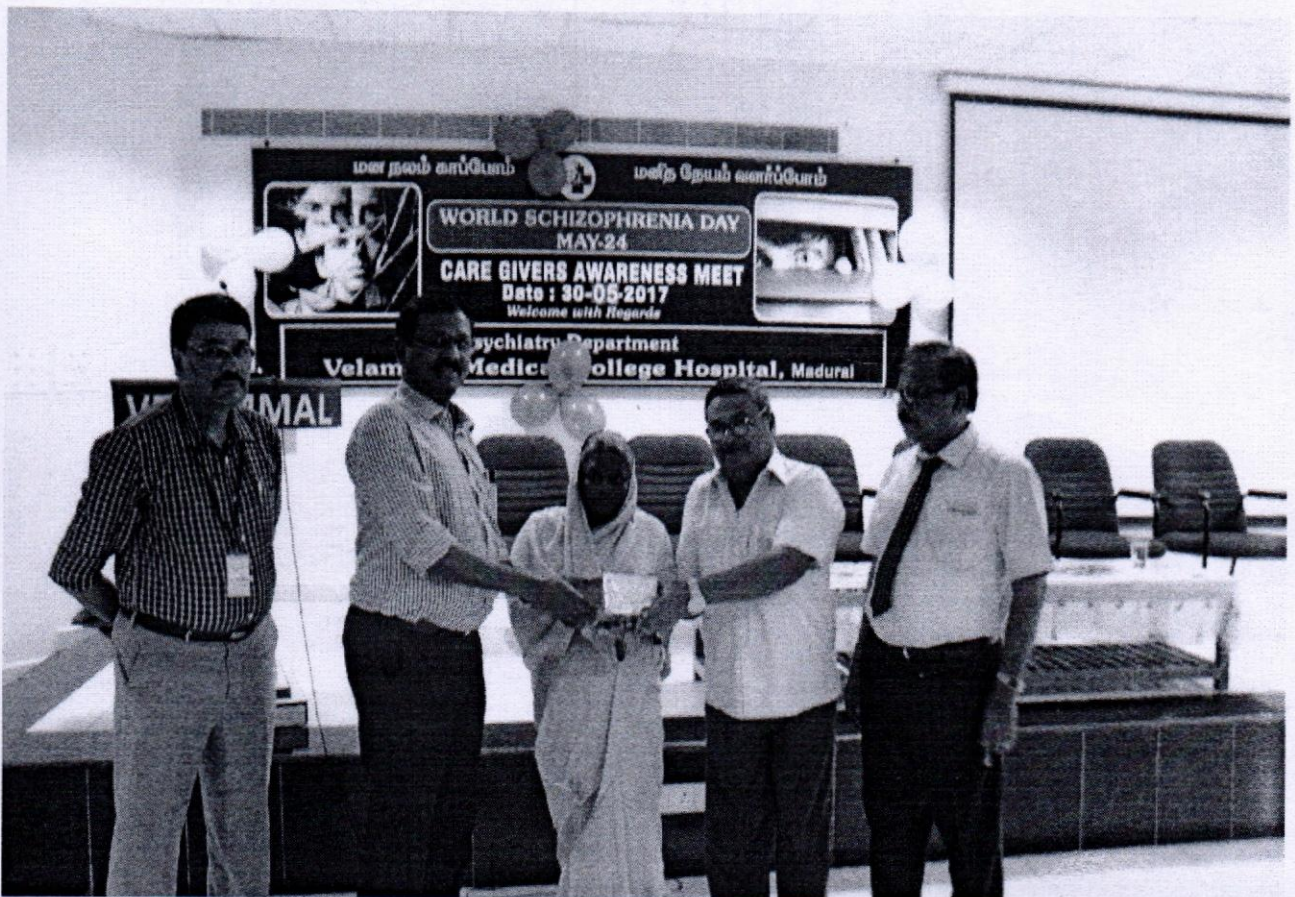
Welcome with thanks,  
The Dept of Respiratory Medicine, VMCH&RI

Invitation card of CME

28.03.2018

4







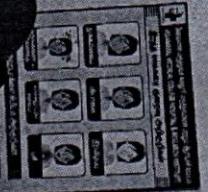
*Ramanujam*

Dr. V. RAMANUJAM, M.D.D.P.M.,  
Professor of Psychiatry  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009

# National Day Against Drug Abuse and Illicit Trafficking

## LISTEN

Listening to children and young people is the first step to help them grow healthy and safe.



Toilet





**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**Bioethics Day Celebration**

**Community outreach program – Prevention of Alcoholism**

On the eve of 19<sup>th</sup> November 2017 The Velammal Bioethics Unit at Madurai and the Velammal Bioethics students wing conducted an outreach program in a local village (PaapanKulam, Madurai, Tamil Nadu) regarding the dangers of alcoholism. With the help of the departments of community medicine and Psychiatry, the dangers of drinking alcohol was conveyed to the villagers through a testimony from an ex alcohol addict, a short drama, a Short film, Messages on placards and through Parrai a local cultural dance and music. Although the main message was to stop alcohol consumption, the public was educated on what could be done at their level in decreasing the consumption of alcohol. The following suggestions were conveyed (translation of the message in on the placards in Tamil .

1. Protect public from bad choice to consume alcohol and reduce harm by public education.
2. Alcohol causes damage to human freedom, enlighten by public information campaigns
3. Government should adopt policies for greater protection of alcohol consumers.
4. Discourage alcohol consumption by raising taxes on alcohol and restricting hours of sale.

Velammal Bioethics Steering committee member Dr. Ramanujam HOD of psychiatry welcomed the gathering. Dr. John Rajpathy Head of Velammal Bioethics unit was responsible for the coordination and conduct of the whole program. The villagers requested for more of such programs because 90% of the males in this village are alcoholics. The students gained experience in this kind of outreach and its need. Follow-up programs are lined up in this village for the coming three months. This program was successful more than our expectations.

  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009





**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009





**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009

வேலம்மாள் மருத்துவக் கல்லூரி  
மற்றும் ஆராய்ச்சி மையம் - மதுரை



**சமூக சுகாதார  
விழிப்புணர்வு திட்டம்**



சமூக நல மருத்துவத் துறை வேலம்மாள் மருத்துவக் கல்லூரி

**Department of Respiratory Medicine  
Velammal Medical College Hospital & Research Institute**

Date: 01/06/2018

**Photos on World No Tobacco Day Commemoration**



Awareness Drive at Railway station Maduri



Dignitaries at the Event



Awareness drive at Bus stand Madurai



Awareness Drive to General Public



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09**

---

**World Breastfeeding Week  
1<sup>st</sup> August – 7<sup>th</sup> August 2018**

The World breast feeding week is co-ordinated by World alliance for breast feeding action, a global network of individuals and organisations concerned with protection and promotion of Breastfeeding.

Based on WHO/UNICEF global strategy for infant and young child feeding, BFHI sets standards for quality care. This year world health assembly embraced annual celebration by member states as valuable way for breast feeding promotion everywhere.

Velammal Medical College Hospital and Research Institute is a tertiary care teaching hospital in Madurai, South India. We observed World Breast Feeding Week from August 1 – August 7, 2018. Several activities based on theme '**Breast feeding - Foundation of Life**' were carried out both in community and hospital to create awareness on breast feeding.

*09.30 mn 2018*

Dean  
**Velammal Medical College Hospital  
and Research Institute**  
"Velammal Village"  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09

**\*Activities done between (1-4 August 2018): LKT nagar, near to Urban Health Training Centre,  
Viraganoor, Madurai**

**AUGUST 2, 2018, MULLAI STREET**



IEC activities which includes charts, posters, demonstrations were organized for ANM, postnatal mothers, family members and the public with theme focussing on establishing exclusive breast feeding ,feeding infants nothing but breast milk for first six months of life prevents undernutrition and promotes brain development.

### **COMMUNITY AWARENESS**

- Introduction and the outlining of the motives of the campaign to the mothers
- Projecting placards portraying information on breast feeding
- Explained in detail on benefits of breastfeeding and its importance
- Composition of breast milk
- Various positions and attachments while feeding
- Talk was given on expressed breast milk management of breast conditions



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09

- Sessions about talk on physiology of breast feeding, latching, complementary feeding, artificial feeds and its disadvantages explained
- Importance of colostrum which is the newborn's first vaccine as vital antibodies and immunity boost protects from childhood illnesses
- Initiation of breast feeding within first hour of life safeguards against newborn deaths was also stressed among the community
- The participants also clarified their queries with the doctors

### AWARENESS PROGRAMME FOR BREAST FEEDING MOTHERS AND CAREGIVERS

- Interactive session on how breast milk works, lactating Vs bonding, care of breast before and after feed, difficulties encountered and its treatment, nutrition for mother and its advantages were explained
- Concerns of mother were clarified during this session

### LACTATION COUNSELLING FOR POSTNATAL MOTHERS GIVEN BASED ON,

- Exclusive breast feeding
- Demand feeding
- Hunger cues
- Signs of effective feeding
- Benefits to mother and baby
- Minor ailments of breast, management during postnatal period
- Can continue upto 2years

### INFANT FORMULA FEEDING DEMERITS EXPLAINED

- Malnutrition from overdiluting formula
- Risk of unsafe water, unsterilized equipment, potential bacteria in powdered formula

*69-20/11/2019*  
Dean

Velammal Medical College Hospital 3 | Page  
and Research Institute  
'Velammal Village'

Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09

- Return to breast feeding may not be an option due to decreased milk production after formula feeding was also explained.

### **SOLID FOODS SHOULD BE PHASED AFTER 6 MONTHS OF AGE**

- ✓ To meet the growing needs of baby ,mashed foods as complement to continued breast feeding
- ✓ Food to be given in spoon or cup not in bottle explained
- ✓ Clean and safe food
- ✓ Ample time needed to learn to eat solid foods



AUGUST 2, 2018

KURINJI STREET



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09



### ACTIVITIES DONE ON AUG-6/8/2018

In Rural Health Training Centre, Ladanenthal, a group of community members, post natal mothers were organized and assembled in Anganwadi Centre, a skit was enacted in view of helping every new born and to make the community realize the life saving benefits of exclusive breast feeding .



AUGUST 6, 2018

PALLIVASAL STREET



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09

### ACTIVITIES DONE ON AUG-7/8/2018

In Anganwadi centre (kozhimedu) near urban health centre, a skit was enacted and the breast feeding week message was conveyed to antenatal and postnatal mothers by the intern doctors.



AUGUST 7, 2018

KOZHIMEDU



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09**





**HOSPITAL BASED PROGRAMMES**

- **Quiz programme for III year MBBS (medical undergraduates) students** was conducted and the best team was awarded (August 1, 2018)
- **Mrs P. Haritha, counsellor trained under Breastfeeding Promotion Network of India (BPNI)** addressed the mothers in ante natal and post natal wards, our tertiary care hospital to promote breast feeding. She clarified the queries of the expectant and postnatal mothers (august 2, 2018).





**Two documentary films** directed and filmed by intern doctors were projected at the auditorium for around 300 members comprising of patients, family members, doctors and paramedical staff (August 6, 2018 ).



On August 7, 2018 - **Group discussion on Breastfeeding** -perception, problems and other concerns was well organized and moderated by Faculties of Obstetrics and Pediatrics, Velammal hospital, Madurai.

**Healthy Baby Contest** was held for babies born between feb, 2017 – February, 2018. Babies more than 3<sup>rd</sup> percentile according to BFHI was awarded based on lot system.

Door to door surveys are executed periodically for further follow up.

Faculties of department of Community medicine, Obstetrics and Pediatrics worked together and made the Breast feeding week event successful.


**Breastfeeding Foundation of life - “Inform, Anchor, Engage, Inspire”**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS DAY CELEBRATION – 2018**

**Arthritis Day Celebration – 2018**


Circular

**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS DAY CELEBRATION – 2018**

---

**ARTHRITIS DAY CELEBRATION – 2018**

Circular

**VELAMMAL**  
Medical College Hospital  
& Research Institute  
The healing touch


Department of General Medicine

CME

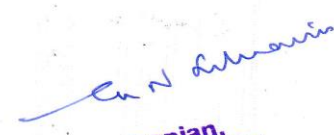
Topic : "World arthritis day"  
By  
Dr. Subramanian (Rheumatologist)  
VMCH & RI

Date : 18-10-2018  
Time : 1:00pm – 04:00pm  
Venue : Seminar Hall – IIIrd Floor Medicine wing

All are invited, (Including CRRI's posted in Medicine)

  
Prof. Dr. S. CHANDRASEKARAN, M.D., MRCGP (Rheumatology)  
Professor and Head of Department  
HOD Department of Rheumatology  
VMCH-RI, Madurai-09

Copy to:  
Hon'ble Chairman  
Dean  
Medical Superintendent  
Department Notice Board

  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726

"Velammal Village", Madurai - Tullurthi Ring Road, Anupparamba, Madurai - 625 009,  
Tamil Nadu, India, Tel : +91 462 2510310, Fax : +91 462 2510010, Toll Free No: 1800 425 00108  
E-MAIL : info@velammalmedicalcollege.edu.in, web : www.velammalmedicalcollege.edu.in



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
WORLD ARTHRITIS DAY 2018**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
WORLD ARTHRITIS DAY 2018**

**WORLD ARTHRITIS DAY 2018**

Agenda of the meet:

1. Clinical features of RA - Seminar
2. How to approach a case of RA - Seminar
3. Investigating a case of Inflammatory arthritis - Dr. Subramanian, Rheumatology
4. Practical difficulties in treating a case of arthritis - Dr. Chandrasekhar, Medicine

Discussion with the patients & family and addressing their concerns.

HOD, Department of Medicine

*N. Subramanian*  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 88728



# VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09 WORLD ARTHRITIS DAY 2018

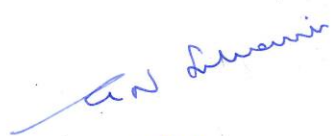


## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09 WORLD ARTHRITIS DAY 2018

### ARTHRITIS DAY CELEBRATION 2018

In India, almost 9 million patients are suffering from Rheumatoid Arthritis. People with arthritis are limited in their ability to do daily activities, for example, individual can become unable to lift objects, walking can be difficult etc. Rheumatoid Arthritis is the major cause of disability in working-age men and women.

In order to increase the awareness of arthritis among the public, patients and students, Department of Medicine had organized the Medical student Seminar and then the patient awareness meeting in our seminar hall. Prof Chandrasekhar from medicine department and Dr. Subramanian, Rheumatology talked to patients about the need to maintain long term drug compliance, regular exercises, eye and joints symptoms to be aware of and addressed their concerns and questions.

  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726



**Arthritis day 2018; offering lunch to the patients**



**Arthritis day 2018- Memento being awarded to Dr. Jerald by Dr. Subramanian and Dr. Ranisolai;**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
WORLD ARTHRITIS DAY 2018**

---



**Arthritis day 2018, distributing prizes to the presenters**



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
WORLD ARTHRITIS DAY 2018

World arthritis day 2018

Venue: Seminar hall, VMCH

Date: 18-10-2018

Participants:

**CME ON ARTHRITIS**  
III floor Seminar hall

| S.NO | NAME                | DESIGNATION | SIGNATURE |
|------|---------------------|-------------|-----------|
| 1.   | Jeyashree .K        | final       |           |
| 2.   | Divyalakshmi .S     | "           |           |
| 3.   | Kabilan .T .        | "           |           |
| 4.   | Karthika .B .       | "           |           |
| 5.   | Kisuka .S .         | "           |           |
| 6.   | Kasunikelvani       | pre-final   |           |
| 7.   | Kokila              | "           |           |
| 8.   | Haritha             | "           |           |
| 9.   | Abinaya .S          | final       |           |
| 10.  | Noresh .J           | final       |           |
| 11.  | JEFFLYNE HERMENZE . | "           |           |
| 18.  | Akhay .S            | "           |           |
| 19.  | Divyalakshmi - R.   | final       |           |
| 20.  | Akshani .S.         | "           |           |
| 21.  | Balsi .R .          | "           |           |
| 27.  | L. Anan Karthick .  | "           |           |
| 23.  | Ashraya .V .        | pre-final   |           |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
WORLD ARTHRITIS DAY 2018

World arthritis day 2018

Venue: Seminar hall, VMCH

Date: 18-10-2018

Participants:

2018 (18/10/2018)

| S.No | NAME                 | DESIGNATION | SIGNATURE   |
|------|----------------------|-------------|-------------|
| 24   | Deepan.m             | Final       | D.A.        |
| 25   | Ilari cklori .S.S.   | "           | Mamun       |
| 26   | Jeyasriya .V         | "           | Jaya        |
| 27   | Jeyaswaja .V         | Prefinal    | [Signature] |
| 28   | Karpagasothi .m      | "           | [Signature] |
| 29   | Koushika Shankari .K | Final       | [Signature] |
| 30   | Mohammed Iqbalhulla  | "           | Muthu       |
| 31   | Suprasriya           | Prefinal    | SR          |
| 32   | Malathi              | "           | Malathi     |
| 33   | Anu Threba           | Final       | Ann         |
| 34   | Geetha Krishnan      | "           | Gk          |
| 35   | Lakshmanan .R        | Final       | Lenu        |
| 36   | A. Alini Sarat       | Prefinal    | [Signature] |
| 37   | Preethi              | "           | Preethi     |
| 38   | R. Aasthi            | "           | Caunt       |
| 39   | T. Dhruva            | Awardyer    | [Signature] |
| 40   | Z. Nishalhari        | "           | [Signature] |
| 41   | S. Aslam             | "           | [Signature] |
| 42   | F. Hajira            | Final       | [Signature] |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
WORLD ARTHRITIS DAY 2018

World arthritis day 2018

Venue: Seminar hall, VMCH

Date: 18-10-2018

Participants:

**CME ON ARTHRITIS**

| S. NO. | NAME          | DESIGNATION | SIGNATURE   |
|--------|---------------|-------------|-------------|
| 43.    | ABISHKA       | Secondary   | [Signature] |
| 44.    | Siddharth     | "           | [Signature] |
| 45.    | R. Arun Kumar | Final       | [Signature] |
| 46.    | S. Apoorva    | "           | [Signature] |
| 47.    | V. Dhinith    | Prepara I.  | [Signature] |
| 48.    | Akshay V.     | "           | [Signature] |
| 49.    | V. Robin      | "           | [Signature] |
| 50.    | shyam m       | Final       | [Signature] |
| 51.    | Dr. Gobinath  | Gen. Surg   | [Signature] |
| 52.    | Dr. Prakash   | JR          | [Signature] |
| 53.    | Dr. Karanth   | Neuro       | [Signature] |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
WORLD ARTHRITIS DAY 2018

World arthritis day 2018

Venue: Seminar hall

Date: 18-10-2018

Patients and family participated.

2018 - (18/10/2018)

Patients attended

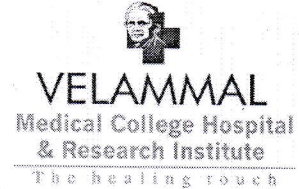
|                   |      |
|-------------------|------|
| 1. மதுரை          | 60/F |
| 2. சிமந்தி        | 61/F |
| 3. குமாரசுந்தரி   | 62/M |
| 4. காரையப்பன்     | 56/M |
| 5. கையாடுகாடி     | 52/F |
| 6. சேலா           | 57/M |
| 7. காரையப்பன்     | 59/F |
| 8. ம. சிவா        | 58/F |
| 9. கருப்பையா      | 69/M |
| 10. மணி           | 61/M |
| 11. சிமந்தி       | 56/F |
| 12. சந்திரமணி     | 55/M |
| 13. பிரவேந்திரமணி | 50/M |
| 14. சீமா          | 51/F |
| 15. சிவசுந்தரி    | 72/F |
| 16. சிந்தி        | 57/F |
| 17. ராஜசுந்தரி    | 71/M |
| 18. விஜயலக்ஷ்மி   | 57/F |
| 19. சாரங்கி       | 53/F |
| 20. பரமேஸ்வரி     | 60/F |
| 21. சிமந்தி       | 51/F |
| 22. மல்லிகை       | 66/F |
| 23. கையாடுகாடி    | 53/F |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
OSTEOPOROSIS DAY CELEBRATION – 2018

OSTEOPOROSIS DAY CELEBRATION – 2018

Circular



Department of General Medicine

CME

Topic : "World Osteoporosis day"  
By  
Dr. Subramanian (Rheumatologist)  
VMCH & RI

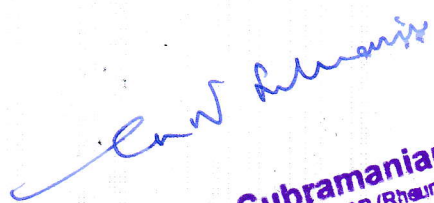
Date : 25-10-2018  
Time : 1:00pm – 04:00pm  
Venue : Seminar Hall – IIIrd Floor Medicine wing

All are invited, (Including CRRIs posted in Medicine)

  
Prof. Dr. S. CHANDRASEKARAN  
Professor and Head

Chandrasekaran  
M.D., MRCP (Rheumatology)  
HOD Department of Medicine  
VMCH, RI, Madurai-9

Copy to:  
Hon'ble Chairman  
Dean  
Medical Superintendent  
Department Notice Board

  
Dr. N. Subramanian,  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
**OSTEOPOROSIS DAY CELEBRATION – 2018**

---

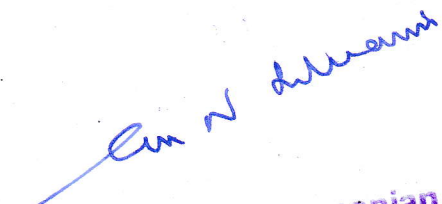
WORLD OSTEOPOROSIS DAY 2018

Agenda of the meet:

1. Pathophysiology of osteoporosis - Seminar
2. Investigating a case of osteoporosis - Seminar
3. Importance of osteoporosis screening – Dr. Subbiah, ortho
4. Recent advances in management of Osteoporosis – Dr. Subramanian, Rheumatology
5. Medical management of osteoporotic fracture - Dr. Ramesh

Discussion with the patients & family and addressing their concerns.

HOD, Department of Medicine

  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
OSTEOPOROSIS DAY CELEBRATION – 2018

OSTEOPOROSIS DAY CELEBRATION 2018

In order to increase the awareness of osteoporosis among the public, patients and students, Department of Medicine had organized the Medical student Seminar and then the patient awareness meeting in our seminar hall. Prof Chandrasekhar from medicine department and Dr. Subramanian, Rheumatology talked to patients about the need to maintain long term drug compliance, regular exercises, eye and joints symptoms to be aware of and addressed their concerns and questions. There were also lectures on management of osteoporosis for students by Dr. Ramesh, Medicine and Dr. Subbiah, Orthopedics.

*N. Subramanian*  
Dr. N. Subramanian  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 68726

## **World kidney day celebration and Model making competition**

**25.1.19**

### **Report**

As a part of celebrating World Kidney Day, a model making competition and guest lecture was conducted by the department of Physiology for first MBBS students on 25.1.2019. 39 students were divided into ten teams and ten different topics (One topic for each team) in "Renal Physiology" were assigned randomly. The invited guests for the event are Dr Vel Arvind, consultant Nephrologist in Trichy Apollo Hospitals and Dr Sriramulu, Nephrologist from VMCH & RI. All the faculty from the department of Physiology and Mr Rajan from biomedical department of VMCH & RI were instrumental in helping the students make the models. All the 10 models were kept for presentation in both amphibian and mammalian labs. The topics of models were given to students in a way they can understand and create the models based on the mechanism and physiology behind the functioning of renal system. The judging of the models started at 10 am on the day of the event and judges spent around 10-15 minutes for each model. Judges not only questioned about the functioning of the models but also gave inputs on recent clinical aspects of that particular topic. Judging got over by 12pm. Thereafter the event continued in Lecture hall 1. Dr Keba from Dept. of Physiology welcomed the gathering and introduced the speakers. The first speech was by Dr Sriramulu and it was on "Renal Physiology from Nephrologist's point of view", and the second speech was given by Dr Vel Arvind and he talked about the "Clinical aspects of renal Physiology". At the end, the winners of the model making competition were announced. The prize distribution ceremony was presided over by The Dean and Vice Principal of VMCH & RI. The list of winners is given below. In addition to the prizes given to the winning teams, consolation prize of Rs 500 was given to all the teams that participated in the event. Mementos to the chief guests were given by The Dean and Vice Principal. A special token of appreciation was given to Mr Rajan for his efforts in making all the working models. The event ended with Dr Anu (Prof and Head, Dept of Physiology) giving the vote of thanks.



Dean

**Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009**

### Teams of renal model making:

|                                                                                                                   |                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| Topic: Water Reabsorption<br>1. Lalana M<br>2. Hannasha M<br>3. Himawani<br>4. Lydia J                            | Topic: Cystometrogram<br>1. VS Archana<br>2. S Shobika<br>3. RM Logita<br>4. G Sudeeksha                      |
| Topic: Micturition Reflex<br>1. Srevarssini N<br>2. Niveditha VS<br>3. Dhanushya R                                | Topic: Hemodialysis<br>1. Ajithesh<br>2. Aditya Rahul<br>3. Ajay Sreevatsav<br>4. Shanmathy                   |
| Topic: Glomerular filtration<br>1. Anusha MD<br>2. Akshaya B<br>3. Uvadarshana K<br>4. Monica R                   | Topic: Tubuloglomerular feedback<br>1. Sidharth M Rahejaa<br>2. Sheshank<br>3. Darshana R<br>4. Varsha Ganesh |
| Topic: Countercurrent mechanism<br>1. Karthika RS<br>2. Dharshana S<br>3. Dharshini S<br>4. Mohammed Issaq Ismail | Topic: Glucose reabsorption<br>1. Venkat vidhur<br>2. Vishwak Shena<br>3. Sarvesh<br>4. Rehan Jeshua          |
| Topic: JG Apparatus<br>1. Joyal S<br>2. Shanmugasundaram S<br>3. Muthukumar K<br>4. Nandhakumar GR                | Topic: Glomerulotubular balance<br>1. Aravind Raghav<br>2. Sanjay T<br>3. Riya joseph<br>4. Smirithi Rajkumar |

*Dr. S. S. Srinivasan*  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Arappanadi, Madurai (TN)-625 009

**Winners of the competition:**

1<sup>st</sup> place (Rs 2000 & certificates)

Team of Ajithesh, Aditya Rahul, Ajay Sreevatsav, Shanmathy.

Topic – Hemodialysis

2<sup>nd</sup> place (Rs 1500 & certificates) – Shared between two teams.

Team of Aravind Raghav, Sanjay T, Riya joseph, Smirithi Rajkumar.

Topic – Gloemerulotubular balance

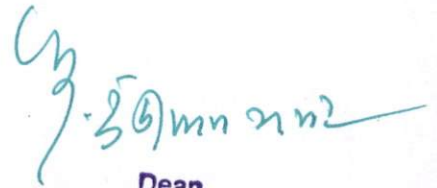
Team of Karthika RS, Dharshana S, Dharshini S, Mohammed Issaq Ismail.

Topic – Countercurrent mechanism

3<sup>rd</sup> place (Rs 1000 & certificates)

Team of VS Archana, S Shobika, RM Logita, G Sudeeksha.

Topic – Cystometrogram



Dean

**Velammal Medical College Hospital  
and Research Institute**  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009

## Photos

Venue: Department of Physiology – Amphibian Laboratory, Lecture Hall 1



**Circular and Invitation**

**Department of Physiology  
Velammal Medical College Hospital and Research Institute  
Madurai**

**Invitation**

Department of Physiology cordially invites you for the Renal model making competition and guest lecture as a part of World Kidney Day celebrations on 25.1.19

Topics:

**Renal Physiology – Nephrologist view**

Speaker

1. Dr.Sriramulu  
Consultant Nephrologist  
Velammal Medical College Hospital & Research Institute  
Madurai

**Clinical aspects of renal Physiology**

Speaker

2. Dr. Vel Arvind  
consultant Nephrologist  
Trichy Apollo Hospitals  
Trichy

Venue: Lecture Hall 1  
First floor  
Velammal Medical College  
Madurai

Time: 10 am

Followed by High tea.

Welcome with Thanks,  
Department of Physiology  
Velammal Medical College Hospital & Research Institute  
Madurai

  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009

65/86

## Participants


As the event was executed in regular theory hours, all the students of First year MBBS 2018-19 batch participated in the program.

### Faculty Participant list:

1. Dr.Raja Muthaiah, Dean, VMCHRI
2. Dr.Mohanty, Vice-Principal
3. Dr.S.Anu, Professor, Physiology
4. Dr.JohnRajpathy, Professor, Physiology
5. Dr.M.Shanthi, Professor, Physiology
6. Dr.Suganthi, Professor, Biochemistry
4. Dr.M.Saravanan, Associate Professor, Physiology
5. Dr.KaniethaPriya, Assistant Professor, Physiology
6. Dr.K.Rekha, Assistant Professor, Physiology
7. Dr.Keba, Assistant Professor, Physiology
8. Dr.Jeyakumar, Assistant Professor, Biochemistry

25.1.19

Dr.S.Anu  
Professor and Head  
Department of Physiology

  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**

**Invitation**

Department of General Medicine,  
VMC Hospital and Research Institute,  
Madurai.

Dated 6 May 2019

**CME**

Topic : "World Lupus day"  
By  
Dr. Subramanian (Rheumatologist)  
VMCH & RI

Date : 09-05-2019  
Time : 12:00pm – 1:00pm  
Venue : Seminar hall, III floor, VMCH

All are invited,

**Prof. Dr. S. CHANDRASEKARAN, MD**  
Professor and Head  
Department of Medicine

Copy to:  
Hon'ble Chairman  
Dean  
Medical Superintendent  
Department Notice Board

  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**




**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**

**Agenda:**

**World Lupus Day Students & Patients awareness  
meeting 2019**

|       |                                 |                                  |
|-------|---------------------------------|----------------------------------|
| Date: | 9-05-2019                       | Venue: Auditorium, VMCH          |
| Time: | 12:00pm – 01:00pm               |                                  |
| 12:00 | Welcome                         | Dr.N.Subramanian, Rheumatologist |
| 12:10 | HOD Address                     | Prof.DrChandrasekaran            |
| 12:15 | Chief Guest                     | Shri Muthuramalingam, Chairman   |
| 12:20 | Students' Quiz                  | Dr N.Subramanian                 |
| 12:35 | Seminar on SLE                  | by final year students           |
| 1:00  | Approach to patients            | with suspected SLE               |
| 1:05  | Quiz winners prize distribution | and close                        |

  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**

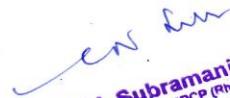


**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**

**Report:**

LUPUS or SLE- (systemic lupus erythematosus) is one of the commonest autoimmune diseases affecting young women of child bearing age. It is a multisystem disease and if untreated, it can cause significant morbidity and mortality. World lupus day is celebrated on 10<sup>th</sup> May all over the world, in order to raise awareness among the public, patients and doctors.

Velammal medical college hospital Medicine department had conducted awareness programme on 9<sup>th</sup> May 2019. CRRI, medical students were given a chance to give oration on various problems associated with SLE. Subsequently Dr Subramanian and Dr Saravanan discussed with the patients about SLE and also answered their concerns. There was a family meet too with little children of patients with SLE attended. Dr Subramanian thanked all for participating in the Lupus day meet.

  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**

Lupus day celebrations 2019

Date: 09-05-2019

Venue: Seminar hall, VMCH

Participants:

| S.No | Name                          | Dept                    | Designation | Signature |
|------|-------------------------------|-------------------------|-------------|-----------|
| 1    | Dr. P. Jaya kumar             | MS                      |             |           |
| 2    | Dr. Ganesan                   | RMO                     |             |           |
| 3    | Dr. Venkatesh                 | NEUROLOGIST             |             |           |
| 4    | Dr. kavitha                   | DBS - AP                |             |           |
| 5    | Dr P. Babaraj                 | Chusality JR            |             |           |
| 6    | Dr. Subramaniam               | Rheumatology AP         |             |           |
| 7    | Dr. Ganesan                   | Gr. Surgery AP          |             |           |
| 8    | Dr. Mohanarajan               | Gr. Sur AP              |             |           |
| 9    | Dr. S. Danya                  | OPG - JR                |             |           |
| 10   | Dr. Sridhal                   | OPG - JR                |             |           |
| 11   | Dr. Srisamalu                 | Nephrology - AP         |             |           |
| 12   | Dr. Siganthala                | Dermatol. SR            |             |           |
| 13   | Dr. Anithya                   | Neuro / JR              |             |           |
| 14   | Dr. Athiya Muthu              | Medicine / JR           |             |           |
| 15   | Dr. Ramadurai                 | Orthopedic AP           |             |           |
| 16   | Dr. Anilk                     | ICU                     |             |           |
| 17   | Dr. Intalatha                 | ophthal / JR            |             |           |
| 18   | Dr. Chaiman pandi             | RMO                     |             |           |
| 19   | Dr. P. MANIKAVANAN            | ENT / SR                |             |           |
| 20   | Dr. S. Mahapriya              | Medicine - JR           |             |           |
| 21   | Dr. L. FEBINE CORTEX          | Medicine - JR           |             |           |
| 22   | Dr. E. KALIAMMAI              | Medicine JR             |             |           |
| 23   | Dr. P. S. Arul Raji Murugesan | GPH                     |             |           |
| 24   | Dr. M. MURUGAN                | Surgeon                 |             |           |
| 25   | Dr. V. Jayarand               | Anaesthesia             |             |           |
| 26   | Dr. Ashok                     | "                       |             |           |
| 27   | Dr. Jeevish                   | Pediatrics / AP         |             |           |
| 28   | Dr. Nethiya                   | pediatrics - JR         |             |           |
| 29   | Dr. Nagarajan                 | An / JR                 |             |           |
| 30   | Dr. Ramesh Babu               | Med / prof              |             |           |
| 31   | Dr. Raja Sekaran              | ENT / prof              |             |           |
| 32   | Dr. Muthuramalingam           | ophthal / Prof          |             |           |
| 33   | Dr. V. Rajagopal              | Biochemistry / Au. prof |             |           |
| 34   | Dr. Ramarajam                 | Psychiatry / prof       |             |           |



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**

Lupus day celebrations 2019

Date: 09-05-2019

Venue: Seminar hall, VMCH

Participants:

| S.NO | Name                      | Dept / Designation | Signature   |
|------|---------------------------|--------------------|-------------|
| 35   | Dr. Karpagavel            | Gr. sur / Asst     | [Signature] |
| 36   | Dr. Kirilina moorthy      | Anas / prof        | [Signature] |
| 37   | Dr. Ganesh prabhu         | Pa.Sur / AP        | [Signature] |
| 38   | Dr. Sivagana Sundari      | OBG / SR           | [Signature] |
| 39   | Dr. Sathiammal            | Blood Bank MO      | [Signature] |
| 40   | Dr. prabhu Sany           | Gr. med / AP       | [Signature] |
| 41   | Dr. Mohana Rajanram malan | Anas / AP          | [Signature] |
| 42   | Dr. Jagan                 | Gr. med / JR       | [Signature] |
| 43   | Dr. Madhavan              | Cardio.            | [Signature] |
| 44   | Dr. Malini                | G. Medicine JR     | [Signature] |
| 45   | Dr. Asal Gowrinogathan    | Gr. med / JR       | [Signature] |
| 46   | Dr. Ganesan               | Gr. sur / AP       | [Signature] |
| 47   | Dr. Gopinath              | Gr. sur / Asst     | [Signature] |
| 48   | Dr. Jansi bani            | Med / SA           | [Signature] |
| 49   | Dr. Belamurugan           | Ortho / AP         | [Signature] |
| 50   | Dr. Rethna namamathy      | SRG / Asst         | [Signature] |
| 51   | Dr. Saravanan             | paedia / Asst      | [Signature] |
| 52   | Dr. Jaya balaji           | paedia / Asst      | [Signature] |
| 53   | Dr. kalai priya           | Cardi / JR         | [Signature] |
| 54   | Dr. Dhulany Brindha       | Medicine / JR      | [Signature] |
| 55   | Dr. Parthige              | Dental / JR        | [Signature] |
| 56   | Dr. Shanmuga velli        | Anas / AP          | [Signature] |
| 57   | Dr. Gopi                  | Ortho / AP         | [Signature] |
| 58   | Dr. R. Sindhija           | Med MO             | [Signature] |
| 59   | Dr. Dhyanan               | ENT / AP           | [Signature] |
| 60   | Dr. Raniga devi           | OBG / AP           | [Signature] |
| 61   | Dr. Sangeetha             | Med / AP           | [Signature] |
| 62   | Dr. V.N. Vignesh Shanthan | [Signature]        | [Signature] |
| 63   | Dr. Ranesh                | Gr. med / AP       | [Signature] |
| 64   | Dr. Rajarajeshwari        | OBG / prof         | [Signature] |
| 65   | Dr. Vijin Jena            | Med / AP           | [Signature] |
| 66   | Dr. Jaya pratari          | Med / AP           | [Signature] |
| 67   | Dr. Veera kusari          | JR / JR            | [Signature] |
| 68   | Dr. Anil                  | AP / Gen Sm        | [Signature] |



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**

Lupus day celebrations 2019

**Date:** 09-05-2019

**Venue:** Seminar hall, III floor, VMCH

**Patients:**

|            |                |      |      |
|------------|----------------|------|------|
| 1401160154 | Bafii          | 40/F |      |
| 1309270221 | Thirujam       | 49/F |      |
| 1508100083 | Janagi         | 37/F |      |
| 1310100266 | Ramalakshmi    | 55/F |      |
| 1504010048 | Ravithra Bannu | 38/F |      |
| 1507200057 | Sethulakshmi   | 29/F |      |
| 1506010111 | Sakila         | 44/F |      |
| 1509240215 | Shanmuga Valli | 45/F | Nuro |
| 1404080177 | Pandiyammal    | 62/F | cm   |
| 1509270032 | Vijaya lakshmi | 43/F |      |
| 1507110138 | Raja Nuniammal | 35/F |      |
| 1504280182 | Amuthya        | 47/F | cm   |
| 1508200132 | Valli          | 53/F |      |
| 150620233  | Sivasathya     | 29/F |      |
| 1510060240 | Amali          | 55/F | cm   |
| 1505210126 | Chellammal     | 48/F |      |
| 1504120003 | Murugeswari    | 30/F |      |



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**



**Lupus day celebration 2019**



**World lupus day 2019**



**VELAMMAL MEDICAL COLLEGE HOSPITAL &  
RESEARCH  
INSTITUTE, MADURAI-09  
LUPUS DAY CELEBRATION 2019**



**World lupus day celebration 2019**



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09

### Report- World Breastfeeding Week 2019

World Breastfeeding Week is celebrated every year from August 1<sup>st</sup> to 7<sup>th</sup> to encourage breastfeeding practices and thereby improve the health of babies around the world. The theme for this year's World Breastfeeding Week was **"Empower Parents, Enable Breastfeeding."**


The World Breast Feeding Week 2019 was celebrated at Velammal Medical College and Hospital, Madurai from August 1<sup>st</sup> to August 7<sup>th</sup>. As a part of the celebration, various activities were organized by Community Medicine and Pediatrics department.

From the department of Community Medicine, an awareness program was organized on breast feeding by conducting **"Healthy Baby Healthy Mother"** competition at five Anganwadi Centres.

Five anganwadi centres were randomly selected (Samanatham, Panaiyur, Panaiyur west, Aiyannarpuram and Gajendrapuram of Madurai district) and the competition was conducted among mothers having children less than two years of age. A structured questionnaire was prepared and validated from experts, questions were based on early initiation of breast feeding, exclusive breast feeding, demand feeding, time of initiation of weaning, continuation of breast feeding after weaning, burping the baby and frequency of respiratory tract infections and diarrheal disease per year.

The weight and height of the children were measured. The weight for age and height for age was assessed. Three mothers from each anganwadi centres were selected based on breast feeding practices, incidence of respiratory tract infections and diarrheal diseases and growth of the child. They were given gifts and awarded as **"Healthy baby and Healthy mother"**.

To promote awareness among pregnant and nursing women, the award winning mothers were encouraged to talk about their experiences and the benefits achieved by exclusive breast feeding. This was followed by a health education session highlighting the importance of early initiation of breast feeding, avoidance of prelacteal feeds, exclusive breastfeeding for six months, continuing breastfeeding till two years, avoiding formulae feeds and its disadvantages and the benefits achieved by the mother and baby by following the appropriated feeding practices. The myths and beliefs of mothers regarding breast feeding were clarified at the end of the session.

  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09



**Healthy baby and healthy mother competition at Anganwadi centre**

As a part of academic activity and create awareness among MBBS students, Community Medicine department organized “E poster competition” among MBBS students. Competition was focused on the importance of breast feeding and the theme for breast feeding week. Best three posters were selected and prizes were given.



**Winners of E-poster competition- MBBS students**



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09

As a part of this celebration, from the department of Pediatrics, an “**Anticipatory Guidance program**” was held for the Antenatal mothers and Lactation counselling was given by Lactation counselor Mrs. Haritha.

‘**Lactation Skills Training Program**’ was held for the CRRIs, Pediatrics and OBG nurses and nursing students. Power point presentation and interesting videos were presented following which ‘Lactation skills Stations’ were organized for them on various days.

“**Lactation counselling program**” was organized for postnatal mothers. CRRI, (Tamil Nila) gave a speech on breast feeding, which was followed by PowerPoint Presentation and videos by pediatrician (Dr. S. Revathy) on basic lactation skills for the mothers followed by a question and answer session. Mothers were extremely interested and happy and they wanted to share the details to others also.

On the final day of the World Breast Feeding Week celebration, (07-08-2019) the ‘Valedictory Ceremony’ was held. The Dean Dr. R. M. Raja Muthiah, The Medical Superintendent Dr. S. Somasundaram, The Vice Principal Dr. Mohanthy, OBG HOD Prof. Dr. S. Raja Rajeswari, OBG Professors Dr. C. Shanthi and Dr. K. S. Chitra and Professor of Community Medicine Dr. Trupti honoured the occasion. Paediatric department HOD, Prof. Dr. G. Mathevan, welcomed the gathering. Prof. Dr. S. Nataraja Rathinam, from the department of Pediatrics gave a speech on the theme of this year WBW, “EMPOWER PARENTS – ENABLE BREASTFEEDING”. Prof. Dr. R. V. Jeyabalaji and the other faculties from the department of Pediatrics were present on the occasion.

The Nursing Superintendent, the Nursing Supervisor, the best performers among the Nurses and Nursing students were awarded with prizes. The first three best ‘e-posters’ were awarded in this function by the Department of Community Medicine. Finally, a quiz program was held for the MBBS students and prizes were awarded to the winners. The ‘World Breastfeeding Week celebration’ ended with vote of thanks by Dr. M. Saravanan.

Dean

Velammal Medical College Hospital  
and Research Institute  
‘Velammal Village’  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



# VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09





**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09**



WABA | WORLD BREASTFEEDING WEEK  
1-7 AUGUST 2019

*Certificate of Participation*

This is to certify that

**Velammal Medical College  
Hospital & Research Institute  
Madurai, Tamil Nadu**

has successfully celebrated

**World Breastfeeding Week 2019**

*Amal Omer-Salim*

Dr Amal Omer-Salim  
WABA Executive Director



The World Alliance for Breastfeeding Action (WABA)  
PO Box 1200, 10850 Penang, Malaysia  
Tel: 60-4-658 4816 Fax: 60-4-657 2655  
Email: [waba@waba.org.my](mailto:waba@waba.org.my)  
[www.waba.org.my](http://www.waba.org.my) [www.worldbreastfeedingweek.org](http://www.worldbreastfeedingweek.org)



Parental social  
protection policies  
and legislation



Parent-friendly  
workplaces in both formal  
and informal sectors



Parent-friendly values  
and gender-equitable  
social norms



# VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09





# VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09





**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09**



**INDIA: WORLD BREASTFEEDING WEEK (1-7 AUGUST 2019)**

**Empower parents, enable breastfeeding**

**Now and for the future!**

***Certificate of Achievement***

*is presented to*

**Velammal Medical College Hospital & Research Institute  
Madurai, Tamil Nadu**

*for the contribution towards celebration of  
World Breastfeeding Week 2019*

**Dr. Arun Gupta**  
Central Coordinator, BPNI

**Dr. J.P. Dadhich**  
National Coordinator, BPNI

[www.bpni.org](http://www.bpni.org)

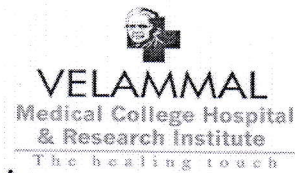
[bpni@bpni.org](mailto:bpni@bpni.org)



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION – 2019

ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION – 2019

Circular



Department of General Medicine

CME

Topic : "Arthritis and osteoporosis"  
By  
Dr. Subramanian (Rheumatologist)  
VMCH & RI

Date : 10-10-2019  
Time : 1:00pm – 04:00pm  
Venue : Seminar Hall – IIIrd Floor Medicine wing

All are invited, (Including CRRI's posted in Medicine)

Prof. Dr. S. CHANDRASEKAR  
Professor and Head  
HOD Department of Medicine  
VMCH-RI, Madurai-9

Copy to:  
Hon'ble Chairman  
Dean  
Medical Superintendent  
Department Notice Board

"Velammal Village", Madurai - Tuticorin Ring Road, Anuppanadi, Madurai - 625 009,  
Tamil Nadu, India. Tel : +91 452 2510000. Fax : +91 452 2510010. Toll Free No. 1800 425 00108  
E-mail : info@velammalmedicalcollege.edu.in Web : www.velammalmedicalcollege.edu.in

*Dr. N. Subramanian*  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION – 2019**

**WORLD ARTHRITIS AND OSTEOPOROSIS DAY 2019**

Agenda of the meet:

1. Pathophysiology of Reactive arthritis and psoriatic arthritis - Seminar
2. Radiological changes in psoriatic arthritis – Dr. Mariappan, Radiology
3. Recent advances in management of psoriatic arthritis –

Dr. Subramanian, Rheumatology

5. Osteoporotic fracture and management – Dr. K.N. Subramanian, Orthopedics
6. Interpretation of DEXA scan and management - Dr. Jerald, Medicine
7. Bone health and importance - Dr. Sangeetha, Medicine

Discussion with the patients & family and addressing their concerns.

HOD, Department of Medicine

*Dr. N. Subramanian*  
**Dr. N. Subramanian,**  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION – 2019

ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION 2018

*Don't Delay, Connect Today*

On 12<sup>th</sup> October every year, World Arthritis day awareness programs are being conducted across the Globe uniting the people to increase the awareness on Rheumatic and Musculoskeletal disorders. Rheumatoid Arthritis (RA) is an extremely painful and debilitating disease with a very high prevalence rate in general population. However the awareness about this disease is low, this poses a significant challenge in early detection, treatment and slowing the disease progression.

In India, almost 9 million patients are suffering from Rheumatoid Arthritis. People with arthritis are limited in their ability to do daily activities, for example, individual can become unable to lift objects, walking can be difficult etc. Rheumatoid Arthritis is the major cause of disability in working-age men and women.

Early RA diagnosis and early treatment is critical to slow down the progression of disease. The three S-factors viz. Joint **Stiffness**, Persistent **Swelling & Squeezing** of joints leading to pain, may indicate Rheumatoid arthritis. Delay may cause damage to joints, and long-term disability.

Apart from DMARDS, we now have biologics and bio-similar, which are commonly used in developed countries, but also being increasingly initiated in India to control the inflammatory arthritis and comes at affordable cost. Ultimately as any inflammatory long-term disease is considered a cardiovascular risk, it is imperative to control them effectively to improve the quality of life.

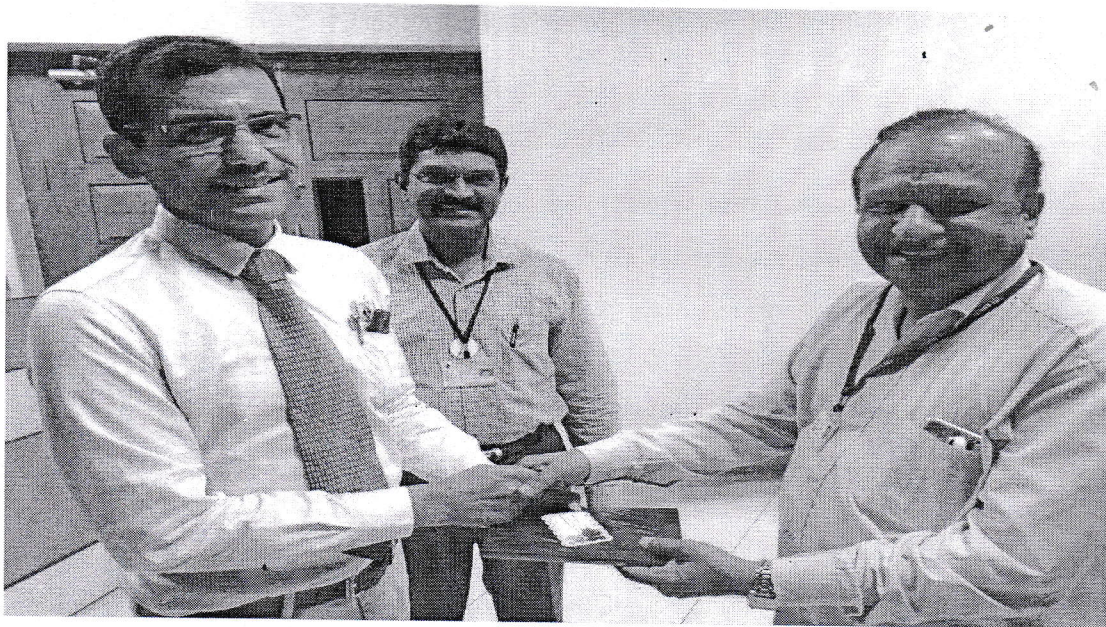
In order to increase the awareness of arthritis and osteoporosis among the public, patients and students, department of medicine had organized lectures on different aspects of inflammatory arthritis and then the patient awareness meeting. Dr. Jerald and Dr. Subramanian talked to the patients about the importance of bone health and addressed their concerns.

*Dr. N. Subramanian*  
Dr. N. Subramanian,  
M.D., MRCP, MRCP (Rheumatology)  
Reg No: 58726

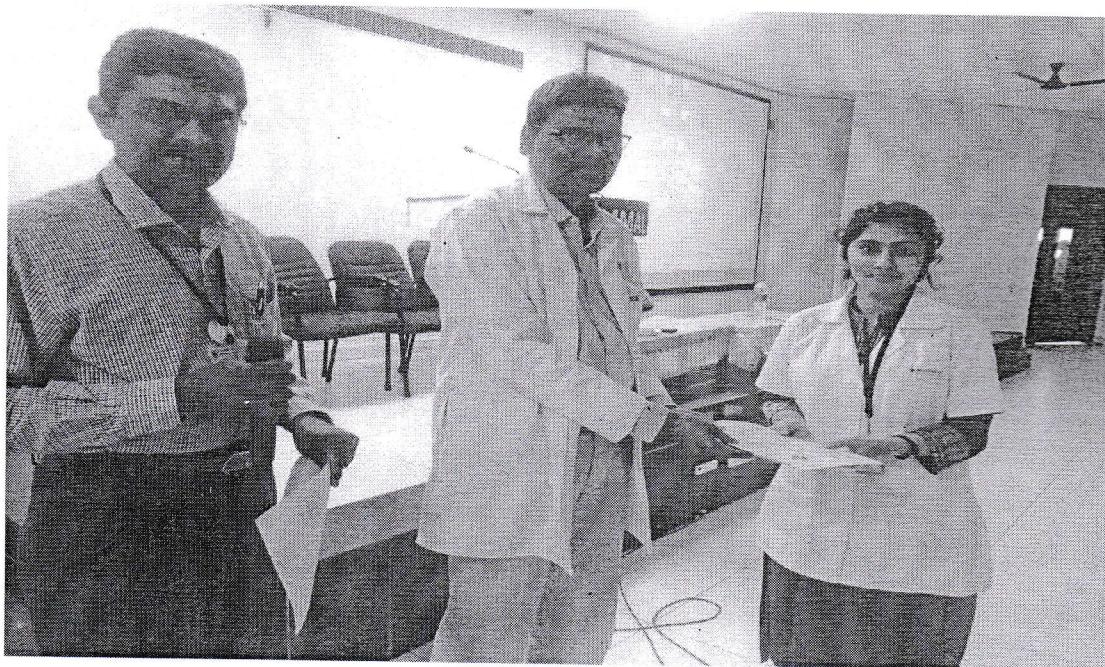


**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION – 2019**

---



**Pic 1 Arthritis and osteoporosis day 2019; offering memento; Date: 10-10-2019; Venue: Seminar hall, VMCH**



**Pic 2 Arthritis and osteoporosis day 2019; distributing prizes to the presenters; Date: 10-10-2019; Venue: Seminar hall, VMCH**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION – 2019**

World arthritis and osteoporosis day 2019

Venue: Seminar hall, VMCH

Date: 10-10-2019

Participants:

## CME ON ARTHRITIS

| S-NO | NAME                         | DESIGNATION   | SIGNATURE   |
|------|------------------------------|---------------|-------------|
| 1)   | NIROSHINI B                  | FINAL YEAR    | NIROSHINI B |
| 2)   | Haridha K                    | FINAL YR.     |             |
| 3)   | Anunkarthik R                | "             |             |
| 4)   | LAKSHMI PRIYA                | "             |             |
| 5)   | Sruanya A                    | "             |             |
| 6)   | NITHYA SURESH                | "             |             |
| 7)   | Prayanga R                   | "             |             |
| 8)   | Araam A                      | "             |             |
| 9)   | AYYAMPEDUMAR<br>AMIRTHAMEENA | FINAL<br>YEAR |             |
| 10)  | SARITA R                     | THIRD YEAR    |             |
| 11)  | Saumya prabha                | "             |             |
| 12)  | Atharva narayanan            | "             |             |
| 13)  | AASHISH KUMAR P.R            | FINAL YEAR    |             |
| 14)  | Sueta Reshmi                 | second year   |             |
| 15)  | Venkatash K                  | Final year    |             |
| 16)  | CHRISTIAN S                  | "             |             |
| 17)  | Padma kumar M                | "             |             |
| 18)  | Venkatash P                  | "             |             |
| 19)  | Sriya Jayan L                | "             |             |
| 20)  | RANYA J                      | "             |             |
| 21)  | Arushi A                     | "             |             |
| 22)  | Uma Subhanya A               | "             |             |



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION - 2019**

World arthritis and osteoporosis day 2019  
Venue: Seminar hall, VMCH  
Date: 10-10-2019  
Participants:

*WE* **OSTEO POROSIS - 2019.**  
(10/10/2019)

|     | NAME              | RESIGNATION | SIGNATURE              |
|-----|-------------------|-------------|------------------------|
| 25) | AMINIGA V         | THIRD YEAR  | <i>Aminiga</i>         |
| 26) | Purnima Kanyanaga | "           | <i>Purnima</i>         |
| 27) | RAMYA S           | "           | <i>RAMYA S.</i>        |
| 28) | Riya sethan.      | "           | <i>Riya</i>            |
| 29) | Sevendarya        | "           | <i>Sevendarya</i>      |
| 30) | Sathish Kumar     | "           | <i>Sathish</i>         |
| 31) | Sushiktha G       | "           | <i>Sushiktha G</i>     |
| 32) | Rishank prajapati | "           | <i>Rishank</i>         |
| 33) | VAISHNAVI G       | "           | <i>Vaishnavi</i>       |
| 34) | Seetha V          | Final year  | <i>Seetha</i>          |
| 35) | soji L            | "           | <i>soji</i>            |
| 36) | Sethuraman        | "           | <i>Sethuraman</i>      |
| 37) | Pragatheeswarar - | "           | <i>Pragatheeswarar</i> |
| 38) | Saumya D.         | "           | <i>Saumya</i>          |
| 39) | Mohamed HIsbullah | Second year | <i>Mohamed</i>         |
| 40) | Poojara           | Final year  | <i>Poojara</i>         |
| 41) | VIVEKA RAMAYAM    | "           | <i>Viveka</i>          |
| 42) | KOKILA            | "           | <i>Kokila</i>          |
| 43) | Ghananandhan      | "           | <i>Ghananandhan</i>    |
| 44) | Ashwin PUGALAGIRI | CRPI        | <i>Ashwin</i>          |
| 45) | WESLY P           | CRPI        | <i>Wesly</i>           |
| 46) | NIKIL SS          | "           | <i>Nikil</i>           |
| 47) | Balaji R          | "           | <i>Balaji</i>          |
| 48) | Santhoshi - S     | "           | <i>Santhoshi</i>       |
| 49) | SANKAR N          | CRPI        | <i>Sankar</i>          |
| 50) | HARENI MURUGAVEL  | "           | <i>Hareni</i>          |
| 51) | arun kumar        | "           | <i>Arun</i>            |
| 52) | Manikandan V      | "           | <i>Manikandan</i>      |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09  
ARTHRITIS AND OSTEOPOROSIS DAY CELEBRATION - 2019

World arthritis and osteoporosis day 2019

Venue: Seminar hall, VMCH

Date: 10-10-2019

Patients and family participated

10/10/2019 - Arthritis & Osteoporosis Day

Patients attended

|     |           |      |
|-----|-----------|------|
| 1.  | சுனா      | 43/F |
| 2.  | மாது      | 42/F |
| 3.  | சுனா      | 50/M |
| 4.  | மாது      | 52/F |
| 5.  | சுனா      | 55/M |
| 6.  | சுனா      | 51/F |
| 7.  | மாது      | 49/M |
| 8.  | சுனா      | 58/F |
| 9.  | சுனா-மாது | 52/M |
| 10. | சுனா-மாது | 60/F |
| 11. | சுனா      | 70/M |
| 12. | சுனா-மாது | 71/M |
| 13. | சுனா-மாது | 71/M |
| 14. | சுனா-மாது | 60/M |
| 15. | சுனா-மாது | 56/F |
| 16. | சுனா      | 51/F |
| 17. | சுனா      | 57/F |
| 18. | சுனா      | 56/M |
| 19. | சுனா      | 51/M |
| 20. | சுனா      | 73/F |

## Hand hygiene week 14.10.2019





# **VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009**

**Celebration /Organization Of National And International Commemorative Days And Events  
And Festivals By The Department During The Last Five Years (2015 Onwards)**

## **World Anesthesia Day-October-16-2019**

World anaesthesia day – commemorates the first Successful demonstration of ether anaesthesia on oct-16th 1846. This ranks as one of the most significant events in the history of medicine and took place in Massachusetts general hospital.

We will be celebrating this day every year in our main operation theatre complex with our hospital faculties, honorable chairman, Dean, M.S, and other clinical department.

We will discuss the statistical improvement in the number of cases taken for surgery and also agenda regarding improvement of the operation theatre equipments needed etc.

In this day, We will have themes based on training programmes for a CRRI and other faculties in our department.

We conducted training programme on world anaesthesia day in Velammal engineering college on October 16<sup>th</sup> 2019 . The theme of the programme is to Train the Non Medical persons on BASIC LIFE SUPPORT. Our Faculties conducted a workshop on world restart day to Bus drivers, conductors, Engineering college students. Around 100 people participated in this activity.

### **List Of Students Attending The Bls Training Programme**

1. Haribhaskar R
2. Tharun Kumar Ela
3. Tamil Nila M
4. Siva Priya S
5. Soundarya R
6. Sowmiyaprabha S

## **World Anesthesia Day-October-16-2020**

We celebrated the world anaesthesia day in Velammal medical college hospital auditorium , we conducted compression only life support workshop for Staff nurses, para medical personals, security staffs, Lift operators , extra . Around 300 people participated in this awareness program.

Dean

**Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009**



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
MADURAI - 625009

We had 4 sessions each session took one and half hour with 1<sup>st</sup> half hour demonstration and workshop hands on training by each individual in mannequin. Total duration of workshop 6 hrs. Numerous questions was raised by audience regarding life support and was given explanation. This was followed by cake cutting ceremony on the eve of ether day.

Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009

Independence day Celebration



This independence day 15.8.2019 was organised by the department of Psychiatry were, in the presence of our Honourable Chairman, the flag was hoisted by Mr.R.K.Samy, recovered person for addiction and is under followup for the past 6 yrs.

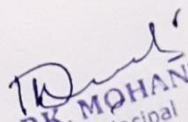
DEPARTMENT OF BIOCHEMISTRY, VMCHRI

CIRCULAR

**Events:**Diabetes day programme

**Date:**14.11.2019

**Venue:** Lecture Hall - I

  
**Dr. P.K. MOHANTY**  
VICE PRINCIPAL  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009



**VELAMMAL MEDICAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE  
DEPARTMENT OF BIOCHEMISTRY**

**INVITE**

**YOU**

**FOR**

**THE**

**DIABETES DAY PROGRAMME**

**Venue: Lecture Hall - 1**

**Date: 14.11.2019**

**Time: 2.00 pm to 4.00 pm**

VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE

Diabetes day programme report

**Date** :14.11.2019

**Time** :02.00 PM – 4.00 PM

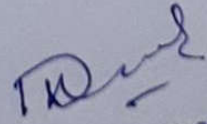
**Venue** : Lecture Hall - 1

**Summary :**

The program began with the welcome address by our Head of the Department DR. P. K. Monhanty. DR. S. Chandrasekaran beginhis speech on Diabetes mellitus. He explained the different types of diabetes mellitus, causes, pathophysiology, investigation and treatment of diabetes mellitus. Finally, the session was concluded with vote of thanks by DR.K.Suganthy.

Total number of participants: 156 participant including students.

Number of student participants: 149 students

  
**HEAD OF THE DEPARTMENT**

Professor and Head  
Department of Biochemistry  
Velammal Medical College Hospital  
and Research Institute  
Madurai-625 009

## World Bioethics Day Celebration - 2019

RESPECT  
FOR  
CULTURAL DIVERSITY



### Velammal Medical College Celebrates "WORLD BIOETHICS DAY - 2019"

Velammal Medical College at Madurai serves as the Nodal center for Bioethics of UNESCO- Haifa. True to its vision for excellence in medical education, Velammal envisioned that its graduates are well grounded in empathy, proactive in the protection of human values and human rights. The Bioethics unit exists for the sole purpose of achieving this end.

Velammal celebrated "WORLD BIOETHICS DAY- 2019". The celebrations began on the 21<sup>st</sup> of October 2019 and ended on the 24<sup>th</sup> of October 2019. The UNESCO topic for the year "RESPECT FOR CULTURAL DIVERSITY" vibrated within the very essence of the student community because India is a blend of various cultures belonging to diverse religion, castes where different states and regions follow their own unique tradition and culture. India is rightly termed "*the land of unity in diversity*" as different groups of people co-operate with each other to live in a single society.

The occasion was celebrated in the premises of the medical college hospital with colorful displays during special assembly of students and staff arranged for the purpose. Students from the Medical College, College of Nursing, School of nursing and School of allied health sciences took part in various competitions that depicted "Respect for cultural diversity" such as Street Play, Artistic poster, Essay, and Photography.

Sixteen teams participated in the street play which was conducted on the street. Every team displayed quality and innovation in their approach to portray "Respect for cultural diversity". One of the Medical student's team was declared as the winner in the street play for their innovative approach, performance and excellent direction for using **Transgender gender trends** in

India to portray Respect for cultural Diversity. They were given a standing Ovation, Medals and certificates. The Nursing Students who placed second excellently portrayed through **MIME** how in the **recent floods in Tamil nadu** people from various cultural backgrounds from all over India came to the rescue and aptly depicted the actions in unity that flavor the tricolor. A photograph of a woman with a **conglomerate attire of the three major religions of India** won the prize for the best Photography for conveying the essence of respect for cultural diversity. There were 23 contestants in the Artistic poster competition, 20 contestants in essay competitions. Winners were awarded with Trophies for excellence and certificates of achievement. These events continued for the first two days.

The celebrations concluded on the final day with a special program where senior faculty, professors and dignitaries graced the occasion. Dr. R.M. Rajamuthaiah, Dean of the Medical College welcomed the gathering, encouraged and expressed his support for such student endeavors. He also gave away the trophies, Medals and certificates to the winners along with Mr. Venkat Phanidhar the Chief Executive Officer of the hospital, Dr. Mohanty the Vice Principal and Dr.Thirunavukarasu, the Medical Superintendent. The vote of thanks was proposed by Dr. John Rajpathy, Head of Bioethics unit. This was followed by three scientific sessions, **Introduction to Bioethics** by Dr.Ramanujam, Head of the department of Psychiatry. **The impact of culture on Health** by Mr. Venkat Phanidhar who is the Chief Executive Officer of the hospital and **Culture and ethical practice in Medicine** by Dr. Mohanty who is the Vice Principal of the Medical College. The Sessions concluded with national Anthem followed by Tea and Snacks.

The Bioethics Unit is greatly indebted to our beloved and honorable Chairman who stands as a beacon for all student endeavors, for being generous with funds, for his magnanimity in providing an excellent infrastructure, for allowing us to use the Venue without hesitation, for constantly encouraging the proceedings from the Bioethics Unit which makes it a pleasure to work to bring the Vision of Velammal to fruition.

*Prof., Dr. John Rajpathy  
Head- Bioethics Unit, Nodal center  
for UNESCO - Haifa  
Velammal Medical College  
Madurai – 09. Tamil nadu , India*

## Photographs



Artistic Poster competitions



Street Play Competition: Culture and Transgender Trends



Street Play –MIME Cultural Unity in calamity



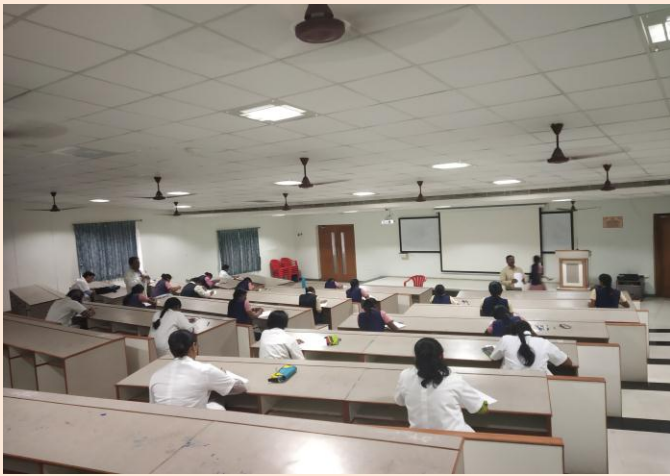
Street Play –Villu Paatu: Folk Art



Street Play –Thappatai : Folk Art



Artistic Poster competition winner



Essay writing Competition in progress.



Inaugural Welcome address the DEAN



Winners Receiving Trophies 1



Winners Receiving Trophies 2



Scientific Session 1: Introduction to Bioethics



Scientific Session 2: The impact of Culture on Health



**Scientific Session 3: Culture and Ethical Practice in Medicine**



**Audience -1**



**Audience -2**



**Trophies, Medals and certificates**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

**Seminar / Guest lecture / Workshop / Interdepartment / Others**

**Nature of the event** : others – department celebrations  
**Title of the event** : World Kidney Week 2021  
**Academic Year** : 2020- 2021  
**Date** : (11/3/2021 to 14/3/2021)  
**Venue** : OPD, Dept of Pediatrics  
**Class / Year** : CRRIs  
**No. of Participants** : 50 patients & 15 CRRIs

Every year, World Kidney day is celebrated on 2<sup>nd</sup> week of March. This year its celebrated in our department for 4 days. Children with Nephrotic Syndrome, Uropathy, CKD, Tubular disorders attended the function. Clinical evaluation, Free laboratory investigations, counselling regarding dietary issues, mental well being were provided by the experts. Total of 50 patients & 15 CRRIs attended the programme. CRRIs were trained about management of pediatric renal disorders during this event.



Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

Ref No: 024/Paed/03/2021

**From:**

Prof.Dr.G.Mathevan,  
Head of Department,  
Dept of Paediatrics,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**To:**

The Billing Department,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**Respected Sir,**

This is regarding the celebration of World Kidney Day 2021 (10.03.2021 – 13.03.2021) and doing selected investigations at free of cost for the patients who are attending this function. The approval for the same has been provided by our management. We kindly request you to waive off the cost of investigations for these patients who are coming to you with "Camp" seal in their investigations requisition form

Thanking You

Date: 08.03.2021

Place: Madurai

Your's Faithfully

Prof.Dr.G.Mathevan HOD

Dept of Paediatrics

**Dr. G. MATHEVAN, MD.DCH.,**  
Professor and HOD  
Department of Paediatrics  
**VMCH & RI**  
Madurai



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

Ref No: 023/Paed/03/2021

**From:**

Prof.Dr.G.Mathevan,  
Head of Department,  
Dept of Paediatrics,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**To:**

The Dean,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**Respected Sir,**

As we are planning for World Kidney Day-2021 Celebration on March 10.03.2021 – 13.03.2021, we kindly request you to give permission to use Velammal Whatsapp Group for Promotional Activities. Kindly do the needful.

Thanking You

Date: 08.03.2021

Place: Madurai

Your's Faithfully

Prof.Dr.G.Mathevan HOD

Dept of Paediatrics

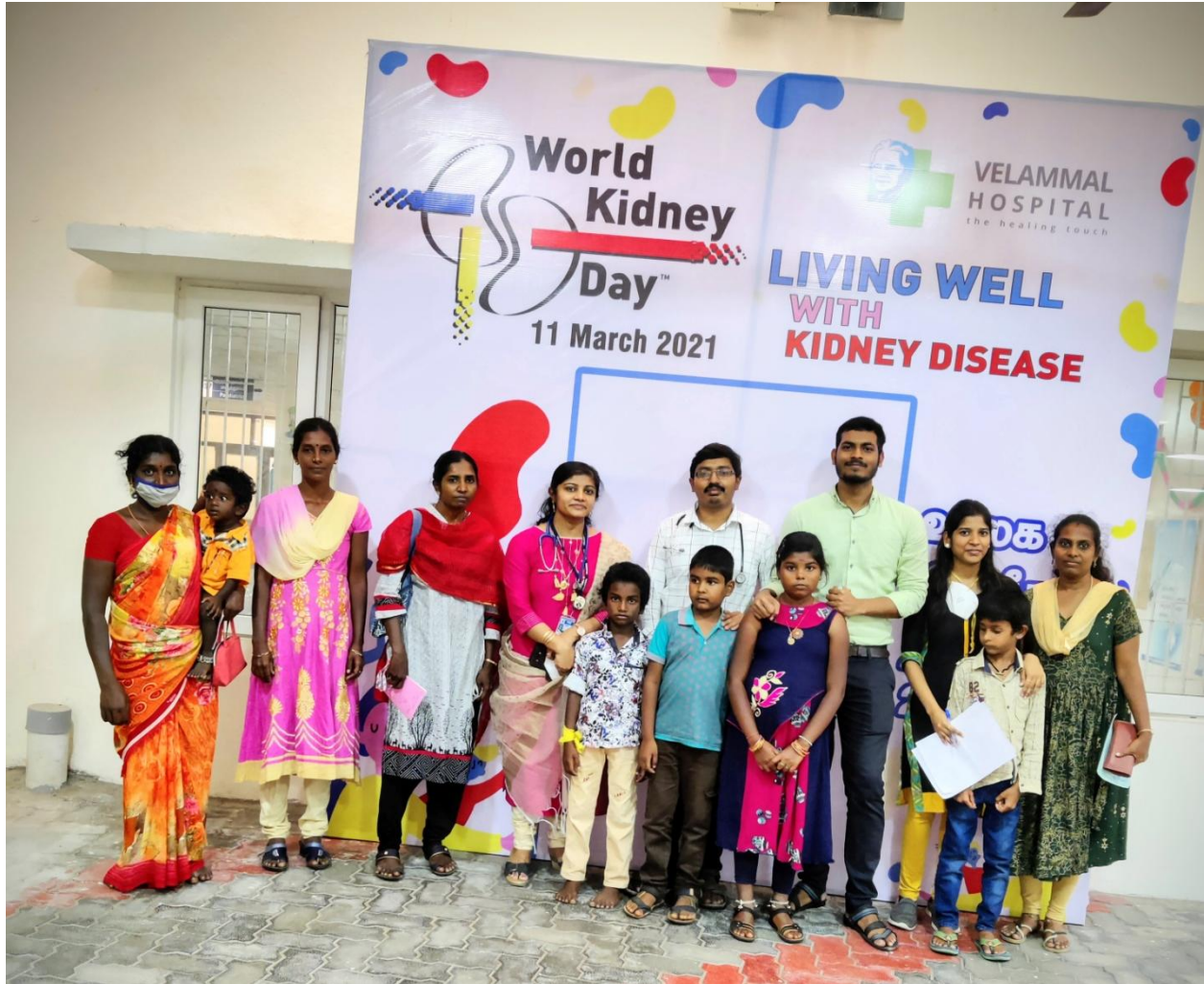
**Dr. G. MATHEVAN, MD.DCH.,**

Professor and HOD  
Department of Paediatrics

**VMCH & RI**  
Madurai



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**





VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS

Attendance Sheet - World Kidney Week (11.03.2021 - 14.03.2021)

|              |              |
|--------------|--------------|
| Kariya       | Sany.        |
| GANJAY KUMAR | Sany.        |
| Karthick.    | Karthick.    |
| Sivithi      | Sivithi      |
| Vegetha      | Vegetha      |
| Mani Chandan | Mani Chandan |
| Monika       | Monika       |
| Shri         | Shri         |
| Priya.       | Priya.       |
| Prudis       | Prudis       |
| Mohith.      | Mohith.      |
| Kuthilca     | Kuthilca     |
| Sangeetha    | Sangeetha    |
| Maharaj      | Maharaj      |
| Jyanti       | Jyanti       |
| Jiya Prakash | Jiya Prakash |
| Prithi.      | Prithi.      |
| Sathane      | Sathane      |
| Akila        | Akila        |
| Ramachandran | Ramachandran |
| Mithis       | Mithis       |
| Bavin.       | Bavin.       |
| Tiba.        | Tiba.        |
| Krishnan.    | Krishnan.    |
| Abaine.      | Abaine.      |
| Abang        | Abang        |
| Shalini      | Shalini      |
| Nabesh.      | Nabesh.      |
| Hauish Pandi | Hauish Pandi |
| Balaji       | Balaji       |
| Saayanap     | Saayanap     |
| Dineh.       | Dineh.       |
| Yuvans       | Yuvans       |



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS

Attendance Sheet - World Kidney Week (11.03.2021 - 14.03.2021)

|            |            |
|------------|------------|
| Balu       | Balu       |
| Lathika    | Lathika    |
| Aruna      | Aruna      |
| Anushka    | Anushka    |
| Arunagiri  | Arunagiri  |
| Praveen    | Praveen    |
| Pravilek   | Pravilek   |
| Pravithu   | Pravithu   |
| Devi priya | Devi priya |
| Subitha    | Subitha    |
| Deepika    | Deepika    |
| Sapitha    | Sapitha    |
| Mithish    | Mithish    |
| Vibuktham  | Vibuktham  |
| Deva       | Deva       |
| Kalavani   | Kalavani   |
| Rubinesh   | Rubinesh   |
| Shru       | Shru       |
| Lathika    | Lathika    |
| Dhanam     | Dhanam     |
| Maha       | Maha       |
| Gayathri   | Gayathri   |
| Selvi      | Selvi      |
| Shantha    | Shantha    |
| Ruba       | Ruba       |
| Sukthi     | Sukthi     |
| Mithuan    | Mithuan    |
| Raja       | Raja       |
| Babu       | Babu       |
| Dhanini    | Dhanini    |
| Sulcy      | Sulcy      |



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

**From:**

D. J. Jenish Rajma,  
Associate professor  
Dept of Paediatrics and Rheumatology  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**To:**

The CAO,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**Sub: Regarding free of cost investigations for World Young rheumatic day**

**Through proper channel**

**Respected Sir:**

We are going to conduct the World Young Rheumatic day 2021 on 31<sup>st</sup> March 2021, Tuesday. We are planning to do the following Laboratory tests for all the follow up patients attending the function. Here with I am giving the quote for the following tests.

The number of participants may be approximately 30 to 40 children and young adults.

| S.No | Lab Test              | Cost to the Patient | Running Cost  |
|------|-----------------------|---------------------|---------------|
| 1    | Complete blood counts | Rs 175              | Rs 80         |
| 2    | qCRP                  | Rs 250              | Rs 120        |
| 3    | SGPT                  | Rs 70               | Rs 40         |
|      | <b>Total Cost</b>     | <b>Rs 495</b>       | <b>Rs 240</b> |

Approximate Cost involved is only Rs 240/ per patient/-

**Kindly consider to avail these tests at Free of Cost for that particular day, if feasible.**

Thanking You

Date: 11.03.2021

Your's Faithfully

Place: Madurai

  
Dr. J. MOHAMED AZARUDEEN, MD, F.Ped, Nipale  
REG. No. 102102



Attendance Sheet Rheumatology Camp (31.03.2021)

|                  |   |
|------------------|---|
| Bhagarathy.      | ✓ |
| Vijaya Kumar     | ✓ |
| Ramdh Babu       | ✓ |
| Jenovin          | ✓ |
| Manith           | ✓ |
| Kaliammal        | ✓ |
| Kannan           | ✓ |
| Jenifer          | ✓ |
| Manikandan       | ✓ |
| Dhayan           | ✓ |
| Sujith.          | ✓ |
| Kavinraj.        | ✓ |
| Satish           | ✓ |
| Nandhini.        | ✓ |
| Nathan           | ✓ |
| Arvind           | ✓ |
| Arjun.           | ✓ |
| Pavanish         | ✓ |
| Bhaathi          | ✓ |
| Pandimathi Selvi | ✓ |
| Chauvi           | ✓ |
| Bowthia          | ✓ |
| Nandhu.          | ✓ |
| Kavin            | ✓ |
| Kavish           | ✓ |
| Arish Sudhan     | ✓ |
| Ashwin.          | ✓ |
| Nandhith         | ✓ |
| Sahiyas Banu     | ✓ |
| Satya            | ✓ |
| Alagun           | ✓ |
| Prabek           | ✓ |



**DEPARTMENT OF ANATOMY**

**VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE,  
MADURAI**

**REPORT OF WORLD HEPATITIS DAY CELEBRATION**

TOPIC- E-Poster Competition on World Hepatitis Day

DATE – 28<sup>TH</sup> July 2021

TIME – 10.30 am – 12.30 pm

DURATION- 2 Hours

VENUE- Department of Anatomy

MODE OF CONDUCTION- ONLINE

ORGANIZER OF PROGRAM- Dr. Sumana R (Professor and HOD)

PROGRAM COORDINATOR- Dr. Parineeta Suman

PARTICIPANTS – First MBBS Students(20-21 Batch)

TOTAL PARTICIPANTS- 150

DOCUMENTS ATTACHED-

Program banner

Prize winning posters

Geotag photos

Certificate



Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
T. Appandur, Madurai, (Tamil Nadu) 625 009

DEPARTMENT OF ANATOMY  
VELAMMAL MEDICAL COLLEGE

28th  
JULY  
2021



**E- POSTER  
COMPETITION**

**WORLD** **2021**  
**HEPATITIS DAY**

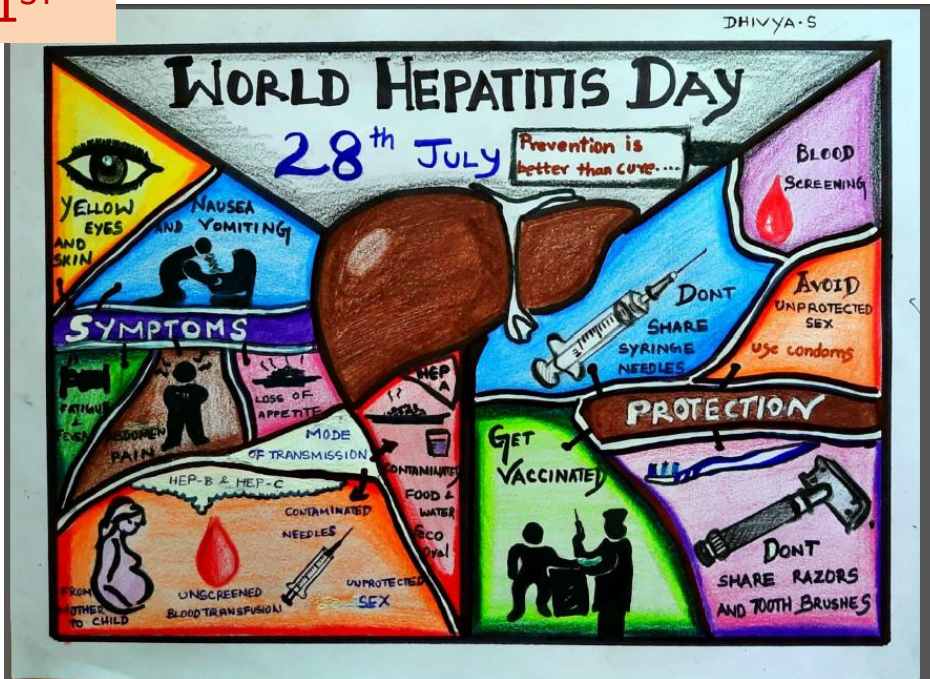
**SUBMISSION OF POSTERS CLOSSES BY 5PM ON 28TH**

MAIL YOUR POSTERS TO Mail Id :  
[departmentofanatomyvelammal@gmail.com](mailto:departmentofanatomyvelammal@gmail.com)

# Prize winning posters

1<sup>ST</sup>

28



2<sup>ND</sup>

28 JULY  
WORLD  
**Hepatitis Day**

A HEPATITIS-FREE FUTURE IS ACHIEVABLE WITH A UNITED EFFORT

|                                                                                                                                                         |                                                                                                                                                           |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>1. PREVENT infection among newborns</b></p> <p>#All newborns should be vaccinated against hepatitis B at birth followed by 2 additional doses</p> | <p><b>2. STOP transmission from mother to child</b></p> <p>#All pregnant women should be routinely test for hepatitis and receive treatment if needed</p> |
| <p><b>3. Leave NO ONE behind</b></p> <p>#Everyone should have access to prevention, testing and treatment services</p>                                  | <p><b>4. Don't say, "I'm all Good"</b></p> <p>-just because you don't have symptoms</p>                                                                   |

**More than 60 % of liver cancers are due to late testing and treatment**

-Kamesh.U, Roll no. 54

**WORLD HEPATITIS DAY 2021**

**A HEPATITIS FREE WORLD IS ACHIEVABLE WITH A UNITED EFFORT**

**HOW TO AVOID CATCHING HEPATITIS?**

1. Avoid contact with blood
2. Wash hands thoroughly
3. Ensure that your food is clean
4. Practise protected sex
5. Prevent infection among newborns by vaccinating

**WORLD HEPATITIS DAY**  
28<sup>th</sup> July

**3<sup>RD</sup>**

**GLOBAL SPREAD OF HEPATITIS**

**VIRAL HEPATITIS B IN THE WORLD**  
257m GLOBAL

**VIRAL HEPATITIS C IN THE WORLD**  
71m GLOBAL

**VIRAL HEPATITIS B AND C IN THE WORLD**  
325m GLOBAL

**Only 1% of people diagnosed with hepatitis are treated**

**Symptoms include yellowing of skin and eyes (Jaundice), extreme fatigue, nausea & vomiting**

**Hepatitis B is not curable but is preventable**

**Viral Hepatitis kills 1.34 million people each year**

**Globally an estimated 71 Million people have chronic hepatitis C infection**

**1 in 5 people with Hepatitis C don't know they have it**

**Globally an estimated 71 Million people have chronic hepatitis C infection**

97 - Rubasree

## Geotag Photos



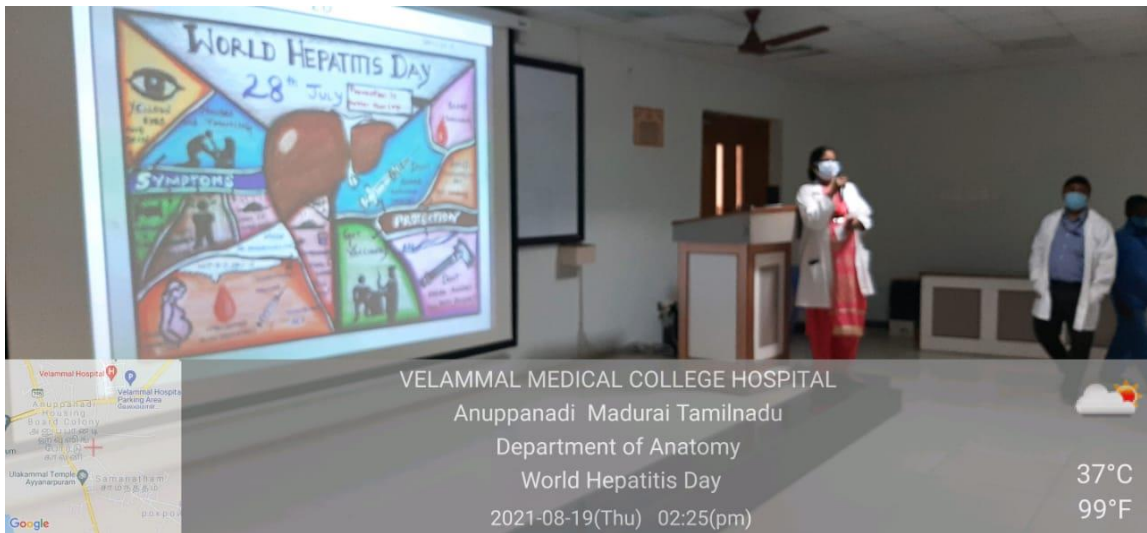


Department of Anatomy Velammal Medical College Hospital Anuppanadi, Madurai Tamil Nadu 625009, India



2021-07-28(Wed) 03:28(pm)

37°C  
99°F



VELAMMAL MEDICAL COLLEGE HOSPITAL

Anuppanadi Madurai Tamilnadu

Department of Anatomy

World Hepatitis Day

2021-08-19(Thu) 02:25(pm)



37°C  
99°F



VELAMMAL MEDICAL COLLEGE HOSPITAL

Anuppanadi Madurai Tamilnadu

Department of Anatomy

World Hepatitis Day

2021-08-19(Thu) 02:27(pm)



37°C  
99°F



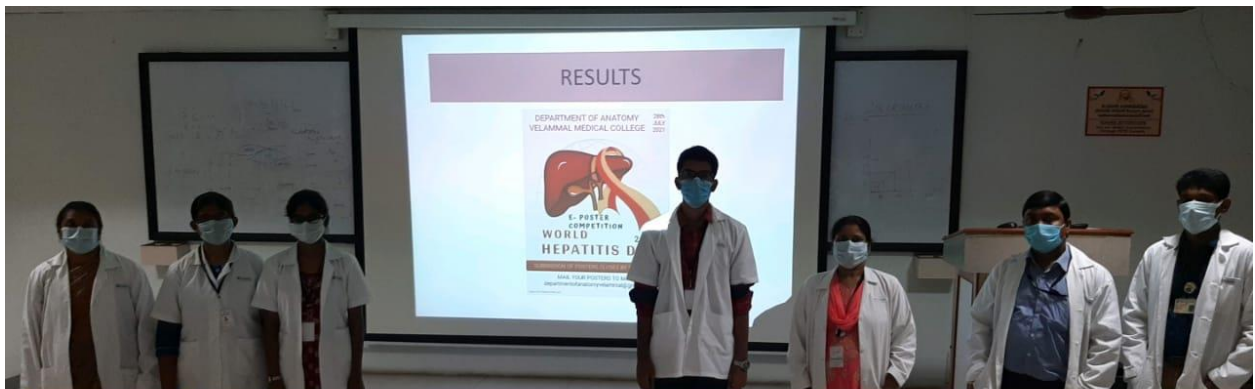
VELAMMAL MEDICAL COLLEGE HOSPITAL  
Anuppanadi Madurai Tamilnadu  
Department of Anatomy  
World Hepatitis Day  
2021-08-19(Thu) 02:27(pm)

  
37°C  
99°F



VELAMMAL MEDICAL COLLEGE HOSPITAL  
Anuppanadi Madurai Tamilnadu  
Department of Anatomy  
World Hepatitis Day  
2021-08-19(Thu) 02:26(pm)

  
37°C  
99°F



VELAMMAL MEDICAL COLLEGE HOSPITAL  
Anuppanadi Madurai Tamilnadu  
Department of Anatomy  
World Hepatitis Day  
2021-08-19(Thu) 02:30(pm)

  
37°C  
99°F

# Certificate



Velammal Medical College Hospital & Research Institute  
Madurai Tamil Nadu

## AWARD CERTIFICATE

This certificate is proudly presented to

**NAME**

For receiving the \_\_\_\_\_ prize in POSTER  
Competition on "**WORLD HEPATITIS Day**"  
conducted by Department of Anatomy

**Dr. Parineeta Suman**  
Coordinator



**Dr. Sumana R**  
HOD

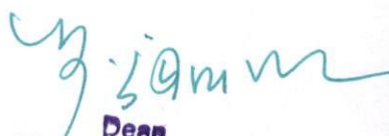


**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**  
**DEPARTMENT OF PAEDIATRICS**  
**New Born Care Week (16.11.2020 - 23.11.2020)**

**Seminar / Guest lecture / Workshop / Interdepartment / Others**

**Nature of the event** : others – department celebrations  
**Title of the event** : World newborn care week 2020  
**Date** : 15.11.2020 – 21.11.2020  
**Guest Name** : Nil  
**Venue** : OPD, Dept of Pediatrics  
**Class / Year** : CRRIs  
**No. of Participants** : 30 patients & 15 CRRIs

Paediatrics department of Velammal Medical College had organized a Newborn Care Week Celebration from (15.11.2020 – 21.11.2020). All high risk newborns discharged from NICU in the last 2 years were called for follow up. Brief history was taken and vitals checked. Anthropometry, physical assessment, CNS examination and development assessment were done. Dr. Raja Mutthaiah, Dean and Dr. Madhevan, HOD, dept of paediatrics, Dr. Nataraja rathinam, Prof. Dept of paediatrics and Dr. RV. Jeyabalaji, Prof., Dept of paediatrics, attended the inaugural function. All investigation including ROP, OAE, BERA were done free of cost and medicines like VITAMIN D and MULTIVITAMIN DROPS were also given at free of cost. All the patients were reviewed by Prof. Dr. G. Mathevan (HOD). Prof. Dr. R. V. Jeya Balaji, Dr. B. Manoj Kumar and advised appropriately. Demonstration of various aspects of newborn care and followup was provided for the CRRIs. Total 30 patients & 15 CRRIs attended the program

  
**Dean**  
**Velammal Medical College Hospital**  
**and Research Institute**  
**'Velammal Village'**  
**Madurai-Tuticorin Ring Road**  
**Anuppanadi, Madurai**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**  
**DEPARTMENT OF PAEDIATRICS**  
**New Born Care Week (16.11.2020 - 23.11.2020)**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**  
**DEPARTMENT OF PAEDIATRICS**

Ref No: 60/Paed/2020

From

Prof. Dr. G. Mathevan HOD  
Head of Department  
Department of Paediatrics  
Velammal Medical College Hospital and Research Institute,  
Madurai.

To

The Dean  
Velammal Medical College Hospital and Research Institute,  
Madurai

Respected Sir:

The following activities are planned for Newborn care week (November 16 -23)

1. Babies admitted in our NICU in the last 2 years are going to be called to our OPD from November 16 to 23
2. Routine physical examination
3. monitoring growth parameters and advised regarding
4. Nutritional assessment and advised regarding
5. Checking the Immunization Status and providing missed vaccines
6. Treating common paediatric illness
7. Advised regarding rehabilitative measures for children with Neuro developmental delay
8. Counselling antenatal mothers regarding routine newborn care

Thanking You

Date: 07.11.2020

Place: Madurai

Yours faithfully,

Prof. Dr. G. Mathevan HOD  
Dept of Paediatrics

**Dr. G. MATHEVAN, MD.DCH.,**  
Professor and HOD  
Department of Paediatrics  
VMCH & RI  
Madurai



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS  
New Born Care Week (16.11.2020 - 23.11.2020)**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

Ref No: 63/Paed/11/2020

**From:**

Prof.Dr.G.Mathevan,  
Head of Department,  
Dept of Paediatrics,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**To:**

The Dean,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**Sub:** Concession for basic Investigations

**Respected Sir,**

We are celebrating New Born Care Week from 15.11.2020 - 21.11.2020. As a part of the program kindly permit for the following investigations to our Out Patients free of cost during the above period.

Investigations:

1. CBC
2. Urine Routine Test
3. Blood Urea and Serum Creatinine
4. USG
5. OAE

Thanking You

Date: 16.11.2020

Place: Madurai

Your's Faithfully

Prof.Dr.G.Mathevan HOD  
Dept of Paediatrics

**Dr. G. MATHEVAN, MD.DCH.,**  
Professor and HOD  
of Paediatrics



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**  
**DEPARTMENT OF PAEDIATRICS**  
**New Born Care Week (16.11.2020 - 23.11.2020)**








VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS  
PALS TRAINING (17.12.2020 - 19.12.2020)

Seminar / Guest lecture / Workshop / Interdepartment / Others

Nature of the event : Workshop  
Title of the event : PALS  
Academic Year : 2020- 2021  
Date : (17.12.2020 – 19.12.2020)  
Guest Name : 1. Dr.S.Janani Shankar, IAP – ALS  
provider, Senior Consultant, Kanchi  
Kamakoti Child Trust Hospital.  
2.Dr.S.SenthilKumar  
(PICU Consultant MMHRC)  
3. Dr.M.R.Lenin  
(PICU Consultant GRH)  
Venue : Training Hall in 3<sup>rd</sup> Floor Velammal  
Hospital  
Class / Year : Paediatric Faculty and Staff nurse  
No. of Participants : 22

Emergency care is an essential part of any health system and when it comes to paediatric emergency, timely and effective care is of utmost importance. So, getting trained in this emergency care is absolutely essential to rescue these sick children. Having this in mind, with support and encouragement from our management, we had organized a IAP-Advance life support course and workshop in our hospital on 17 th ,18 th ,19 th of December.

The event was conducted by Dr.S.Janani Shankar, IAP – ALS provider, Senior Consultant, Kanchi Kamakoti Child Trust Hospital. A total of 22 (6 Paediatricians and 16 Staff Nurse) participants attended the programme. There were online 2 hour lecture classes on 17 th ,18 th and a hands on training provided by Dr.S.Senthil Kumar (PICU Consultant MMHRC)

  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS  
PALS TRAINING (17.12.2020 - 19.12.2020)**

and Dr.M.R.Lenin (PICU Consultant GRH) on 19 th December. Delegates were provided with Hands on Training on Endo tracheal intubation, different airway management techniques, Intra osseous needle insertion and ALS techniques. A post test assessment was conducted on 21.12.2020. All the delegates passed the assessment and were provided with PALS course completion certificate All the participants were immensely benefited by the course.

The course was co ordinated by Dr.J.Jenish Rajma and Dr.T.Karthik Raj, Dr.V.Veeramanikanda Kathiresh. The trainers were felicitated by Dr.G.Mathevan HOD, Department of Paediatrics.

Dean

**Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS  
PALS TRAINING (17.12.2020 - 19.12.2020)**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

Ref No: 66/Paed/11/2020

**From:**  
Prof.Dr.G.Mathevan,  
Head of Department,  
Dept of Paediatrics,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**To:**  
The Dean,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**Sub:** Regarding NRP/PALS Training  
**Ref:** 1350/Cir/2020 - Dean Office's 29.10.2020

**Respected Sir,**

We are taking active steps towards organizing the following training programs for our  
Department doctors and staffs

1. NRP - organized by Madurai NNF
2. IAP-PALS - organized by IAP

We will positively conduct the programs before the end of December. We will update the  
details of the date, time and venue at the earliest.

Thanking You

Date: 28.11.2020

Place: Madurai

Copy to Assitant Nursing Director

Your's Faithfully

Prof.Dr.G.Mathevan HOD  
Dept of Paediatrics

**Dr. G. MATHEVAN, MD.DCH.,**  
Professor and HOD  
Department of Paediatrics  
**VMCH & RI**  
Madurai



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS  
PALS TRAINING (17.12.2020 - 19.12.2020)**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

Ref No: 76/Paed/12/2020

**From:**

Prof.Dr.G.Mathevan (HOD),  
Dept of Paediatrics,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**To:**

The Dean,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**Sub:** Request for providing banner for the PALS Training.

**Respected Sir,**

As intimated earlier, we are planning to conduct IAP-PALS Workshops on 17, 18 and 19 December. I request you to kindly make arrangement for providing banner for the same. Format & Design will be forwarded to the Dean Office and Material & Maintenance Department.

Thanking You

Date: 12.12.2020

Place: Madurai

Your's Faithfully

Prof.Dr.G.Mathevan HOD

Dept of Paediatrics

**Dr. G. MATHEVAN, MD,DCH.,**

Professor and HOD  
Department of Paediatrics

**VMCH & RI**  
Madurai



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS  
PALS TRAINING (17.12.2020 - 19.12.2020)**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

Ref No: 68/Paed/12/2020

**From:**

Prof.Dr.G.Mathevan (HOD),  
Dept of Paediatrics,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**To:**

The Dean,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**Sub:** Permission for PALS training and requisition for arrangement for conducting the program

**Respected Sir,**

We have planned to organize IAP-PALS course for our department doctors and Staff Nurses (**24 participants**). We had requested the IAP trainers and they had graciously accepted to provide the course **free of cost**. We have planned the training as per the following schedule, in our **3<sup>rd</sup> floor training hall**.


|                         |                                                                                  |
|-------------------------|----------------------------------------------------------------------------------|
| 17.12.2020<br>2pm - 4pm | Virtually by<br>Dr.Janani Sankar, Senior Consultant KKCTH, Chennai               |
| 18.12.2020<br>2pm - 4pm |                                                                                  |
| 19.12.2020<br>10am - 4m | Hands on Training provided by<br>Dr.Senthil Kumar, Paediatric Intensivist, MMHRC |

We request you to permit us to conduct the programme and provide us with necessary arrangements.

Thanking You

Date: 07.12.2020

Place: Madurai

Your's Faithfully  
  
Prof.Dr.G.Mathevan HOD  
Dept of Paediatrics

**Dr. G. MATHEVAN, MD.DCH,**  
Professor and HOD  
Department of Paediatrics  
VMCH & RI  
Madurai



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS  
PALS TRAINING (17.12.2020 - 19.12.2020)**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE  
DEPARTMENT OF PAEDIATRICS**

Ref No: 71/Paed/12/2020

**From:**

Prof.Dr.G.Mathevan (HOD),  
Dept of Paediatrics,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**To:**

The Dean,  
Velammal Medical College Hospital and Research Institute,  
Madurai.

**Sub:** Requesting for making audio visual arrangements in training hall 3<sup>rd</sup> floor for PALS training. (Enclosure)

**Respected Sir,**

As intimated earlier, we have planned the PALS training on 17,18 and 19 of this month. I request you to make arrangements for the audio visual arrangements in training hall as per schedule.

|            |          |                   |
|------------|----------|-------------------|
| 17.12.2020 | Thursday | 2.00pm to 4.00pm  |
| 18.12.2020 | Friday   | 2.00pm to 4.00pm  |
| 19.12.2020 | Saturday | 10.00am to 4.00pm |

Thanking You

Date: 07.12.2020

Place: Madurai

Your's Faithfully

Prof.Dr.G.Mathevan HOD  
Dept of Paediatrics

**Dr. G. MATHEVAN, MD.DCH.,**  
Professor and HOD  
Department of Paediatrics



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**  
**DEPARTMENT OF PAEDIATRICS**  
**PALS TRAINING (17.12.2020 - 19.12.2020)**



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**  
**DEPARTMENT OF PAEDIATRICS**

Ref No: 70/Paed/12/2020

**From:**  
Prof.Dr.G.Mathevan (HOD),  
Dept of Paediatrics,  
Velammal Medical College Hospital and RI,  
Madurai

**To:**  
The Dean,  
Velammal Medical College Hospital  
and Research Institute,  
Madurai.

**Sub:** Details of list of participants  
**Respected Sir,**  
Doctors:

| Doctors Name                 | Designation         |
|------------------------------|---------------------|
| Dr.R.V.Jeya Balaji           | Professor           |
| Dr.J.Jenish Rajma            | Associate Professor |
| Dr.T.Karthik Raj             | Assistant Professor |
| Dr.U.Sri Durga               | Assistant Professor |
| Dr.B.Manoj Kumar             | Assistant Professor |
| Dr.P.Nirosha                 | Senior Resident     |
| Dr.J.Mohammed Azarudeen      | Senior Resident     |
| Dr.V.Veeramanikanda Kathires | Senior Resident     |

Staffs:

| S.No | Name of the Staff         |           |
|------|---------------------------|-----------|
| 1    | V. Aarthy (VH 7127)       | PICU      |
| 2    | K. Kavitha (VH3290)       | PICU      |
| 3    | K. Salomi Missma (VH6470) | PICU      |
| 4    | K.M. Kanisha (VH6471)     | PICU      |
| 5    | S. Nagajothi (VH6707)     | PICU      |
| 6    | S. Kanimozhi (VH6708)     | PICU      |
| 7    | S.R. Kalaivani (VH7125)   | PICU      |
| 8    | C. Rexly (VH7111)         | PICU      |
| 9    | U.Manimegalai (VH3298)    | Paed Ward |
| 10   | C.Selvi (VH5670)          | Paed Ward |
| 11   | P.Sathiya (VH6469)        | Paed Ward |
| 12   | P.Saranya (VH6474)        | Paed Ward |
| 13   | G.Manimegalai (VH5668)    | Paed Ward |
| 14   | G.Aruna (VH4217)          | Paed Ward |
| 15   | M.G. Chitra Devi (VH5710) | Paed Ward |
| 16   | R. Muthulakshmi (VH7176)  | Paed Ward |

Thanking You

Date: 07.12.2020

Place: Madurai

Your's Faithfully

  
Prof. Dr. G. Mathevan (HOD)  
Dr. G. MATHEVAN, MD, DCH  
Professor and HOD  
Department of Paediatrics



**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**  
**DEPARTMENT OF PAEDIATRICS**  
**PALS TRAINING (17.12.2020 - 19.12.2020)**







**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09**

**Awareness on Organ donation day report:**

Organ donation day was observed in Velammal medical college and hospital with various events creating awareness among the general public and medical students. The awareness programmes was conducted in rural health and training centre, Ladanendal and urban health and training centre Viraganoor, Madurai where general public were the participants.

**OBJECTIVES**

- To promote public awareness about organ donation and transplantation
- To cultivate the idea that donating organ at the right time can save many lives
- To encourage people to register for organ donation

**ACTIVITIES DONE**

**On 12<sup>th</sup> of September**

Door to door awareness campaign for organ donation using charts and posters was organised at Silaiman, near our urban health centre , viraganoor. Later the same day, a skit was performed in our urban health centre.

**On 16<sup>th</sup> of September**

At pattupoochi ( Ladanendal ), a skit was enacted to emphasize the importance of organ donation in India and how a single person by donating his organs can save nearly 8 lives. Myths on organ donation were also addressed. Queries of patients regarding the procedures involded in organ donation were also cleared . participants were also encouraged to share this idea with their friends and families. We received a positive response from the audience. House to house awareness campaign with charts and posters were also carried out in chellapanendal.

**On 18<sup>th</sup> of september**

*g. j. @ m n z m m*  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009



## VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09

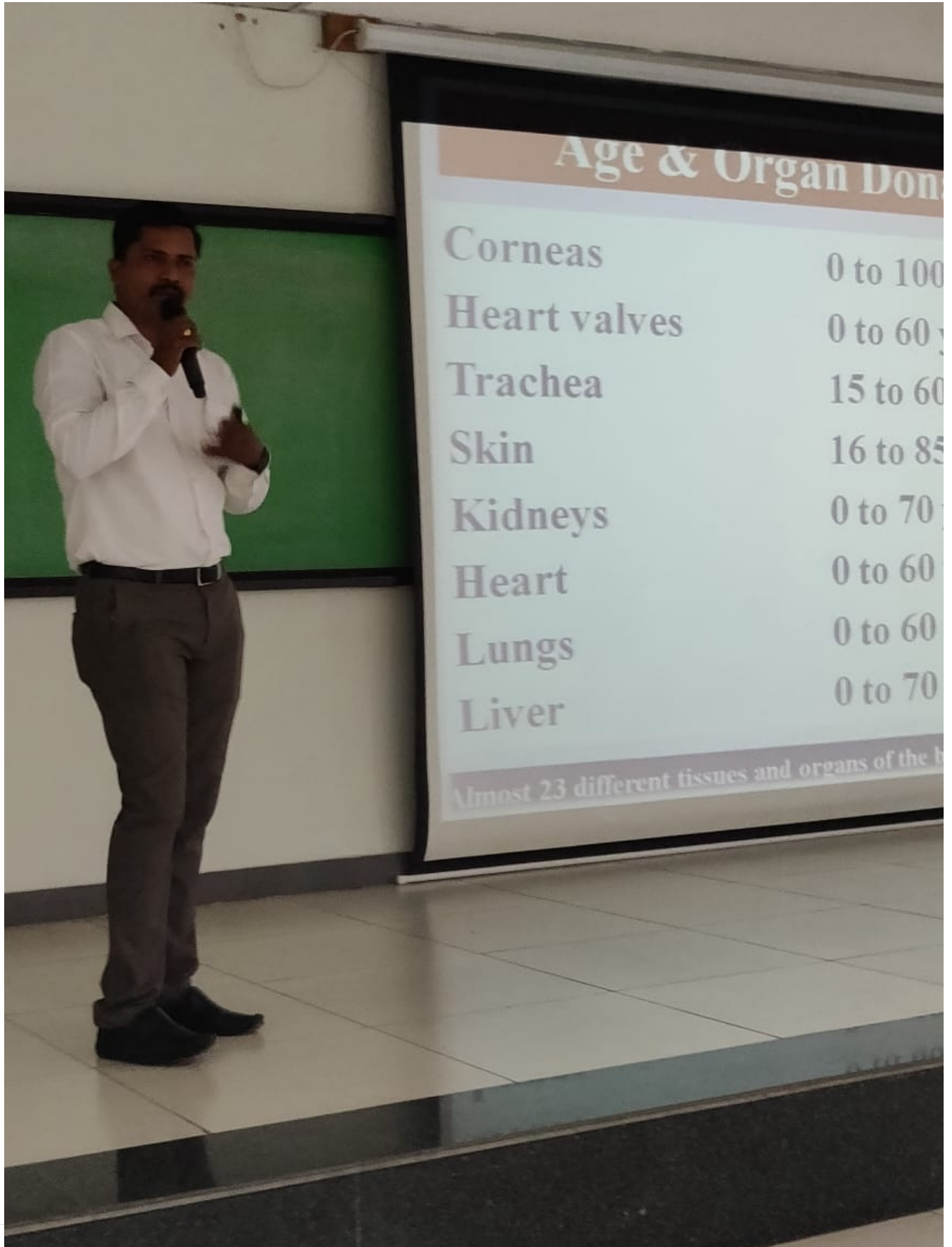
---

A talk was organized in the medical college by the department of community medicine at the lecture hall by Mr Mukesh (Transplant co-ordinator, Velammal Hospital) where medical students were the participants. The talk was about the principles of organ donation, the legal aspects, huge requirement of organs and the procedure for organ donation.

A skit was also enacted in the lecture hall to emphasise the need for organ donation.

Dean

Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Aruppukudi, Madurai (TN)-625 009





# VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE, MADURAI-09





**VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH  
INSTITUTE, MADURAI-09**

---



## World Hypertension Day 2022 celebration

Venue : VMCH Lecture Hall I

Date : 13/5/2022

World Hypertension day was celebrated a week earlier on 13<sup>th</sup> May 2022 in lecture hall I, Velammal medical college by the department of Physiology with the blessings of honorable Chairman and Director. The day started with the welcome address Dr. S. Anu, Prof and Head, Department of Physiology followed by Special address by our respectable dean

Dr. Thirunavukarasu and by our Vice principal Dr. P. K. Mohanty

First session started by 10.20am with a speech on "Blood Pressure" by Dr. S. P. Kausikan Post Graduate student, Dept of Physiology , VMCH & RI.

Next Dr. K. Rekha, Associate Prof of Physiology introduced the speaker Dr. T. Devisri MD(GM), DNB(GM), MNAMS, Consultant Physician, St. Joseph Hospital, Dindigul. Guest speech on "Identification and Management of Hypertension" started by 10.45am. latest JNC guidelines, Dietary approach and drug approach in management of hypertension, latest updates were discussed.

Faculties from various departments, I MBBS Students attended the session.

To motivate and encourage students Game Shows and Art competition with topic "Awareness of Hypertension" conducted for MBBS students. Dr. Sumanna, Prof and Head, Dept of Anatomy and Dr. Virgin Jona, Prof and Head, Dept of General Medicine were the judges on the occasion. Winners were awarded with books and gifts.

Special fictionary competition on words related to blood pressure was conducted for both students and faculties separately and winners were awarded. Outside the lecture hall CRRi's conducted game shows for MBBS students with question and answers on blood pressure.

To make the session useful and valuable, Dept of Physiology conducted a free blood pressure check up for Velammal Medical College Staff, Security personals and sanitary workers. CRRi Students and Final MBBS students conducted the camp supervised by

Dr. Rekha, Associate Prof of Physiology

The day ended with Vote of Thanks given by Dr. John Rajpathy, Professor, Dept of Physiology

  
Dean  
Medical College Hospital  
and Medical College Institute  
Velammal Village,  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009  
Anuppanadi, Madurai



### National Reading Day

On 23.07.21 under the Department of Physiology, VMCH&RI, "National Reading Day" was celebrated as an online event with total of 220 participants from across the country. The nationwide competition marked a total of more than 150 plus entries across the categories of Art-form, Poetry and Write-up. The theme was based on any book they had read related to medicine (not textbooks), that impacted their life.

Our eminent panel of speakers shared their experience and list of books that had transformed them. It was followed by an interesting and interactive discussion session with them.

Dr. Vishwanath Rao, Professor, HOD, Physiology, PMCH&RI, Chennai and Dr.K. Jayashree, Scientist-D,NIE,ICMR,Chennai were the judges for the English entries.

Dr. Rajasekhar, Professor & HOD, Department of ENT & Dr. T. Rajendran, Associate Professor, Department of microbiology, VMCH&RI were the judges for the Tamil entries.

List of the students from other medical colleges, who secured prizes in the following events:

#### English Poetry competition:

| Name                      | College                                | Location          | Prize         |
|---------------------------|----------------------------------------|-------------------|---------------|
| 1.Rithik Deepak           | ESIC Medical College & PGIMSR          | Chennai           | First prize   |
| 2. Archa Anand            | Govt Med College                       | Ernakulam         | First prize   |
| 3. Arkajyoti Bordoloi     | Krishna Institute of Medical Sciences, | Karad,Maharashtra | Second prize  |
| 4. Gabriella Sharon David | Christian Medical College.             | Vellore           | Third prize   |
| 5.Jeshelya.V              | KFMSR,                                 | Coimbatore        | Special prize |
| 6. Sujoy Bose             | King Goerge Medical institute          | Lucknow           | Special prize |

#### English Write up:

| Name                     | College                                                    | Location         | Prize         |
|--------------------------|------------------------------------------------------------|------------------|---------------|
| 1.Mohtys Vikram K        | Tirunelveli Medical College                                | Tirunelveli      | First Prize   |
| 2.Arthy Shakthi Bala C.R | Tirunelveli Medical College                                | Tirunelveli      | Second prize  |
| 3.Shruti Gupta           | Sri Devaraj Urs Medical College                            | Kolar, Karnataka | Second prize  |
| 4.Chibenthung T Murry    | Christian Medical College                                  | Vellore          | Third prize   |
| 5.Maanasa.M              | Sri Ramachandra Institute of Higher education and Research | Chennai          | Special prize |

  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN) 625 009

**Art competition:**

|                            |                                                                     |            |               |
|----------------------------|---------------------------------------------------------------------|------------|---------------|
| 1.A. Suruthy               | Panimalar Medical College                                           | Chennai    | First Place   |
| 2.Unagar parth Khimji bhai | GMERS                                                               | Gujarat    | Second Prize  |
| 3.B. Anusha                | PSGIMSR                                                             | Coimbatore | Third prize   |
| 4.Amitha shree             | BHMS II Year<br>MARTIN HOMOEOPATHY<br>MEDICAL COLLEGE<br>&HOSPITAL. | Coimbatore | Special prize |
| 5.Pradeepa.G               | Coimbatore Medical College                                          | Coimbatore | Special prize |

**Tamil Poetry:**

|                   |                                    |            |              |
|-------------------|------------------------------------|------------|--------------|
| 1.Muthukumar.S    | Annapoorna Medical College         | Salem      | First prize  |
| 2.Naveen Kumar.N  | Government Medical college         | Sivaganagi | First prize  |
| 3.Tamizh (a)Deepa | Government Kilpauk Medical college | Chennai    | Second Prize |
| 4.Meivasagam.T    | Coimbatore Medical College         | Coimbatore | Third Prize  |

**Tamil Write up:**


|                |                            |            |             |
|----------------|----------------------------|------------|-------------|
| 1.Meivasagam.T | Coimbatore Medical College | Coimbatore | First place |
|----------------|----------------------------|------------|-------------|

**Winners from Velammal medical college**

| Name                  | Year            | Event             | Place         |
|-----------------------|-----------------|-------------------|---------------|
| 1.Shrinath. A. A      | I - MBBS        | English-poetry    | First prize   |
| 2.Raja Harini. S      | I - MBBS        | English-poetry    | Second prize  |
| 3.Shanmuga Sundaram   | I MBBS          | Tamil Write up    | Second prize  |
| 4.Shrinath. A. A      | I-MBBS          | English -write up | First prize   |
| 5.Tanvi Kothari       | I-MBBS          | English -write up | Second prize  |
| 6.Niranjana.K         | I-MBBS          | English -write up | Special prize |
| 7.Priyanka            | Final Year MBBS | English -write up | Special prize |
| 8.Shrinath.A.A        | I MBBS          | Tamil poetry      | Special prize |
| 9.Akshara.A. R        | I MBBS          | Tamil poetry      | Special prize |
| 10.Afrah Abdul Malick | I MBBS          | Art               | Special prize |

The winners of the online competition were awarded e-certificates and they addressed the gathering, sharing the perspective behind their work.

Our student organisers from all batches, under the guidance of the staffs handled the event excellently. Every participant surely picked up many new book suggestions, perspectives and ideas. The event served as an invite & reminder for everyone to step into the world of reading and help unlock their maximum potential.

  
 Dean  
 Velammal Medical College Hospital  
 and Research Institute  
 'Velammal Village'  
 Madurai-Tuticorin Ring Road  
 Anuppanadi, Madurai (TN)-625 009



WHAT I PROPOSE TO SHARE WITH YOU

- My journey with language and art
- When art met medicine for me
- Why I needed the humanities, language and art
- Lost and found
- How art sustains me

**WINNERS – WRITE UP (ENGLISH)**

**Ten fingers for God**  
 Life and Work of Dr.Paul Brand by Dorothy Clarke Wilson  
 Chibenthung T Murry  
 I MBBS  
 Christian Medical College, Vellore



**WINNERS – WRITE UP (TAMIL)**

காலம் உள்ளவரை கனவு கொள்



**Shanmuga Sundaram.M.R.**  
 Ist Year MBBS  
 Velammal Medical College Hospital and  
 Research Institute, Madurai

**A.SURUTHY**



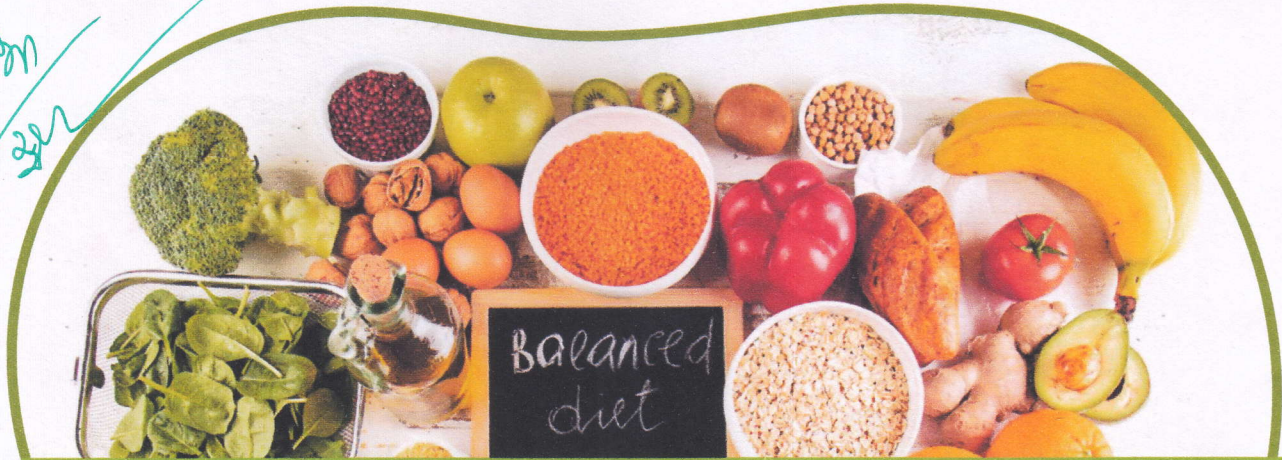
- Panimalar Medical College Hospital and Research Institute
- I-MBBS
- Artwork based on the book- by Stephen Westaby (Autobiography)





VELAMMAL  
HOSPITAL  
MADURAI

10 YEARS OF  
ADVANCED  
HEALTHCARE



DEPARTMENT OF FOOD & NUTRITION  
in association with  
DEPARTMENT OF COMMUNITY MEDICINE

*Cordially Invites you for*  
**VALEDICTORY FUNCTION  
OF  
NATIONAL NUTRITION WEEK**

**CHIEF PATRON**

**Shri. M.V. Muthuramalingam**  
*Chairman, Velammal Educational Trust*

**PATRON**

**Shri. M.V. Karthik**  
*Director, Velammal Hospital*

**ADVISORY COMMITTEE**

**Dr. T. Thirunavukkarasu, Dean**  
**Dr. S.C. Ganesh Prabu, Medical Superintendent**  
**Dr. B.G. Mahesh Krishna, Vice Principal**



06-09-2022 (Tuesday)

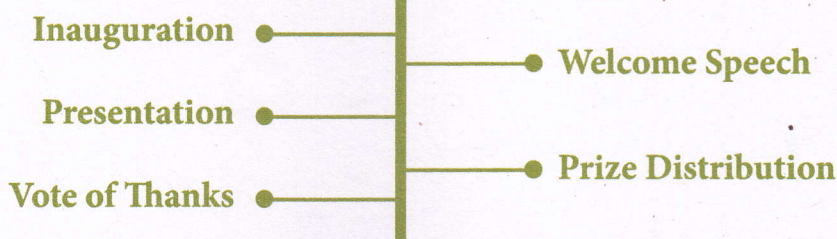


03:30 pm onwards



Lecture Hall, 2nd Floor,  
Velammal Hospital

**PROGRAMME SCHEDULE**



**We welcome you all !!!**

VMCH/CM/114/22

Date: 01/09/2022

From  
Dr. Samir Bele  
Professor & HoD  
Dept. of Community Medicine, VMCH& RI, Madurai

7/24  
2/9/2022  
2/15/22

| MEDICAL COLLEGE OFFICE |          |
|------------------------|----------|
| Date of Receipt        | 2/9/2022 |
| Ref. No.               | 183      |
| Date of Despatch       |          |
| Ref. No.               |          |

To  
The Dean,  
VMCH& RI, Madurai

**Subject:** Regarding Nutrition Exhibition Program

Respected Sir,

The department of Community Medicine is organizing Nutrition Exhibition Program on the eve of National Nutrition Week on 5<sup>th</sup> and 6<sup>th</sup> September 2022 at 10 am to 1pm. In order to reach out the maximum beneficiaries, we have planned it to be organized in hospital premises (passage in between two receptions, in front of patient waiting area) so that maximum beneficiaries will be able to visit it.

For the same, pre-final students of 2019-20 batch is participating and preparing models related to nutrition and intends to give health education to the patients and their relatives.

Kindly consider the request and do the needful.

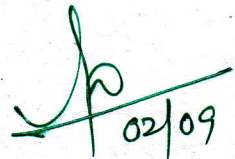
(Enclosed: Participating students list is attached with their roll numbers)

  
(Dr. Samir Bele)

Copy to:

1. MS
2. CAO

Forwarded to  
Dean, VMCH& RI

  
02/09

## List of students

### Millets-super food of India

1. Meena- 79
2. Karthika- 62
3. Karthika devi- 63
4. Sarath- 120

### Go green

1. Deepika sri- 30
2. Ganimozhi-38
3. Daiwa-29
4. Priya darshini- 97

### Body building foods- Protein

1. Akshara-10
2. Akshara V.S.-11 *Mirthanya-81*
3. Ananya-17
4. Madhumitha- 75

### Platter concept

1. Ganesa srivel- 37
2. Rajanandhini- 103
3. Ramkumar-107
4. Ram narayan-108

### Fruits- the face glowers

1. Gokul- 40
2. Yashwanth- 150

3. Chinnaraj-28
4. Vibin-144

**Diet plan for NCDs (obesity, DM,CKD,HT)**

1. Lavanya- 74
2. Kanishka- 60
3. Jyothika- 57
4. Sindhu devi- 128

| S.No | Name- Roll no                           |
|------|-----------------------------------------|
| 1.   | Akshara-10                              |
| 2.   | Akshara V.S.- 11 <i>Miruthanya - 81</i> |
| 3.   | Ananya-17                               |
| 4.   | Chinnaraj-28                            |
| 5.   | Daiwa-29                                |
| 6.   | Deepika sri-32                          |
| 7.   | Ganesa srivel- 37                       |
| 8.   | Ganimozhi-38                            |
| 9.   | Gokul- 40                               |
| 10.  | Jyothika- 57                            |
| 11.  | Kanishka- 60                            |
| 12.  | Karthika- 62                            |
| 13.  | Karthika devi- 63                       |
| 14.  | Lavanya- 74                             |
| 15.  | Madhumitha- 75                          |
| 16.  | Meena- 79                               |
| 17.  | Priya darshini-97                       |
| 18.  | Rajanandhini- 103                       |
| 19.  | Ram narayan-108                         |
| 20.  | Ramkumar-107                            |
| 21.  | Sarath- 120                             |
| 22.  | Sindhu devi- 128                        |
| 23.  | Vibin-144                               |
| 24.  | Yashwanth- 150                          |









Madurai, TN, India  
Velammal Village, Madurai, 625009,  
Lat 9.886973, Long 78.149815  
09/06/2022 10:07 AM

Velammal College of Nursing  
Velammal Medical College Hospital & Research Institute

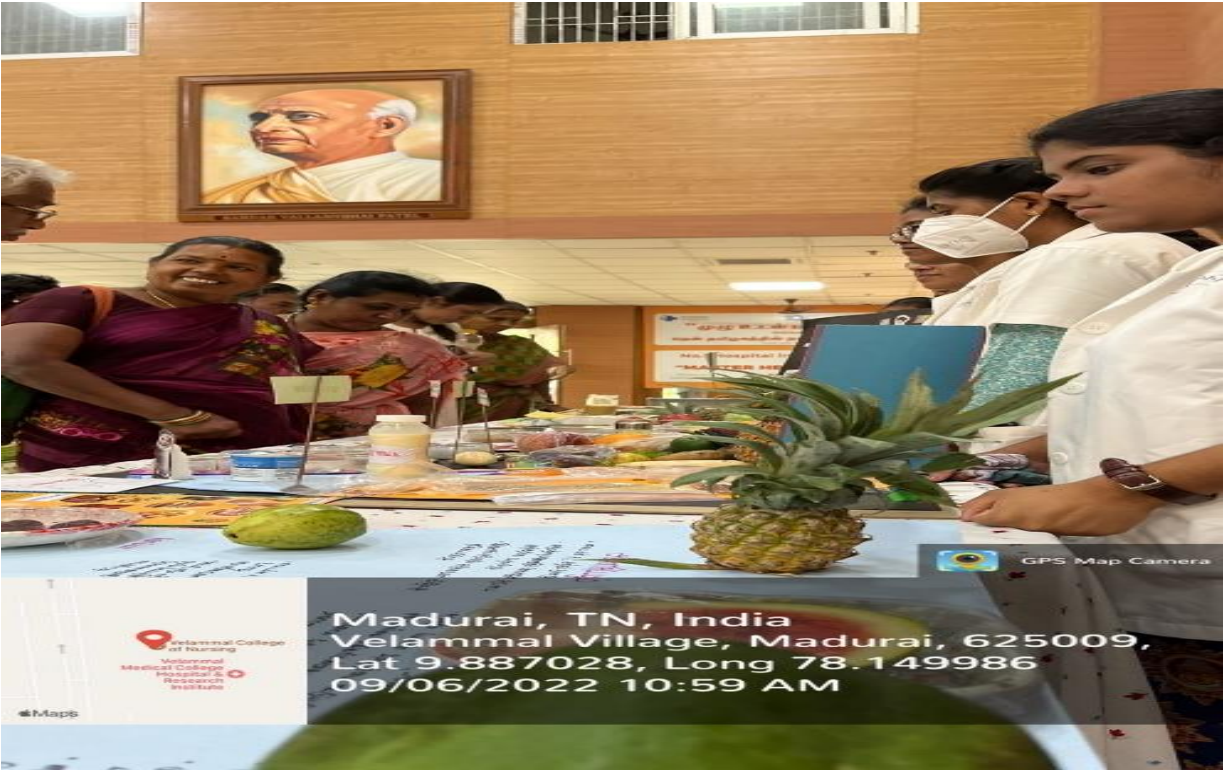
Apple Maps



Madurai, TN, India  
Velammal Village, Madurai, 625009,  
Lat 9.887028, Long 78.149986  
09/06/2022 10:59 AM

Velammal College of Nursing  
Velammal Medical College Hospital & Research Institute

Apple Maps



Madurai, TN, India  
Velammal Village, Madurai, 625009,  
Lat 9.887028, Long 78.149986  
09/06/2022 10:59 AM



Madurai, TN, India  
NH 38, Velammal Village, Madurai,  
Lat 9.886407, Long 78.151930  
09/06/2022 03:43 PM







Madurai, TN, India  
NH 38, Velammal Village, Madurai,  
Lat 9.886407, Long 78.151930  
09/06/2022 03:43 PM



Madurai, TN, India  
Velammal Village, Madurai, 625009,  
Lat 9.886524, Long 78.151882  
09/06/2022 03:55 PM

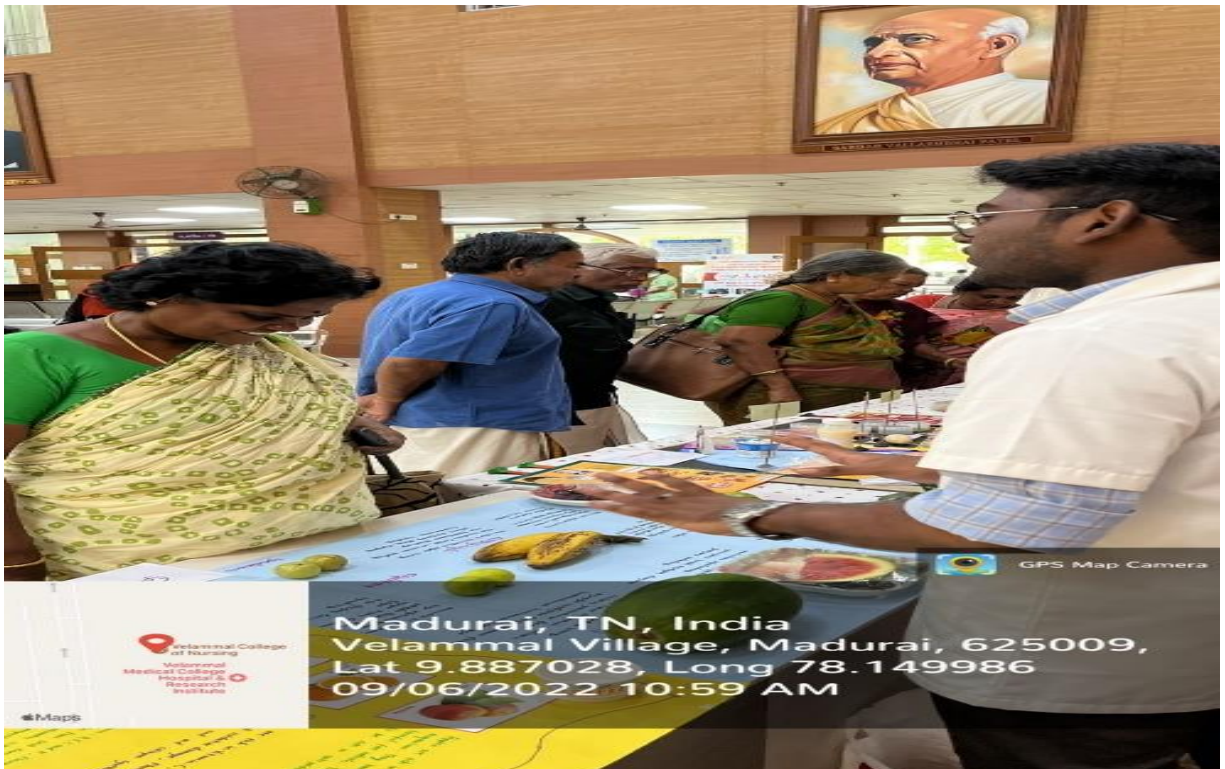
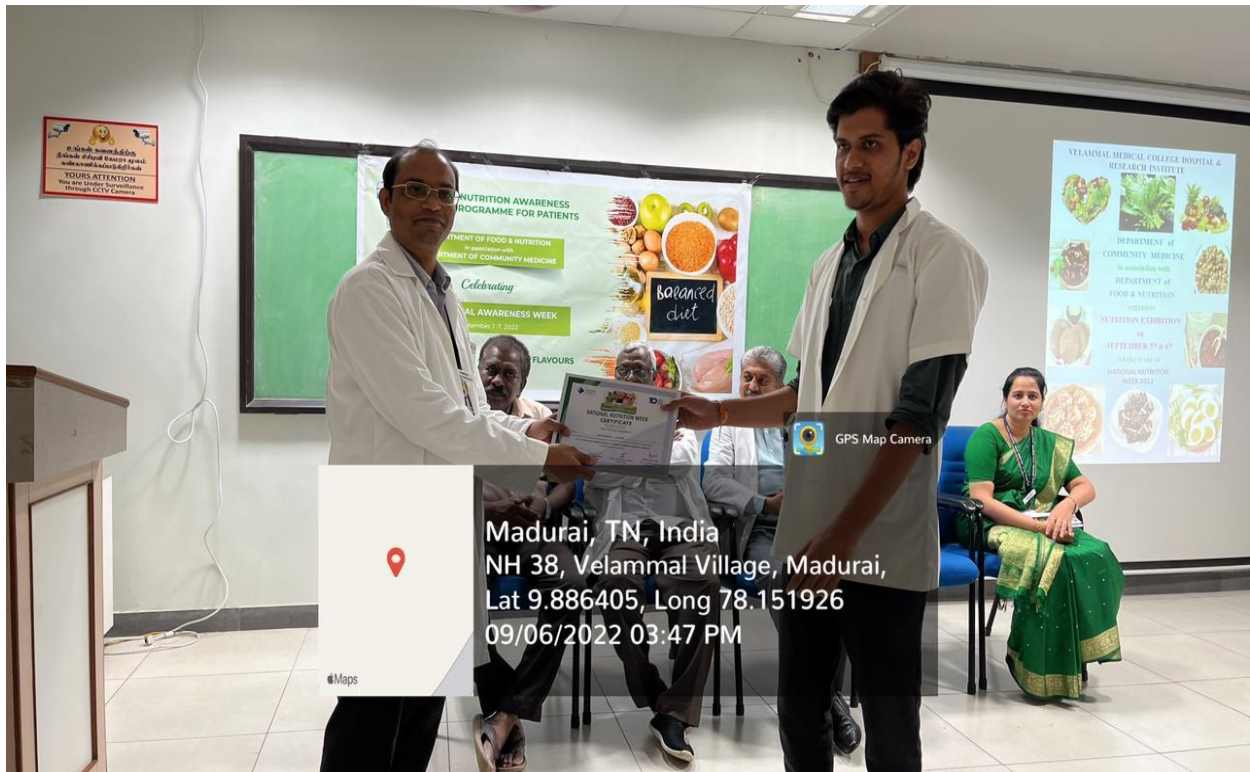


Madurai, TN, India  
Velammal Village, Madurai, 625009  
Lat 9.886524, Long 78.151882  
09/06/2022 03:55 PM



Madurai, TN, India  
NH 38, Velammal Village, Madurai,  
Lat 9.886405, Long 78.151926  
09/06/2022 03:47 PM







**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**International Geriatric Day Observation**

**Department of Physiology**

**Velammal Medical College Hospital and Research Institute, Madurai**

Department of Physiology has observed the "International Geriatric Day" on the theme "Geriatric health" on 1.10.21.

The program started with welcome address by Dr. S. Anu, Professor and Head, Department of Physiology. A Mime show was performed by the students on Geriatric care. Dr. Mohanty, Vice Principal & Head, Department of Biochemistry, highlighted the biochemical aspects of Aging. This was followed by a lecture on the Physician's perspective on Geriatric illness by Dr. A. Sangeetha, Associate professor, Department of General medicine. Ms. Jeya, Nutritionist briefed about the importance of geriatric nutrition.

To create awareness among the first MBBS students on aging and age related care, English and Tamil essay writing competitions were conducted on the topic "Geriatric care". Dr. Sumanna, Professor and Head, Department of Anatomy judged the competition and prizes were distributed. The program concluded with Vote of thanks by Dr. Rekha, Associate Professor, Department of Physiology.

Dean

**Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai - Tulloorn Ring Road  
Anuppanadi, Madurai (TN)-625 009**

158



# VELAMMAL MEDICAL COLLEGE

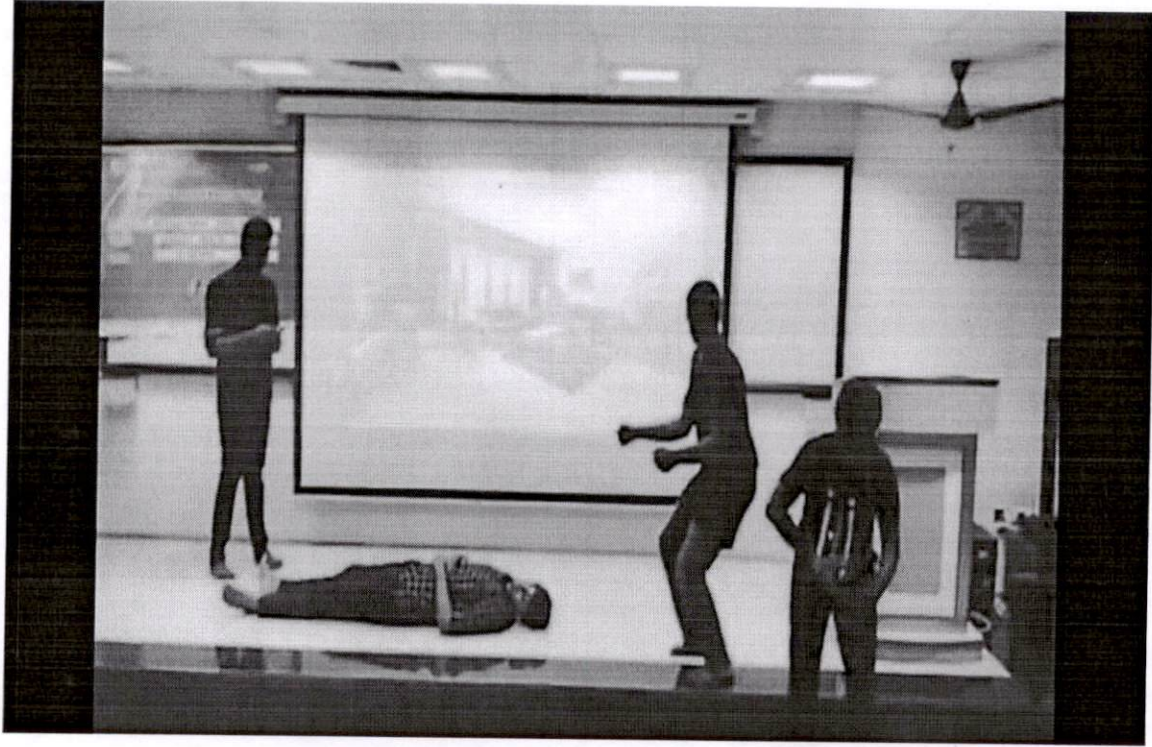
## HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009





**VELAMMAL MEDICAL COLLEGE**  
HOSPITAL AND RESEARCH INSTITUTE  
MADURAI - 625009



*[Handwritten Signature]*  
Dean  
Velammal Medical College Hospital  
and Research Institute  
'Velammal Village'  
Madurai-Tuticorin Ring Road  
Anuppanadi, Madurai (TN)-625 009